

PHSE for Year 9 Pupils at Channing

PSHE stands for Personal, Social, Health and Economic Wellbeing Education. It also includes the teaching of Citizenship which is about preparing pupils to play informed and active roles in a democratic society. The syllabus for Year 9 PSHE reflects the needs of pupils, the concerns of parents, the advice of teachers and (of course) the endless initiatives of governments.

PSHE is designed to promote the spiritual, moral, cultural, mental and physical development of pupils. It prepares them for the opportunities, responsibilities and experiences of adult life in due regard to the five outcomes outlined by the Department for Education in Every Child Matters, namely that pupils should:

- be healthy
- stay safe
- enjoy and achieve
- make a positive contribution
- achieve economic well-being.

The curriculum is structured so that the topics follow a progression from one year to the next and are appropriate for the age and experiences of pupils.

The Curriculum for Year 9

Autumn term

Seal – Self Esteem

Seal focuses on the Social and Emotional Aspects of Learning and helps pupils to build confidence, improve social skills and develop emotional robustness. Pupils will investigate media manipulation of 'body image' in a scheme of work devised by the organisation BEAT (Eating Disorders).

Sex and Relationships Education

Pupils will investigate relationship pressures and consider different methods of contraception.

Spring term

Citizenship – Government and Politics

Pupils will learn about the work of MPs and develop an understanding of local and national systems of government in a scheme of work devised by the Head of Politics at Channing.

Personal Safety

Pupils will be encouraged to think about preparing for safety before going out by following a scheme of work devised by the Suzy Lamplugh Trust.

Economic Wellbeing

Pupils will investigate issues relating to personal finance including different types of bank account and ways of saving money.

Seal – Mental Health Issues

Pupils will attend two seminars designed to help them gain a better understanding of the issues faced by young people living with mental health issues including anorexia and other self-harming behaviours.

Summer term

Drugs

Pupils will learn about the dangers of pills and powders including MDMA, mephedrone and ketamine.

Study Skills

Pupils will learn about following instructions, dealing with stress and preparing for the day of the examination.

Citizenship – Sustainability/

Pupils will follow a scheme of work designed to encourage them to consider the environmental impact of car use in London.

Citizenship – Crime and Punishment

Girls will attend a talk given by a local magistrate and investigate the work of the Criminal Justice System.