



Autumn menu 1				
Weeks commencing:				
07/09/2020 – 21/09/2020 – 05/10/2020				
02/11/2020 – 16/11/2020 – 30/11/2020 – 14/12/2020				
Allocated days for year Groups eating in dining room				
Monday	Tuesday	Wednesday	Thursday	Friday
7-9-11	8-10-11	7-9-11	8-10-11	7-9-11
Green	Yellow	Red	Purple	Orange
Pasta with Tomato & Basil sauce	Sweet Chicken Curry with Mango and coconut	Butchers sausages with mash and onion gravy	Spaghetti Bolognese	Crisp battered fish fillet with chips, lemon and tartar sauce
Vege Mince Chilli	Sweet Chickpea Curry with Mango and coconut	Vegan sausages with mash and onion gravy	Vegetable & Red Lentil Bolognese	Vegan bean burgers with chips and sweet chilli sauce
Mixed Salad	Steamed rice Green beans Mixed Salad	Peas	Broccoli Garlic bread Mixed salad	Baked beans
Flapjack Yoghurt Fruit	Lemon Drizzle Cake Yoghurt Fruit	Chocolate Cookie Yoghurt Fruit	Muffins Yoghurt Fruit	Chocolate Brownie Yoghurt Fruit
Chilled options				
Tuna Mayonnaise wrap	Roast chicken and mayo wrap	Spicy chicken and tomato pasta with fresh basil	Salmon noodle salad with pak choy and miso dressing	Chicken tikka, rice and vegetable salad. Coconut curry dressing
Seed free Humus and roasted vegetable 'gluten free' wrap	Chicken Caesar Salad	Spicy chick-pea and tomato GF pasta with fresh basil	Edamame and rice noodle salad with pak choy and chilli dressing	Mexican bean and rice salad with chilli tomato dressing and
Cheese Sandwich	Falafel Salad	Cheese Sandwich	Egg & Cress Sandwich	Spicy Pakora Sandwich
Chicken Mayonnaise Roll	Egg & Cress Sandwich	Smoked Ham Roll	Chicken Mayo Sandwich	Tuna & cucumber roll
Fresh mixed salad, fruit, yoghurt, and tray bake served daily				

**JACKET POTATO, TUNA, CHEESE & BAKED BEANS SERVED DAILY ON HOT MENU**



## Autumn menu 2

Weeks commencing:

14/09/2020 – 28/09/2020 – 12/10/2020

09/11/2020 – 23/11/2020 – 07/12/2020

Allocated days for year Groups eating in dining room

Monday 8-10-11	Tuesday 7-9-11	Wednesday 8-10-11	Thursday 7-9-11	Friday 8-10-11
<b>Green</b>	<b>Yellow</b>	<b>Red</b>	<b>Purple</b>	<b>Orange</b>
Pasta with Tomato & Basil sauce	Sweet Chicken Curry with Mango and coconut	Butchers sausages with mash and onion gravy	Spaghetti Bolognese	Crisp battered fish fillet with chips, lemon and tartar sauce
Vege Mince Chilli	Sweet Chickpea Curry with Mango and coconut	Vegan sausages with mash and onion gravy	Vegetable & Red Lentil Bolognese	Vegan bean burgers with chips and sweet chilli sauce
Mixed Salad	Steamed rice Green beans Mixed Salad	Peas	Broccoli Garlic bread Mixed salad	Baked beans
Flapjack Yoghurt Fruit	Lemon Drizzle Cake Yoghurt Fruit	Chocolate Cookie Yoghurt Fruit	Muffins Yoghurt Fruit	Chocolate Brownie Yoghurt Fruit
<b>Chilled options</b>				
Tuna Mayonnaise wrap	Roast chicken and mayo wrap	Spicy chicken and tomato pasta with fresh basil	Salmon noodle salad with pak choy and miso dressing	Chicken tikka, rice and vegetable salad. Coconut curry dressing
Seed free Humus and roasted vegetable 'gluten free' wrap	Falafel, sweet chilli and cucumber wrap	Spicy chick-pea and tomato GF pasta with fresh basil	Edamame and rice noodle salad with pak choy and chilli dressing	Mexican bean and rice salad with chilli tomato dressing and
Cheese Sandwich	Falafel Salad	Cheese Sandwich	Egg & Cress Sandwich	Spicy Pakora Sandwich
Chicken Mayonnaise Roll	Egg & Cress Sandwich	Smoked Ham Roll	Chicken Mayo Sandwich	Tuna & Cucumber Roll
<b>Fresh mixed salad, fruit, yoghurt, and tray bake served daily</b>				

**JACKET POTATO, TUNA, CHEESE & BAKED BEANS SERVED DAILY ON HOT MENU**