







































SPRING/SUMMER 2024

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Appetiser	SOUP OF THE DAY MEAT FREE MONDAY	SOUP OF THE DAY	SOUP OF THE DAY MEAT FREE WEDNESDAY	SOUP OF THE DAY	SOUP OF THE DAY
Option 1	VEGE MINCE LASAGNE 	CAJUN CHICKEN FAJITA On soft tortilla 	LINGUINI PASTA With Tomato & Bean Ragu 	LAMB KEEMA With naan bread 	BAKED FISH FILLET
Option 2	VEGETABLE 3 BEAN WRAP with tomato salsa 	PORTABELLO MUSHROOM HALLOUMI BURGER 	VEGETARIAN FRITTATA 	ROASTED VEGETABLE TAGINE 	Mozzarella & Tomato Flatbread
Option 3	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna
Hot Grab & Go	Whole wheat Pasta with tomato Sauce 	Whole Wheat Pasta with Cheese Sauce 	Whole wheat Pasta with basil pesto 	Whole wheat Pasta 	Whole Wheat pasta with Tomato sauce
Side	Seasonal Mixed Vegetables	Potato wedges Edamame Beans 	Broccoli Florets Steamed Carrots	Basmati Pilau Rice Steamed Green Beans	Garden Peas/Baked Beans Oven Fries
Dessert	OATY APPLE & CINNAMON CRUMBLE With Custard	VEGETARIAN JELLY POT With whipped cream	SUMMER CHEESECAKE	CARROT CAKE With Cream Cheese Frosting	FRESH SEASONAL FRUITS
Daily	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread

Vegetarian
 Sustainable Fish
 Oily Fish
 Wheat
 Soy Beans
 Eggs
 Celery
 Milk/Cream
 Cheese
 Red Tractor
 Vegan

All foods are freshly prepared using fresh seasonal ingredients. Selection brown breads & rolls, Salads & Protein items available from salad bar every day. Children with dietary requirements are also catered for and great care is taken when preparing meals. All food items sourced are from reputable and local suppliers where possible. Children are very much encouraged to have their 5 a day with fruits being available in abundance at break and at lunch times.

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Appetiser	SOUP OF THE DAY MEAT FREE MONDAY	SOUP OF THE DAY	SOUP OF THE DAY MEAT FREE WEDNESDAY	SOUP OF THE DAY	SOUP OF THE DAY
Option 1	VEGETABLE CHILLI BAKE With nacho, melted cheese, sour cream  	HICKORY SMOKED BBQ CHICKEN THIGH 	MACARONI BAKE    	BATTERED CHICKEN STEAK BURGER With bun & Relish  	BAKED FISH FILLET  
Option 2	VEGETABLE QUICHE    	VEGETABLE & QUINOA FILLED BELL PEPPER  	ORIENTAL STYLE HADDOCK GOUJONS  	VEGETABLE GRILLED BURGER With Onions & Tomatoes   	VEGAN SAUSAGES With Onion Rings   
Option 3	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna
Hot Grab & Go	Whole wheat Pasta with tomato Sauce  	Whole Wheat pasta with Cheese Sauce   	Whole wheat Pasta with basil pesto  	Whole Wheat Pasta with Roasted Basil  	Whole Wheat pasta with Tomato sauce  
Side	Steamed Green Beans Basmati Wild rice	Sugar Snap Peas/Broccoli Lyonnaise Potatoes	Glazed Carrots/Sweetcorn	Steamed Edamame beans Herby Potato Wedges	Garden Peas/Baked Beans Oven Fries
Dessert	APPLE & CHERRY CRUMBLE With cream	ETON MESS	CHOC ICE	BEETROOT CHOCOLATE BROWNIE	FRESH SEASONAL FRUITS
Daily	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread

 Vegetarian
  Sustainable Fish
  Oily Fish
  Wheat
  Soy Beans
  Eggs
  Celery
  Milk/Cream
  Cheese
  Red Tractor
  Vegan

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SPRING/SUMMER 2024

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Appetiser	SOUP OF THE DAY MEAT FREE MONDAY	SOUP OF THE DAY	SOUP OF THE DAY MEAT FREE WEDNESDAY	SOUP OF THE DAY	SOUP OF THE DAY
Option 1	TOFU FRIED RICE 	SPAGHETTI BOLOGNESE 	ROASTED VEGETABLE RAVIOLI 	TANDORRI CHICKEN With Mint Yoghurt & Mango Salsa 	BAKED FISH FILLET
Option 2	MINI VEGETABLE SPRING ROLLS With Sweet Chilli Dip 	MEDITERRANEAN VEGETABLE BOLOGNESE 	VEGAN FETA, SWEET POTATO, SPINACH TART 	LEAFY SPINACH & POTATO CURRY Naan Bread! 	FALAFEL With Crispy Lettuce & Pitta Bread
Option 3	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna
Hot Grab & Go	Whole wheat Pasta with tomato Sauce 	Whole Wheat pasta with Cheese Sauce 	Whole wheat Pasta with basil pesto 	Whole Wheat Pasta with Roasted Basil 	Whole Wheat pasta with Tomato sauce
Side	Steamed Green Beans	Garden Peas/Sweetcorn	Steamed Edamame/Carrots	Broccoli Florets Pilau Rice	Garden Peas/Baked Beans Oven Fries
Dessert	GREEK STYLE YOGHURT With various toppings	PEACH MELBA CAKE With Custard	ICE CREAM ROLL	APPLE DOUGHUT 	TROPICAL FRUIT PLATTER
Daily	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread

Vegetarian
 Sustainable Fish
 Oily Fish
 Wheat
 Soy Beans
 Eggs
 Celery
 Milk/Cream
 Cheese
 Red Tractor
 Vegan

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