

## **SPRING/SUMMER 2025**

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Appetiser	MEAT FREE MONDAY				
Option 1	LINGUINI PASTA With Tomato & Bean Ragu	MINCED BEEF LASAGNE With garlic slice	CAJUN CHICKEN FAJITA On soft tortilla	LAMB KEEMA With naan bread	BAKED FISH FILLET
Option 2	VEGETABLE 3 BEAN WRAP with tomato salsa	PASTA ARABIATTA With roasted vegetables	VEGE MINCE CHILLI CON CARNE	ROASTED VEGETABLE TAGINE	TERIYAKI QUORN PIECES In boa bun
Option 3	Jacket Potato with Baked Beans, Cheese, or Tuna				
Hot Grab & Go	Whole wheat Pasta				
Side	Seasonal Mixed Vegetables	Potato wedges Edamame Beans	Broccoli Florets Steamed Carrots	Basmati Pilau Rice Steamed Green Beans	Garden Peas/Baked Beans Oven Fries
Dessert	GREEK STYLE YOGHURT With various toppings	VEGETARIAN JELLY POT With cream	CARROT CAKE With Cream Cheese Frosting	STRAWBERRY CHEESECAKE	FRESH SEASONAL FRUITS
Daily	Selection of Yoghurts Cheese/Crackers/bread				

Vegetarian 🕜 Sustainable Fish 🌑 Oily Fish 🔑 Wheat 🞉 Soy Beans 🧮 Eggs

Celery Wilk/Cream Cheese Red Tractor







All foods are freshly prepared using fresh seasonal ingredients. Selection brown breads & rolls, Salads & Protein items available from salad bar every day. Children with dietary requirements are also catered for and great care is taken when preparing meals. All food items sourced are from reputable and local suppliers where possible. Children are very much encouraged to have their 5 a day with fruits being available in abundance at break and at lunch times.



Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Appetiser	MEAT FREE MONDAY				
Option 1	VEGETABLE CHILLI BAKE With nacho, melted cheese, sour cream	HICKORY SMOKED BBQ CHICKEN THIGH	LAMB CURRY With poppadom	BATTERED CHICKEN STEAK BURGER With bun & Relish	BAKED FISH FILLET
Option 2	CHEESE & ONION QUICHE	VEGETABLE & QUINOA FILLED BELL PEPPER	SWEET POTATO, SPINACH & CHICK PEA CURRY	VEGETABLE GRILLED BURGER With Onions & Tomatoes	MOZZARELLA & TOMATO FLATBREAD PIZZA
Option 3	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna	Jacket Potato with Baked Beans, Cheese, or Tuna
Hot Grab & Go	Whole wheat	Whole Wheat pasta	Whole wheat Pasta	Whole Wheat Pasta	Whole Wheat pasta
Side	Steamed Green Beans Basmati Wild rice	Sugar Snap Peas/Broccoli Lyonnaise Potatoes	Mixed vegetables Basmati rice	Steamed Edamame beans Herby Potato Wedges	Garden Peas/Baked Beans Oven Fries
Dessert	APPLE & CHERRY CRUMBLE With cream	FLAPJACK	CHOC ICE	DARK & WHITE CHOCOLATE BROWNIE	FRESH SEASONAL FRUITS
Daily	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread	Selection of Yoghurts Cheese/Crackers/bread













## **SPRING/SUMMER 2025**

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Appetiser	MEAT FREE MONDAY				
Option 1	MAC 'N' CHEESE	CHICKEN & HERB SAUSAGES	SPAGHETTI BOLOGNESE	TANDORRI CHICKEN With Mint Yoghurt & Mango Salsa	BAKED FISH FILLET
Option 2	FALAFEL With Crispy Lettuce & Pitta Bread	VEGAN SAUSAGES With red onion chutney	MEDITERRANEAN VEGETABLE BOLOGNESE	VEGETABLE BIRYANI	VEGAN BURGER With sliced tomatoes & onion rings
Option 3	Jacket Potato with Baked Beans, Cheese, or Tuna				
Hot Grab & Go	Whole wheat Pasta				
Side	Steamed Green Beans	Garden Peas/Sweetcorn	Steamed Edamame/Carrots	Broccoli Florets Pilau Rice	Garden Peas/Baked Beans Oven Fries
Dessert	GREEK STYLE YOGHURT With various toppings	OATY APPLE CRUMBLE With Custard	ICE CREAM ROLL	APPLE DOUGHNUT	TROPICAL FRUIT PLATTER
Daily	Selection of Yoghurts Cheese/Crackers/bread				















