

# Channing Junior School Spring Term Extracurricular Club Programme

2024 - 2025





# **Cross Country**

Years 3&4: Mondays 7.55am - 8.25am

# Free of charge

In Cross Country Club, the emphasis is on building muscular endurance and improving cardiovascular fitness. Pupils will learn how to pace themselves and grasp the importance of this skill in long-distance running. As they race through the paths of Waterlow Park, they'll find that Cross Country can be an enjoyable experience, proving that long-distance running doesn't have to be dull!

Note: Pupils meet in the Pavilion at 7.55am.

#### **Breakfast Brass**

Years 3,4,5&6: Mondays 8.00am - 8.25am

### Free of charge

This club is for those who want to start the week with some powerful, brassy energy! Brass Breakfast is the perfect club for all brass player, whether they play the trumpet/cornet, French horn, trombone or tuba. This club offers an opportunity for pupils to explore exciting repertoire, enhance their techniques and develop ensemble skills. It's loud, it's fun and a great complement to their weekly lessons.

Note: This club is open to all levels and is a yearly commitment with automatic sign up every term. There are currently spaces available for the Spring Term.

### **Gardening**

Years 1,2,3,4,5&6: Mondays 10.00am - 10.25am

# Free of charge

Gardening Club will continue to help develop the garden at the Junior School, paying particular attention to growing edible plants and herbs so that we can share our produce with the school kitchen. We will continue building links with our Sustainability Team to help create a 'greener' school.

Note: Some sessions may have to be cancelled if the weather is too wet to continue.

### **String Quartet**

Years 5&6: Mondays 10.00am - 10.25am

### Free of charge

By invitation only, the Junior School String Quartet helps young musicians develop chamber music skills through ensemble playing and collaboration. Members will explore a diverse repertoire, from classical to contemporary pieces, enhancing their musical technique and appreciation while building confidence and teamwork.

Note: This club is a yearly commitment with automatic sign up every term.

# Lights, Camera, Act!

# Years 1&2: Mondays 11.30am - 12.00pm

# Free of charge

In this club, pupils take part in drama games and activities to develop their improvisation and performance skills, building towards interactive storytelling sessions with costume and props! It is also an opportunity to use creativity to showcase acting skills in a fun and interactive environment.

### **Brain Teasers**

# Years 3&4: Mondays 12.30pm - 1.00pm

# Free of charge

In his club, pupils have the opportunity to enjoy fun yet stimulating activities whilst developing logic and observational skills. Activities will include wordsearches, crosswords and sudokus.

#### **Arts & Crafts**

# Years 3,4,5&6: Mondays 12.30pm - 1.00pm

# Free of charge

In this club, pupils will experience the delicate skill of silk painting. Based on a theme, pupils will be designing their very own unique silk painting.

### Ukelele

# Years 5&6: Mondays I.00pm - I.30pm

## Free of charge

Ukulele Club is designed to introduce children to the joy of playing the ukulele in a group setting. They will learn basic ukulele techniques, practise ensemble playing and develop musical skills such as rhythm, chord changes and simple melodies. This club is open to all pupils in Years 5 and 6.

# Cosmic Yoga

# Reception: Mondays 3.30pm - 4.00pm

### Free of charge

Pupils are invited to have a relax and a stretch at the end of their school day in Cosmic Yoga Club. We will start with a quick breathing and mindfulness activity before selecting a themed yoga lesson.

#### **Ballet**

# Reception: Mondays 3.30pm - 4.00pm

### £144 for 9 sessions

# **Regal Ballet**

Regal Ballet's team of highly experienced ballerinas is thrilled to teach creativity, musicality, fitness, confidence and discipline in a positive and encouraging environment. This club provides pupils with the opportunity to develop their talents and concentration, benefiting both their athletic and academic pursuits. Above all, it's a class that pupils can look forward to and enjoy each week!

### **Gymnastics**

# Year I: Mondays 3.30pm - 4.00pm

### £85 for 10 sessions

### Juliette Tive-Hive for JTH Sport

In this club, pupils develop and enhance their gymnastic skills in a fun and motivating environment. With a strong emphasis on floor routines, pupils explore and refine techniques that help them build and retain transferable skills.

### **Dough Disco**

### Years 1&2: Mondays 3.30pm - 4.00pm

### Free of charge

Disco Dough Club helps to strengthen pupils' fine motor muscles to enable them to develop their pencil grip which, in turn, will help to develop their writing skills. During this club, pupils will use Play Dough together with other fine motor activities.

# **Board Games & Puzzles**

# Years 1&2: Mondays 3.30pm - 4.00pm

# Free of charge

Board Games & Puzzles Club is designed to improve pupil's problem solving, turn-taking and strategic skills. Every week we will explore exciting games that spark creativity and teamwork. Pupils are encouraged to come along, roll the dice and grab a counter to play.

#### **Bee Netball**

# Year 2: Mondays 3.30pm - 4.00pm

# Free of charge

Bee Netball is a friendly, high-energy and carefully designed programme for pupils at the beginning of their team sport journey. It is designed to introduce younger pupils to the key netball skills such as: throwing, catching, footwork and shooting, which will help them to understand and play the game.

# **Maths Board Games**

# Years 3&4: Mondays 3.45pm - 4.15pm

# Free of charge

Maths Board Games is an opportunity for pupils to enjoy playing games with their peers whilst developing their mental maths skills and developing strategic thinking!

# Hockey

# Years 3&4: Mondays 3.45pm - 4.15pm

# Free of charge

This is a club which develops hockey skills for children of all abilities, from beginners to those who have been playing a little while. Pupils can learn and improve their stick skills and better understand the joy of the game.

Note: Pupils must have shin pads and a gum shield to take part in this club.

### **Tinkercad**

# Years 3,4,5&6: Mondays 3.45pm - 4.15pm

### Free of charge

In this club, pupils have the chance to use an intuitive program to bring their ideas to life in the digital world. 3D Modelling will encourage pupils to 'think outside the box', which will have them manipulating and combining 3D objects to create fun, unique designs.

#### **M**inecraft

# Years 4,5&6: Mondays 3.45pm - 4.15pm

# Free of charge

During Minecraft Club, pupils have the opportunity to create worlds and participate in adventures with their peers. This fun game offers endless possibilities to work creatively as pupils join together to learn exciting new skills.

# **Creative Writing**

# Years 5&6: Mondays 3.45pm - 4.15pm

### Free of charge

This club is an exciting opportunity for pupils to enhance their writing skills in a fun and supportive environment. Through innovative activities, pupils will explore different genres, develop their creativity and refine their unique authorial voice. Whether pupils are passionate about writing or enjoy storytelling, this club will inspire and equip them, over time, to take their writing to the next level.

### **Football**

Years 5&6: Mondays 3.45pm - 4.30pm

# Free of charge

With the continued success of the England Women's Team, there is not a better time to get involved in football. The aim of Football Club is for pupils to have fun whilst developing their understanding of the rules. This club will allow pupils to take part in small-sided friendly games against their peers.

Note: If pupils wish to register their interest in a club starting at 4.15pm, they are still able to attend this by leaving Football slightly early.

### **Ballet**

Years 1&2: Mondays 4.00pm - 4.45pm

£144 for 9 sessions

### Regal Ballet

Regal Ballet's team of highly experienced ballerinas is thrilled to teach creativity, musicality, fitness, confidence and discipline in a positive and encouraging environment. This club provides pupils with the opportunity to develop their talents and concentration, benefiting both their athletic and academic pursuits. Above all, it's a class that pupils can look forward to and enjoy each week!

### **Gymnastics**

Year 2: Mondays 4.15pm - 4.45pm

£85 for 10 sessions

# **Juliette Tive-Hive for JTH Sport**

In this club, pupils develop and enhance their gymnastic skills in a fun and motivating environment. With a strong emphasis on floor routines, pupils explore and refine techniques that help them build and retain transferable skills.

#### **Robotics**

Years 3,4,5&6: Mondays 4.15pm - 5.15pm

£180 for 10 sessions

### **Building Imagination**

Ozobot is one of the smallest programmable robots, which uses colour and block coding. Pupils learn to solve different physical challenges and, through this process, develop creativity and problem solving skills. They learn this new language and understand the principles of algorithms. Additionally, pupils develop independent and sequential thinking skills to program the Ozobots using conditionals to solve puzzles and create games. Some of the activities pupils will take part in this term are: Ozocraft, maze escape, capture the flag, colour code race, storytelling and a domino challenge.



Yoga

Years 2-5: Tuesdays 7.45am - 8.15am

£80 for 10 sessions

# Peaceful Play

Yoga lessons with Peaceful Play blend physical yoga movements with tools for mental health and wellbeing. Regular yoga practice helps improve children's balance, physical awareness and self-confidence, whilst wellbeing skills (including breathing techniques, relaxation skills and mindfulness) help them create a full toolkit for health. Additionally, we explore ways to recognise and manage strong emotions such as anxiety, fear and frustration. Peaceful Play's Yoga Club shares these fundamental tools through fun activities, games and laughter to help pupils start their school day with calm and focus.

### **Cross Country**

Years 5&6: Tuesdays 7.55am - 8.25am

### Free of charge

In Cross Country Club, the emphasis is on building muscular endurance and improving cardiovascular fitness. Pupils will learn how to pace themselves and grasp the importance of this skill in long-distance running. As they race through the paths of Waterlow Park, they'll find that Cross Country can be an enjoyable experience, proving that long-distance running doesn't have to be dull!

Note: Pupils meet in the Pavilion at 7.55am.

# **String Group**

Year I: Tuesdays 10.00am - 10.25am

### Free of charge

The Junior School offers a 'String Group' experience, which is a way of learning a string instrument as part of a 2-year project, alongside musicianship skills, in a sociable, group setting. Once each week, pupils meet as part of a String Orchestra in order to play and sing together. Additionally, they have a 'small group' lesson, to reinforce the skills and concepts covered in Orchestra.

Note: Auditions for these groups take place in the Summer Term of the girls' Reception year and applications for this year's String Group have now closed. This club is a yearly commitment with automatic sign up every term.

# **Mindfulness Colouring**

Years I&2: Tuesdays II.30am - I2.00pm

# Free of charge

In this lunchtime club, pupils have the opportunity to focus on their drawing skills, adding detail to their sketches and enjoying using a variety colours! This is all done in a peaceful and calm environment.

# Jigsaw Puzzle

# Years 1&2: Tuesdays 11.30am - 12.00pm

# Free of charge

In Jigsaw Puzzle Club, pupils work independently, as well as part of a team, to complete jigsaw puzzles. Puzzles are a great hobby to work on problem-solving skills, fine motor skills and feel a sense of achievement when finally completing!

# **String Group**

# Year 2: Tuesdays II.30am - I2.00pm

# Free of charge

The Junior School offers a 'String Group' experience, which is a way of learning a string instrument as part of a 2-year project, alongside musicianship skills, in a sociable, group setting. Once each week, pupils meet as part of a String Orchestra in order to play and sing together. Additionally, they have a 'small group' lesson, to reinforce the skills and concepts covered in Orchestra.

Note: Auditions for these groups take place in the Summer Term of the girls' Reception year and applications for this year's String Group have now closed. This club is a yearly commitment with automatic sign up every term.

# **Spears Choir**

# Years 4,5&6: Tuesdays 12.30pm - 1.00pm

# Free of charge

This weekly choir is focused on singing in harmony. We have fun singing a wide variety of repertoire with the emphasis on enjoyment! As well as numerous performance opportunities in school, the choir are also invited to sing at Rosslyn Hill Chapel for special events.

Note: This club is a yearly commitment with automatic sign up every term.

# **Bibliobuzz Book Club**

# Years 5&6: Tuesdays 12.30pm - 1.00pm

# Free of charge

Every year, pupils in Haringey vote for their favourite book from a shortlist of six amazing Bibliobuzz titles. Pupils are invited to join this fun club to read all six books, make a Bibliobuzz journal, vote and attend the final award ceremony at Alexandra Palace.

### **General Knowledge**

# Years 5&6: Tuesdays 12.30pm - 1.00pm

### Free of charge

From capital cities to planets in the solar system to world cup winners. Pupils are encouraged to come along to develop their general knowledge skills in a fun and competitive environment.

### **Football Squad**

# Year 6: Tuesdays 12.30pm - 1.00pm

### Free of charge

This club focuses on developing the key skills required to be able to compete in external competitions and tournaments. Note: This squad is by invitation only and is a yearly commitment with automatic sign up every term.

#### **Ballet**

# Reception: Tuesdays 3.30pm - 4.00pm

### £144 for 9 sessions

# **Regal Ballet**

Regal Ballet's team of highly experienced ballerinas is thrilled to teach creativity, musicality, fitness, confidence and discipline in a positive and encouraging environment. This club provides pupils with the opportunity to develop their talents and concentration, benefiting both their athletic and academic pursuits. Above all, it's a class that pupils can look forward to and enjoy each week!

### **Science**

Years 1&2: Tuesdays 3.30pm - 4.30pm

£190 for 10 sessions

### **Little House of Science**

The mission of Little House of Science is to make science fun and engaging for children, helping them to better understand how nature and the world around them work. Each project-based lesson introduces pupils to a new scientific concept in a simplified, age-appropriate way. In our workshops, pupils are encouraged to ask questions, conduct investigations, become familiar with scientific vocabulary and develop problem-solving skills.

# Spring Term topics include:

- Wings and How They Fly
- Martian Botany: Growing Plants Beyond Earth
- Exploring Intelligent Noses in Nature
- · Journey into the Chemistry of Metals
- The World of Mushrooms and Fungi
- Spiders and the Web of Wonders
- · Colourful Chemistry: Exploring Chromatography
- Inside Out: Skeletons of Humans and Animals
- The Science Behind the Bridge of London
- Blending In: Discovering the Science Behind Camouflage
- · Winds of Change: Exploring Weather on Earth and Beyond

# **Virtual Reality**

Years 1&2: Tuesdays 3.30pm - 4.30pm

£180 for 10 sessions

## **Building Imagination**

In Virtual Reality Club, pupils take on the role of developers, building skills that allow them to design and create anything they can imagine. Whether it's crafting 3D treehouses, designing interactive mazes, creating stunning works of art or even building an entire solar system, they use technology to explore their creativity in exciting new ways.

# Pupils get to:

- Develop and hone spatial awareness and reasoning, independent thinking, communication, digital literacy and CAD skills (Computer Aided Design).
- Gain the confidence to program different digital projects, from games and stories to understanding algorithms. Experience augmented reality through VR headsets and Merge Cubes! Some of the projects pupils will take part in this term are: the Solar System, Dream House, Parkour, VR/AR movie, Maze, and Chase and Catch.

### **Gymnastics**

Years 3&4: Tuesdays 3.45pm - 4.30pm

£90 for 9 sessions

# **Juliette Tive-Hive for JTH Sport**

In this club, pupils develop and enhance their gymnastic skills in a fun and motivating environment. With a strong emphasis on floor routines, pupils explore and refine techniques that help them build and retain transferable skills.

# **Engineer and Explore**

Years 3&4: Tuesdays 3.45pm - 4.45pm

£140 for 10 sessions

# **Building Education**

Engineer and Explore offers hands-on experiences to master engineering concepts! From building motorised Lego creations and toothpick structures to designing magnetic mazes and self-powered dragster cars, pupils engage in a variety of exciting projects. This club is available to pupils from our local partnership schools, allowing them to learn alongside Channing pupils.

### **Minimus**

Years 5&6: Tuesdays 3.45pm - 4.30pm

Free of charge

# **Senior School**

Minimus Club is aimed at those who are interested in history, myth and languages. During this club, pupils learn the foundations of Latin through a real family who lived in Roman Britain and they will discover lots of other fascinating parts of classical history. This club is available to pupils from our local partnership schools, allowing them to learn alongside Channing pupils.

Note: Collection from this club is at the Senior School, outside the main entrance. Pupils are unable to attend Late Owls or return to the Junior School.

#### **Dance**

Year 6: Tuesdays 3.45pm - 4.45pm

Free of charge Senior School

Contemporary dance blends elements of multiple dance styles and lets dancers express emotionality through movements and breath. In this club, pupils will take part in a warm up, some technical floor work and choreography. Foot thongs or contemporary dance socks are preferred for this club.

Note: Collection from this club is at the Senior School, outside the main entrance. Pupils are unable to attend Late Owls or return to the Junior School.



**Gymnastic Squad** 

Years 3,4,5&6: Wednesdays 7.30am - 8.15am

£90 for 9 sessions

**Juliette Tive-Hive for JTH Sport** 

Gymnastics Squad offers pupils the exciting chance to compete in gymnastics and represent Channing School at external events and competitions. Members will start by learning floor routines and then advance their skills further.

Note: This squad is by invitation only with automatic sign up every term.

**Mini Sporting Heroes** 

Reception: Wednesdays 10.00am - 10.25am

Free of charge

The Sports Leaders are thrilled to introduce Mini Sporting Heroes Club! Reception pupils are invited to drop in during Wednesday break-time for exciting activities and friendly competitions. Pupils are encouraged to join the Sports Leaders for lots of fun, teamwork challenges and a chance to make new friends. Don't miss out!

Note: This is club is not open to sign up because it is open to all Reception pupils and does not require weekly commitment.

### **Disney**

Years 1&2: Wednesdays 11.30am - 12.00pm

Free of charge

This club is perfect for Disney fans! Focusing on all things Disney, pupils take part in activities such as colouring, karaoke and finding the perfect Disney outfit! We have all kinds of activities for Disney lovers.

# **Paper Creations**

Years 1&2: Wednesdays 11.30am - 12.00pm

### Free of charge

Paper creations is a chance for pupils to get creative. Across the term, pupils will work on different projects such as: mindful creations, scrap booking, learning simple origami, paper airplanes and races.

# Recorder

Year 2: Wednesdays II.30am - I2.00pm

### Free of charge

Recorder Club provides pupils with the opportunity to learn to play the recorder properly. In lessons, pupils read music and develop a strong sense of rhythm. We have fun and learn lots of skills which helps pupils on their musical journey. Note: This club is a yearly commitment with automatic sign up every term.

#### Recorder

# Year 3: Wednesdays 12.30pm - 1.00pm

# Free of charge

Recorder Club provides pupils with the opportunity to learn to play the recorder properly. In lessons, pupils read music and develop a strong sense of rhythm. We have fun and learn lots of skills which helps pupils on their musical journey. Note: This club is a yearly commitment with automatic sign up every term.

### **Mindfulness Drawing**

# Years 3&4: Wednesdays 12.30pm - 1.00pm

# Free of charge

Mindfulness Drawing is a relaxing and creative club where pupils explore their artistic side while learning to focus and unwind. Whilst drawing and colouring, pupils listen to relaxing music, which improves concentration and supports the development of their emotional well-being.

# Origami

# Years 4,5&6: Wednesdays 12.30pm - 1.00pm

# Free of charge

Introduction to Origami Club focuses on the art of paper folding with origami made simple. Pupils are encouraged to try out some simple, easy-to-make models or design their own.

### **Mariachi Band**

# Years 4, 5&6: Wednesdays I.00pm - I.30pm

# Free of charge

Mariachi Band welcomes pupils from Grade I to Grade 3 and above, including guitarists, flautists, saxophonists, trumpet players, violinists and clarinetists. Players will explore traditional and contemporary Mexican mariachi music while developing ensemble skills, rhythm and musical expression in a fun, collaborative environment.

Note: Pupils currently in this club will be automatically signed up. There are currently spaces available for the Spring Term.

# **Story Time**

# Reception: Wednesdays 3.30pm - 4.00pm

### Free of charge

This club is centred around storytelling using a variety of different books. Pupils take part in listening to stories as well as engaging with activities based on the book we are reading. For example, mask making, acting out stories or creating their own.

# **Mini Games**

# Years 1&2: Wednesdays 3.30pm - 4.00pm

#### Free of charge

In Mini Games, pupils take part in different activities and games each week, developing fine and gross motor skills, coordination, teamwork and communication.

### **TTRockstars**

# Year 2: Wednesdays 3.30pm - 4.00pm

### Free of charge

In this club, pupils use the TTRockstars app to build their fluency and recall in multiplication and division. Pupils are encouraged to join as it's an exciting way to boost maths skills!

#### Chass

# Years 1&2: Wednesdays 3.30pm - 4.00pm

# £160 for 10 sessions

### **Wallace Chess**

Chess Club welcomes players of all skill levels, from complete beginners to seasoned competitors. Our coaches teach strategies and tactics, with opportunities to compete in tournaments. Playing chess offers numerous benefits for children, including improved concentration, enhanced creativity and the development of strategic thinking and a sense of responsibility. Our coaches also instil a sense of sportsmanship, which is valuable in all aspects of a child's life.

#### **Karate**

# Years 1&2: Wednesdays 3.30pm - 4.15pm

#### £108 for 9 sessions

### **Devini Patel**

In this club, pupils can enhance their health and fitness through fun yet focused classes, while also learning Japanese karate terminology. Pupils learn the Wado-Ryu style, which translates to "the way of harmony."

Karate is a versatile sport that boosts confidence, self-awareness and discipline in all areas of life, from school to home. Lessons focus on techniques for dodging or controlling an opponent's attack for self-defence. Pupils also have the option to participate in a grading system, where they can earn a belt and certificate upon successful completion. Grading participation is by invitation only.

#### **Netball**

# Years 3&4: Wednesdays 3.45pm - 4.15pm

### Free of charge

In Netball Club, pupils look into more detail about the roles and responsibilities of each position, whilst also continuing to develop their basic skill and understanding. In this age group, we play controlled small-sided games to further their knowledge learnt across the year.

# Lights, Camera, Act!

# Years 3&4: Wednesdays 3.45pm - 4.15pm

# Free of charge

In this club, pupils work with scripts in small groups to rehearse and perform scenes from well-known plays and musicals. The focus will be on blocking scenes, responding to stage directions, delivering lines confidently and sustaining a role on stage for the duration of their performance. This club is available to pupils from our local partner schools, allowing them to learn alongside Channing pupils.

# **Cartoon Drawing**

# Years 3,4,5&6: Wednesdays 3.45pm - 4.15pm

### Free of charge

Cartoon Drawing Club supports pupils to learn the art of cartooning. Each week, pupils focus on creating colourful characters, learning the fundamentals of drawing and character design as they do so.

### Samba Band

### Years 4,5&6: Wednesdays 3.45pm - 4.15pm

Samba Band is a percussion ensemble, focusing on the vibrant Rio-style samba from Brazil. It's an excellent opportunity for piano players and others to gain ensemble experience, learn new rhythms, and develop percussion skills in an energetic and collaborative setting. This club is available to pupils from our local partner schools, allowing them to learn alongside Channing pupils.

# **Design Technology**

# Years 5&6 Wednesdays 3.45pm - 4.15pm

# Free of charge

Design, construct and use computing skills to tackle programming challenges. We will make use of our Chromebooks and Crumble microcontrollers in these fun, practical sessions.

### Hockey

# Years 5&6: Wednesdays 3.45pm - 4.30pm

### Free of charge

This is a club which develops hockey skills for children of all abilities, from beginners to those who have been playing a little while. Pupils can learn and improve their stick skills and better understand the joy of the game.

Note: If pupils wish to register their interest in a club starting at 4.15pm, they are still able to attend this by leaving Hockey slightly early. Additionally, pupils must have shin pads and a gum shield to take part in this club.

**Problem Solving** 

Years 5&6: Wednesdays 3.45pm - 4.45pm

Free of charge

**Senior School** 

In this club, Year 12 volunteers will be assisted by the Channing Senior School Mathematics department to help pupils from Channing Junior School and local partnership schools to develop their problem solving skills. Pupils will solve puzzles and take part in online games and competitions.

Note: Collection from this club is at the Senior School, outside the main entrance. Pupils are unable to attend Late Owls or return to the Junior School.

**Science** 

Years 5&6: Wednesdays 3.45pm - 4.45pm

Free of charge

**Senior School** 

This club is aimed at those who enjoy science, with pupils from Channing Junior School and local partnership pupils invited. Each week, pupils will take part in a variety of fun and educational activities, accompanied by Sixth Form helpers. In previous terms, some of the activities have been: making red cabbage indicators to test on a range of different household products to see whether they were acidic or alkaline and cheese-making.

Note: Collection from this club is at the Senior School, outside the main entrance. Pupils are unable to attend Late Owls or return to the Junior School.

**Multisports** 

Years 3&4: Wednesdays 4.15pm - 5.15pm

£120 for 10 sessions

**Active Day Camps** 

Multisports Club gives pupils the chance to explore a variety of sports they may not have tried before, learn the basics and enjoy match-play, all in a fun and active environment. Along the way, we'll include popular warm-up games and challenges to keep things exciting. This club is available to pupils from our local partnership schools, allowing them to learn alongside Channing pupils.

During the Autumn Term, activities will be organised into 2- or 3-week blocks, focusing on sports such as Basketball Rounders, Tag Rugby and ball games.

Chess

Years 3,4,5&6: Wednesdays 4.15pm - 4.45pm

£160 for 10 sessions

**Wallace Chess** 

Chess Club welcomes players of all skill levels, from complete beginners to seasoned competitors. Our coaches teach strategies and tactics, with opportunities to compete in tournaments. Playing chess offers numerous benefits for children, including improved concentration, enhanced creativity and the development of strategic thinking and a sense of responsibility. Our coaches also instil a sense of sportsmanship, which is valuable in all aspects of a child's life.

**Virtual Reality** 

Years 3,4,5&6: Wednesdays 4.15pm - 5.15pm

£180 for 10 sessions

# **Building Imagination**

In Virtual Reality Club, pupils take on the role of developers, building skills that allow them to design and create anything they can imagine. Whether it's crafting 3D treehouses, designing interactive mazes, creating stunning works of art or even building an entire solar system, they use technology to explore their creativity in exciting new ways.

Pupils get to:

- Develop and hone spatial awareness and reasoning, independent thinking, communication, digital literacy and CAD skills (Computer Aided Design).
- Gain the confidence to program different digital projects, from games and stories to understanding algorithms.

Experience augmented reality through VR headsets and Merge Cubes! Some of the projects pupils will take part in this term are: the Solar System, Dream House, Parkour, VR/AR movie, Maze, and Chase and Catch.

**Tag Rugby** 

Years 3,4,5&6 Wednesdays 4.15pm - 5.15pm

£120 for 10 sessions

### **Accelerate Sports**

Tag rugby is an exciting and inclusive sport that captures the essence of rugby's teamwork and strategy in a non-contact, fast-paced format. Players wear tags around their waists, aiming to score points by removing their opponent's tag while carrying or passing the ball. This dynamic game enhances fitness, agility and tactical thinking, making it an excellent introduction to rugby for players of all ages and skill levels.

Twice a year, all our after-school clubs come together for the All Valley Tag Rugby Championship at Saracens ARFC. This event is more than just a competition; it's a celebration of teamwork, sportsmanship and the joy of playing. It highlights our core values of inclusivity, respect and the excitement of the game. All club members are invited to participate in this thrilling opportunity!



Swim Squad

Years 5&6: Thursdays 6.45am - 8.15am

Free of charge Poolside Manor

In Swim Squad, pupils will work on building muscular endurance and cardiovascular fitness while mastering techniques for various swimming strokes and understanding the rules of competitive swimming. Pupils should be dropped off at Poolside Manor for their 45-minute swim session, after which, members of staff will bring them back to school, ready for their day's lessons.

Note: This squad is by invitation only and is a yearly commitment with automatic sign up every term.

**Gymnastics Training Squad** 

Years 3,4,5&6: Thursdays 7.30am - 8.15am

£90 for 9 sessions

**Juliette Tive-Hive for JTH Sport** 

Gymnastics Training Squad focuses on more advanced gymnastics skills than the after-school clubs. Pupils work on conditioning to develop their strength to be able to perform harder skills, as well as and stretching to gain and sustain flexibility.

Note: This squad is by invitation only with automatic sign up every term.

# Years 3&4: Thursdays 8.00am - 8.25am

# Free of charge

The Junior Choir offers pupils the chance to develop vocal technique and performance skills through part singing and exploring musical expression. Members will work together in a fun, supportive environment, building confidence and exploring a variety of choral music styles.

# **Gardening**

Years 1,2,3,4,5&6: Thursdays 10.00am - 10.25am

### Free of charge

Gardening Club will continue to help develop the garden at the Junior School, paying particular attention to growing edible plants and herbs so that we can share our produce with the school kitchen. We will continue building links with our Sustainability Team to help create a 'greener' school.

Note: Some sessions may have to be cancelled if the weather is too wet to continue.

# **Pom Pom Art**

Years 1&2: Thursdays 11.30am - 12.00pm

### Free of charge

Pom Pom Art is a wonderful opportunity for the girls to design and create winter themed animals including our very own Channing characters

### **Hama Beads**

Years I&2: Thursdays II.30am - I2.00pm

# Free of charge

Hama Beads Club lets pupils plan and create their own unique designs while having fun learning new patterns and bringing their ideas to life. It's a great way to explore creativity, improve fine motor skills and make new friends!

### **Key Stage | Choir**

Years 1&2: Thursdays 11.30am - 12.00pm

# Free of charge

The choir for Key Stage I introduces young children to singing and basic vocal techniques in a fun and supportive environment. They will learn to sing together as a group, explore simple songs and develop confidence while discovering the joy of music and performance.

# **Training String Orchestra**

Years 3&4: Thursdays 12.30pm - 1.00pm

### Free of charge

The Training String Orchestra is open to beginner and intermediate players, providing an opportunity to develop ensemble skills and technique. Pupils will play a variety of pieces, from classical to contemporary, in a supportive environment, building confidence and musicality as they learn the fundamentals of orchestral performance.

Note: This club is a yearly commitment with automatic sign up every term.

#### **Scratch Art**

Years 3,4,5&6: Thursdays 12.30pm - 1.00pm

# Free of charge

Joining this club will help pupils to learn Scratch Art. The technique behind Scratch Art is to use special tools to scratch through dark card and create colourful stencil drawings, landscapes, bookmarks and more!

### **Netball Squad**

Years 5&6: Thursdays 1.00pm - 1.30pm

### Free of charge

This club focuses on developing the key skills required to be able to compete in external competitions and tournaments. Note: This squad is by invitation only and is a yearly commitment with automatic sign up every term.

#### **Games**

Reception: Thursdays 3.30pm - 4.00pm

### Free of charge

In Games Club, pupils have the opportunity to play a variety of games, both indoors and outdoors. It will allow them to make new friends and improve their social skills.

# **Cross Stitch**

Years I&2: Thursdays 3.30pm - 4.00pm

# Free of charge

In this club, pupils have the chance to learn a new skill as they discover the joy of stitching! Cross stitch kits will be provided, enabling pupils to have fun, improve their fine motor skills and be creative. Cross stitching is a calm and mindful activity and pupils will produce their very own piece of art to keep.

# Mini Hockey

# Years 1&2: Thursdays 3.30pm - 4.00pm

# Free of charge

This is a club which develops hockey skills for children of all abilities, from beginners to those who have been playing a little while. Pupils can learn and improve their stick skills and better understand the joy of the game.

Note: Pupils must have shin pads and a gum shield to take part in this club.

### **Number & Word Puzzles**

# Year 2: Thursdays 3.30pm - 4.00pm

# Free of charge

This club offers an engaging environment for beginner level puzzle enthusiasts to explore a variety of puzzles, including crosswords, word searches, Sudoku and other numerical games.

# **Tennis**

Years 1&2: Thursdays 3.30pm - 4.00pm

£70 for 10 sessions

### **LDN Tennis**

Tennis Club is designed to enhance pupils' racket skills, footwork and key shots including forehand, backhand, volley and serve. Above all, pupils will have a great time while developing their tennis abilities!

# **Cheerleading**

Years 1&2: Thursdays 3.30pm - 4.15pm

£118.80 for 9 sessions

# **LDCA Academy**

In Cheerleading Club, pupils learn to stunt, tumble, dance and cheer just like the Junior School Cheerleading Squad. Any Key Stage I pupil is welcome to join and explore the world of cheerleading. The class emphasises personal skill development and teamwork, helping pupils grow and work together effectively.

### **Touch Typing**

Years 3,4,5&6: Thursdays 3.45pm - 4.15pm

### Free of charge

Touch Typing Club helps pupils to improve their touch-typing skills through games and challenges, whilst being in a relaxed environment with friends. Pupils are encouraged to watch and monitor their progress each week, as they move through the levels, ensuring their typing speed, accuracy and confidence increases too.

### **Spears String Orchestra**

Years 5&6: Thursdays 3.45pm - 4.30pm

# Free of charge

Spear String Orchestra is designed for players at Grade 3 standard or above, offering the chance to refine ensemble skills while exploring improvisation and composition for their instruments. Members will collaborate to play a diverse range of music, developing their technique, creativity, and musical expression in a dynamic group setting. Open to sign up - spaces. Note: This club is a yearly commitment with automatic sign up every term. There are currently spaces available for the Spring Term.

# **Netball**

# Years 5&6: Thursdays 3.45pm - 4.30pm

### Free of charge

In Netball Club, pupils look into more detail about the roles and responsibilities of each position, whilst also continuing to develop their basic skill and understanding. Each week, we play controlled small-sided games to further their knowledge learnt across the year.

Note: If pupils wish to register their interest in a club starting at 4.15pm, they are still able to attend this by leaving Netball slightly early.

#### German

Years 5&6: Thursdays 3.45pm - 4.30pm

# Free of charge

# **Senior School**

This prize-winning club is for those who like to sing, dance, paintgym, bake, make new friends and discover a language that can be learnt in Year 7.

Note: Collection from this club is at the Senior School, outside the main entrance. Pupils are unable to attend Late Owls or return to the Junior School.

### **Gymnastics**

Years 5&6 (Year 4 invite only): Thursdays 3.45pm - 5.15pm

£140 for 10 sessions

**Juliette Tive-Hive for JTH Sport** 

### **Senior School**

In this Years 5-8 joint Junior and Senior School club, pupils learn further skills on gymnastics equipment such as the vault and trampette. Additionally, they will further their gymnastics knowledge on floor skills.

Note: Collection from this club is at the Senior School, outside the main entrance. Pupils are unable to attend Late Owls or return to the Junior School.

### **Football**

Years 1&2: Thursdays 4.00pm - 4.30pm

**School funded** 

# **SFC Academy**

SFC provides inclusive football training for players of all abilities and levels, ensuring sessions are both tailored and enjoyable while focusing on individual and team development. Each session includes a quick dribbling warm-up game, a weekly technical focus and concludes with a match. We strive to make each session engaging to help nurture and enhance the pupils' football skills and talents.

Note: While this club is funded by the school and free for pupils, if your daughter misses three consecutive weeks, a charge will apply as per the agreement with other externally-led clubs. This policy helps us continue offering the club at no cost.

### **Robotics**

Years I&2 Thursdays 4.00pm - 5.00pm

£180 for 10 sessions

### **Building Imagination**

Itty Bitty Buggy is a small innovative robot that gives pupils first-hand experience of building and coding robots. Lego pieces are used to create different creatures and machines. In this club, pupils:

- Learn how to build a versatile, exciting toy that can perform many functions.
- Use and apply logic, and problem solving.
- Understand how to build robots using wheels, gears and linkages.
- Create code blocks to control robots.

Activities that pupils focus on includes: lifting machine, sloth race, Al humanoids, Game Design and the Pendulum challenge.

#### **Tennis**

Years 3&4: Thursdays 4.15pm - 5.00pm

£100 for 10 sessions

### **LDN Tennis**

Tennis Club is designed to enhance pupils' racket skills, footwork and key shots including forehand, backhand, volley and serve. It also focuses on important game situations such as rallying, attacking and defending. Above all, pupils will have a great time while developing their tennis abilities!

M:Tech

Years 3,4,5&6: Thursdays 4.15pm - 5.15pm

£215 for 10 sessions

M:Tech

M:Tech is an extracurricular course in music technology and creative composition for children aged 7-13. It introduces the fundamentals of music composition theory, allowing young learners to create soundtracks for exciting multimedia projects, such as film trailers and TV adverts. In the Spring Term, pupils will work on 'Project Cartoon'. This project will involve bringing classic cartoons to life through music. Pupils will explore quirky sound effects, playful melodies and whacky rhythms!

By the end of term, they will have created their own unique piece of music to add to their M: Tech portfolio. This work will be sent home along with certificates celebrating their progress and achievements. Participants also gain access to the new 'MyMTech' home platform, where they can continue developing their skills and creating music at home. Note: M:Tech shares pupil's finished projects with parents/guardians. By signing up, you consent to sharing your contact details with M:Tech through Channing Junior School.

# Cooking

Years 4,5&6: Thursdays 4.15pm - 5.30pm

£198.90 for 10 sessions

### **Rookie Cooks**

Cooking is a blast! From squeezing and kneading to whisking, slicing, grating and dicing, there's so much to do before we get to enjoy the delicious results. Cooking classes teach pupils a variety of valuable skills. They learn to follow recipes, plan ahead, weigh ingredients accurately, chop evenly and handle sharp knives and hot stoves safely. Pupils also discover creativity, learning when to improvise with recipes and when to stick to them, and they might even find themselves enjoying foods they thought they didn't like (everything tastes better when you've made it yourself!). Most importantly, they learn that preparing nutritious, delicious food is both easy and fun and that cooking together is a great way to make new friends. The cost of the club covers all ingredients and equipment. Pupils can take home the food they prepare, along with the fantastic recipes to recreate at home!

# This term, on the menu is (these are subject to change):

16 January: Butternut squash lasagne

23 January: Gyoza for the Chinese New Year

30 January: Lemon and lime cake 6 February: Homemade pizza 13 February: Banoffee Pie

27 February: Homemade tagliatelle with tomato and basil sauce

6 March: Stone fruit pudding

13 March: Irish soda bread for St Patrick's Day

20 March: Cauliflower, chick pea and pomegranate pilaf

27 March: Chocolate Tiffin

Note: Rookie Cooks is meat-free and nut-free. Aprons are provided, so there's no need to bring one each week. **However, it's** essential to bring a container so pupils can take home their food.



# **Cheerleading**

Years 3,4,5&6: Fridays 7.30am - 8.15am

£145.20 for 11 sessions

# **LDCA Academy**

London Dance and Cheer Academy is the only cheerleading league in London specifically for school teams. Competing three times a year, school teams vie for the coveted league title. Classes feature stunting, dancing and tumbling, culminating in routines performed at our spring and summer competitions, with a special 'pyramid-off' party being held on Sunday 8 December.

Note: This club is a yearly commitment with automatic sign up every term.

### **Folk Band**

Years 4,5&6: Fridays 8.00am - 8.25am

### Free of charge

Folk Club welcomes pupils from Beginners to Grade 3, offering a chance to explore the traditional music of the British Isles and beyond. Members will learn a variety of folk tunes and styles, developing instrumental skills and musical expression in a fun, inclusive environment.

Note: This club is open to all instrumentalists and is a yearly commitment with automatic sign up every term.

#### Piano Trio

# Years 5&6: Fridays 10.00am -10.25am

# Free of charge

The Junior School Piano Trio gives young musicians the chance to experience the art of chamber music. Members will develop essential ensemble skills such as listening, coordination and musical communication. They will explore a wide range of repertoire, from classical to modern pieces, enhancing their technical abilities and musical expression while fostering teamwork and confidence.

Note: This club is a yearly commitment with automatic sign up every term.

# Lego

# Years 1&2: Fridays 11.30am -12.00pm

# Free of charge

In Lego Club, pupils use a variety of Lego to create their own models, having fun with their friends in the process. Each week they will be sharing ideas with each other to plan and design their own models. The aim of Lego Club is to help to develop pupils' concentration and their fine motor skills.

# Cosmic Yoga & Stretch

# Years 1&2: Fridays 11.30am -12.00pm

# Free of charge

Pupils attending this club will build their imagination, resilience, mental and physical health through meditation and movement. Pupils will listen to guided children's meditations, take part in mindful activities and explore Cosmic Yoga sessions in a calm and peaceful atmosphere.

#### P Buzz

# Year 2: Fridays 11.30am -12.00pm

# Free of charge

P Buzz Club is a fun way to introduce young musicians to making a sound on a brass instrument. The P Buzz is made of a lightweight plastic and is a fun way to learn how to make a sound on a brass instrument. Pupils will learn tunes and discover elements of music such as pulse, rhythm, pitch and dynamics. The P Buzz is a great early stepping stone towards learning the trombone or trumpet more seriously from Year 3 or 4 onwards.

# **Football Squad**

# Year 5: Fridays I2.30pm - I.00pm

# Free of charge

This club will focus on developing the key skills required to be able to compete in external competitions and tournaments. Note: This squad is by invitation only and is a yearly commitment with automatic sign up every term.

### **Zentangle Art**

# Years 3,4,5&6: Fridays 1.00pm -1.30pm

### Free of charge

Zentangles are a great way to relax and create art in a peaceful environment. The premise behind zentangle art is to create repeated and structured patterns (tangles) using fine lines and circles to create beautiful images and build on these using colour.

### **Guitar Ensemble**

### Years 3,4,5&6 Fridays 1.00pm -1.30pm

# Free of charge

Guitar players from beginner to Grade I are encouraged to sign up to play their guitar with others. In Guitar Ensemble, pupils will explore a varied range of beautiful repertoire and prepare for performance opportunities throughout the year. Note: This club is a yearly commitment with automatic sign up every term. There are currently spaces available for the Spring Term.

### **Multisports**

# Years 1&2: Fridays 3.30pm - 4.30pm

### £120 for 10 sessions

### **Active Day Camps**

Multisports Club gives pupils the chance to explore a variety of sports they may not have tried before, learn the basics, and enjoy match-play, all in a fun and active environment. Along the way, we'll include popular warm-up games and challenges to keep things exciting.

During the Autumn Term, activities will be organised into 2- or 3-week blocks, focusing on sports such as Basketball Rounders, Tag Rugby and ball games.

Football

Years 3&4: Fridays 3.45pm - 4.30pm

School funded SFC Academy

SFC provides inclusive football training for players of all abilities and levels, ensuring sessions are both tailored and enjoyable while focusing on individual and team development. Each session includes a quick dribbling warm-up game, a weekly technical focus and concludes with a match. We strive to make each session engaging to help nurture and enhance the pupils' football skills and talents.

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### **Karate**

Years 3,4,5&6: Fridays 3.45pm - 4.30pm

£108 for 9 sessions

### **Devini Patel**

In this club, pupils can enhance their health and fitness through fun yet focused classes, while also learning Japanese karate terminology. Pupils learn the Wado-Ryu style, which translates to "the way of harmony."

Karate is a versatile sport that boosts confidence, self-awareness and discipline in all areas of life, from school to home. Lessons focus on techniques for dodging or controlling an opponent's attack for self-defence. Pupils also have the option to participate in a grading system, where they can earn a belt and certificate upon successful completion. Grading participation is by invitation only.