



CHANNING

Channing Junior School Autumn Term Extracurricular Club Programme 2025 - 2026





Cross Country

Year 4: Mondays 7.55am - 8.25am

Free of charge

In Cross Country Club, the emphasis is on building muscular endurance and improving cardiovascular fitness. Pupils will learn how to pace themselves and grasp the importance of this skill in long-distance running. As they race through the paths of Waterlow Park, they'll find that Cross Country can be an enjoyable experience, proving that long-distance running doesn't have to be dull!

Note: Pupils meet in the Pavilion at 7.55am.

Breakfast Brass

Years 3,4,5&6: Mondays 8.00am - 8.25am

Free of charge

Start the week with some powerful, brassy energy! Brass Breakfast is the perfect club for all brass player, whether they play the trumpet/cornet, French horn, trombone or tuba. Open to all levels, this club offers an opportunity for pupils to explore exciting repertoire, enhance their techniques and develop ensemble skills. It's loud, it's fun and a great complement to their weekly lessons.

Note: This club is open to all levels and is a yearly commitment with automatic sign up every term.

Lights, Camera, Act!

Years 1&2: Mondays 11.30am - 12.00pm

Free of charge

In this club, pupils will take part in drama games and activities to develop their improvisation and performance skills, building towards interactive storytelling sessions with costumes and props. They will also have the opportunity to showcase their acting skills in a whole school assembly at the end of term!

Pom Pom Art

Years 1&2: Mondays 11.30am - 12.00pm

Free of charge

Pom Pom Art is a wonderful opportunity for pupils to design and create animals, including our very own Channing characters.

Just Dance

Years 3&4: Mondays 12.30pm - 1.00pm

Free of charge

The Just Dance Club offers a fun and energetic space for pupils to get active, express themselves and enjoy dancing to their favourite songs. This club encourages teamwork, confidence and creativity through the popular Just Dance game. It's the perfect way for pupils to stay active, make friends and have a great time!

Arts & Crafts

Years 3,4,5&6: Mondays 12.30pm - 1.00pm

Free of charge

Pupils are invited to explore the creative skill of screen printing in this hands-on club. Throughout the term, they will design and create their own unique T-shirt. Using stencils, screen mesh and a squeegee, pupils will learn how to transfer images onto fabric and enhance their designs with a variety of multimedia techniques. It's a fun and artistic journey from concept to custom creation!

Netball Squad

Years 5&6: Thursdays 1.00pm - 1.30pm

Free of charge

This club focuses on developing the key skills required to be able to compete in external competitions and tournaments.

Note: This club is invite only and selection will be via trials. Your daughter will be required to sign up via her Google Classroom.

Guitar Ensemble

Years 5&6 Mondays 1.00pm - 1.30pm

Free of charge

Guitar players from beginner to Grade 1 are encouraged to sign up to play their guitar with others. In Guitar Ensemble, pupils will explore a varied range of beautiful repertoire and prepare for performance opportunities throughout the year.

Note: This club is a termly commitment and therefore requires sign up every term.

Yoga

Reception: Mondays 3.30pm - 4.00pm

Free of charge

Cosmic Yoga is a fun and calming opportunity for girls to learn simple yoga poses through imaginative storytelling and gentle movement. Each session helps support physical development, focus and emotional well-being in a relaxed and engaging environment. It's the perfect way to unwind, stretch and build confidence - all while going on magical yoga adventures!

Ballet

Reception: Mondays 3.30pm - 4.00pm

£160 for 10 sessions

Regal Ballet

Regal Ballet's team of highly experienced ballerinas is thrilled to teach creativity, musicality, fitness, confidence and discipline in a positive and encouraging environment. This club provides pupils with the opportunity to develop their talents and concentration, benefiting both their athletic and academic pursuits. Above all, it's a class that pupils can look forward to and enjoy each week!

Note: Regal Ballet are currently planning a theatre performance opportunity in spring/summer. More information to follow.

Gymnastics

Year 1: Mondays 3.30pm - 4.00pm

£81 for 9 sessions

Juliette Tive-Hive for JTH Sport

In this club, pupils develop and enhance their gymnastic skills in a fun and motivating environment. With a strong emphasis on floor skills, pupils explore and refine techniques that help them build and retain transferable skills.

Note: The last session this term is Monday 24 November.

Dough Disco

Years 1&2: Mondays 3.30pm - 4.00pm

Free of charge

Dough Disco involves moulding play dough in time to music and performing lots of different actions. This helps pupils to develop their fine motor skills which in turn will help pencil grip and writing skills. The sessions are fun, engaging and interactive.

Board Games

Years 1&2: Mondays 3.30pm - 4.00pm

Free of charge

Board Game Club is designed to improve pupil's problem solving, turn-taking and strategic skills. Every week we will explore exciting games that spark creativity and teamwork. Pupils are encouraged to come along, roll the dice and grab a counter to play.

Bee Netball

Year 2: Mondays 3.30pm - 4.00pm

Free of charge

Bee Netball is a friendly, high-energy and carefully designed programme for pupils at the beginning of their team sport journey. It is designed to introduce younger pupils to the key netball skills such as: throwing, catching, footwork and shooting, which will help them to understand and play the game.

Hockey

Years 3&4: Mondays 3.45pm - 4.15pm

Free of charge

This is a club which develops hockey skills for children of all abilities, from beginners to those who have been playing a little while. Pupils can learn and improve their stick skills and better understand the joy of the game.

Spanish

Years 3&4: Mondays 3.45pm - 4.15pm

Free of charge

Pupils can join Spanish Club for a fun and engaging way to boost their vocabulary. Through games, videos and interactive activities, they will reinforce their language skills while enjoying time with friends. Whether they are beginners or looking to build on existing knowledge, there's something for everyone to enjoy!

Lights, Camera, Act!

Years 3&4: Wednesdays 3.45pm - 4.15pm

Free of charge

In this club, pupils will build on their improvisation and performance skills, using a range of drama conventions and techniques to bring their ideas to life. Following on from this, pupils will work with scripts - performing monologues and duologue scenes to perform in an assembly showcase at the end of term!

Minecraft

Years 4,5&6: Mondays 3.45pm - 4.15pm

Free of charge

During Minecraft Club, pupils have the opportunity to create worlds and participate in adventures with their peers. This fun game offers endless possibilities to work creatively as pupils join together to learn exciting new skills.

Art through Maths

Years 5&6: Mondays 3.45pm - 4.15pm

Free of charge

Art through Maths gives pupils the opportunity to put their mathematical skills into practice, creating drawings that require measurement, precision and problem-solving!

Creative Writing

Years 5&6: Mondays 3.45pm - 4.15pm

This club is designed to develop pupils' writing skills in a fun and supportive environment. Through innovative activities, pupils will explore different genres, develop their creativity and refine their unique authorial voice. Whether pupils are passionate about writing or enjoy storytelling, this club will inspire and equip her, over time, to take her writing to the next level.

Football

Years 5&6: Mondays 3.45pm - 4.30pm

Free of charge

With the continued success of the England Women's Team, there is not a better time to get involved in football. The aim of Football Club is for pupils to have fun whilst developing their understanding of the rules. This club will allow pupils to take part in small-sided friendly games against their peers.

Note: If pupils wish to register their interest in a club starting at 4.15pm, they are still able to attend this by leaving Football slightly early.

Ballet

Years 1&2: Mondays 4.00pm - 4.45pm

£160 for 10 sessions

Regal Ballet

Regal Ballet's team of highly experienced ballerinas is thrilled to teach creativity, musicality, fitness, confidence and discipline in a positive and encouraging environment. This club provides pupils with the opportunity to develop their talents and concentration, benefiting both their athletic and academic pursuits. Above all, it's a class that pupils can look forward to and enjoy each week!

Note: Regal Ballet are currently planning a theatre performance opportunity in spring/summer. More information to follow.

Gymnastics

Year 2: Mondays 4.15pm - 4.45pm

£81 for 9 sessions

Juliette Tive-Hive for JTH Sport

In this club, pupils develop and enhance their gymnastic skills in a fun and motivating environment. With a strong emphasis on floor skills, pupils explore and refine techniques that help them build and retain transferable skills.

Please note that the last session this term is Monday 24 November.

Digital Game Design

Years 3,4,5&6: Mondays 4.15pm - 5.15pm

£180 for 10 sessions

Building Imagination

In this club, pupils become game designers and coders, using Microsoft's MakeCode platform to create their very own retro-style video games. From designing characters and levels to programming gameplay mechanics, they'll bring their ideas to life through creativity and code!

Pupils will:

- Learn real coding concepts like variables, loops, conditional statements, functions and event handling.
- Design custom sprites, build interactive game worlds and create original storylines.
- Switch between block-based coding and JavaScript as their confidence grows.
- Develop key skills in problem-solving, logical thinking, digital storytelling and debugging.
- Collaborate with peers, playtest each other's games and refine their creations through feedback.

Projects this term include:

- Side-Scrolling Adventure
- Maze Runner
- Space Shooter
- Multiplayer Tag
- Collect & Escape

With MakeCode Arcade, pupils don't just play video games - they learn how to build them from the ground up!



Yoga

Years 2-5: Tuesdays 7.45am - 8.15am

£90 for 10 sessions

Peaceful Play

Yoga lessons with Peaceful Play blend physical yoga movements with tools for mental health and wellbeing. Regular yoga practice helps improve children's balance, physical awareness and self-confidence, whilst wellbeing skills (including breathing techniques, relaxation skills and mindfulness) help them create a toolkit for mental health and resilience. Peaceful Play's Yoga Club teaches these fundamental life skills through nurturing and engaging sessions full of fun, games and laughter to help pupils start their school day with joy, calm and focus.

Cross Country

Years 5&6: Tuesdays 7.55am - 8.25am

Free of charge

In Cross Country Club, the emphasis is on building muscular endurance and improving cardiovascular fitness. Pupils will learn how to pace themselves and grasp the importance of this skill in long-distance running. As they race through the paths of Waterlow Park, they'll find that Cross Country can be an enjoyable experience, proving that long-distance running doesn't have to be dull!

Note: Pupils meet in the Pavilion at 7.55am.

Spears String Orchestra

Years 3,4,5&6: Tuesdays 8.00am - 8.25am

Free of charge

This club is open to all orchestral string players working at Grade 3 level and above. Pupils are invited to explore a variety of musical genres, develop their improvisation skills and refine the art of playing in parts. They will also have opportunities to showcase their talents in concerts and assemblies. It's an enriching experience for advanced young musicians who are ready to take their playing to the next level.

Note: This club is a yearly commitment with automatic sign up every term.

String Group

Year 1: Tuesdays 10.00am - 10.25am

Free of charge

The Junior School offers a 'String Group' experience, which is a way of learning a string instrument as part of a 2-year project, alongside musicianship skills, in a sociable, group setting. Once each week, pupils meet as part of a String Orchestra in order to play and sing together. Additionally, they have a 'small group' lesson, to reinforce the skills and concepts covered in Orchestra.

Note: Auditions for these groups take place in the Summer Term of the girls' Reception year and applications for this year's String Group have now closed. This club is a yearly commitment with automatic sign up every term.

String Group

Year 2: Tuesdays 11.30am - 12.00pm

Free of charge

The Junior School offers a 'String Group' experience, which is a way of learning a string instrument as part of a 2-year project, alongside musicianship skills, in a sociable, group setting. Once each week, pupils meet as part of a String Orchestra in order to play and sing together. Additionally, they have a 'small group' lesson, to reinforce the skills and concepts covered in Orchestra.

Note: Auditions for these groups take place in the Summer Term of the girls' Reception year and applications for this year's String Group have now closed. This club is a yearly commitment with automatic sign up every term.

Paper Creations

Years 1&2: Tuesdays 11.30am - 12.00pm

Free of charge

Paper Creation Club is a chance for pupils to get creative. Throughout the weeks, pupils will have different projects to get their creative spirit flowing, from pop up cards to paper flowers to fun rainbow-themed creations.

Card Making

Years 3&4: Tuesdays 12.30pm - 1.00pm

Free of charge

In this imaginative club, pupils will explore a variety of themes as they design and create their own unique greetings cards and artwork. Using a wide range of materials, they will experiment with different techniques to bring their ideas to life. It's a wonderful opportunity to develop artistic skills, express creativity and produce beautiful handmade pieces to keep or share.

Training String Orchestra

Years 3,4,5&6: Tuesdays 12.30pm - 1.00pm

Free of charge

The Training String Orchestra offers young string players the opportunity to enjoy making music with others in a fun and supportive environment. Open to all string players from beginners up to Grade 2 level, this group provides the perfect setting to build confidence, learn to play within a section and explore exciting repertoire together. Participants will also have the chance to try improvisation and develop their ensemble skills, all while preparing for a performance at the Key Stage 2 Music Showcase. It's a fantastic way for children to experience the joy of making music as part of a team.

Note: This club is a yearly commitment with automatic sign up every term.

Magazine

Years 4,5&6: Tuesdays 12.30pm - 1.00pm

Free of charge

Pupils have the exciting opportunity to create their very own magazine in this special journalism club. They will write articles, design layouts and fill the pages with news, reviews, puzzles and comic strips. By December, their hard work will come together in a published magazine that will be available to sell to friends and family. It's a fun and creative way to develop writing, teamwork and design skills!

Football Squad

Year 6: Tuesdays 12.30pm - 1.00pm

Free of charge

This club focuses on developing the key skills required to be able to compete in external competitions and tournaments.

Note: This club is invite only and selection will be via trials. Your daughter will be required to sign up via her Google Classroom.

Ballet

Reception: Tuesdays 3.30pm - 4.00pm

£128 for 8 sessions

Regal Ballet

Regal Ballet's team of highly experienced ballerinas is thrilled to teach creativity, musicality, fitness, confidence and discipline in a positive and encouraging environment. This club provides pupils with the opportunity to develop their talents and concentration, benefiting both their athletic and academic pursuits. Above all, it's a class that pupils can look forward to and enjoy each week!

Note: Regal Ballet are currently planning a theatre performance opportunity in spring/summer. More information to follow.

Science

Years 1&2: Tuesdays 3.30pm - 4.30pm

£152 for 8 sessions

Little House of Science

The mission of Little House of Science is to make science fun and engaging for children, helping them to better understand how nature and the world around them work. Each project-based lesson introduces pupils to a new scientific concept in a simplified, age-appropriate way.

In our workshops, pupils are encouraged to ask questions, conduct investigations, become familiar with scientific vocabulary and develop problem-solving skills. Our materials are carefully designed to include colourful notes for the pupils and supportive notes for parents, keeping them informed about what their children have learned in each session. This approach allows parents to discuss, reference and ask questions about the topics in everyday conversations, reinforcing the learning process.

Autumn Term topics include:

Wings and How They Fly

Martian Botany: Growing Plants Beyond Earth

Exploring Intelligent Noses in Nature

Journey into the Chemistry of Metals

The World of Mushrooms and Fungi

Spiders and the Web of Wonders

Colourful Chemistry: Exploring Chromatography

Inside Out: Skeletons of Humans and Animals

The Science Behind London's Bridges

Blending In: Discovering the Science Behind Camouflage

Winds of Change: Exploring Weather on Earth and Beyond

Virtual Reality

Years 1&2: Tuesdays 3.30pm - 4.30pm

£144 for 8 sessions

Building Imagination

In Virtual Reality Club, pupils take on the role of developers, building skills that allow them to design and create anything they can imagine. Whether it's crafting 3D treehouses, designing interactive mazes, creating stunning works of art or even building an entire solar system, they use technology to explore their creativity in exciting new ways.

Pupils get to:

- Develop and hone spatial awareness and reasoning, independent thinking, communication, digital literacy and CAD skills (Computer Aided Design).
- Gain the confidence to program different digital projects, from games and stories to understanding algorithms.

Experience augmented reality through VR headsets and Merge Cubes! Some of the projects pupils will take part in this term are: the Solar System, Dream House, Parkour, VR/AR movie, Maze, and Chase and Catch.

Gymnastics

Years 3&4: Tuesdays 3.45pm - 4.30pm

£73.50 for 7 sessions

Juliette Tive-Hive for JTH Sport

In this club, pupils develop and enhance their gymnastic skills in a fun and motivating environment. With a strong emphasis on floor skills, pupils explore and refine techniques that help them build and retain transferable skills.

Note: The last session this term is Tuesday 25 November.

Engineer and Explore

Years 3&4: Tuesdays 3.45pm - 4.45pm

£112 for 8 sessions

Building Education

Engineer and Explore offers hands-on experiences to master engineering concepts! From building motorised Lego creations and toothpick structures to designing magnetic mazes and self-powered dragster cars, pupils engage in a variety of exciting projects. This club is available to pupils from our local partnership schools, allowing them to learn alongside Channing pupils.

Minimus

Years 5&6: Tuesdays 3.45pm - 4.30pm

Free of charge

Senior School

Minimus Club is aimed at those who are interested in history, myth and languages. During this club, pupils learn the foundations of Latin through a real family who lived in Roman Britain and they will discover lots of other fascinating parts of classical history. This club is available to pupils from our local partnership schools, allowing them to learn alongside Channing pupils.

Note: Collection from this club is at the Senior School, outside the main entrance. Pupils are unable to attend Late Owls or return to the Junior School.

Science

Years 5&6: Tuesdays 3.45pm - 4.30pm

Free of charge

Senior School

This club is aimed at those who enjoy science, with pupils from Channing Junior School and local partnership pupils invited. Each week, pupils will take part in a variety of fun and educational activities, accompanied by Sixth Form helpers. In previous terms, some of the activities have been: making red cabbage indicators to test on a range of different household products to see whether they were acidic or alkaline and cheese-making.

Note: Collection from this club is at the Senior School, outside the main entrance. Pupils are unable to attend Late Owls or return to the Junior School.

Jazz

Year 6: Tuesdays 3.45pm - 4.45pm

Free of charge

Senior School

Jazz is a lively and expressive dance style that combines sharp, energetic movements with fluid grace and rhythm. In this club, pupils will take part in a warm-up, technical exercises and learn choreography in the Jazz style. Pupils will have the opportunity to perform throughout the year including at the annual Dance, Cheer and Gymnastics showcase in the Summer Term. This club is also available to pupils from our local partnership schools, allowing them to learn alongside Channing pupils. Jazz shoes or suitable dance footwear are preferred for this club.

Note: Collection from this club is at the Senior School, outside the main entrance. Pupils are unable to attend Late Owls or return to the Junior School. On some occasions, this club may be held at Lauderdale House, rather than the Senior School. You will be notified of the change of location, in advance. In these cases, pick up will be from Lauderdale House.

Cooking

Years 4,5&6: Tuesdays 3.45pm - 5.00pm

£151.20 for 8 sessions

Rookie Cooks

Cooking is a blast! From squeezing and kneading to whisking, slicing, grating and dicing, there's so much to do before we get to enjoy the delicious results. Cooking classes teach pupils a variety of valuable skills. They learn to follow recipes, plan ahead, weigh ingredients accurately, chop evenly and handle sharp knives and hot stoves safely. Pupils also discover creativity, learning when to improvise with recipes and when to stick to them, and they might even find themselves enjoying foods they thought they didn't like (everything tastes better when you've made it yourself!). Most importantly, they learn that preparing nutritious, delicious food is both easy and fun and that cooking together is a great way to make new friends. The cost of the club covers all ingredients and equipment. Pupils can take home the food they prepare, along with the fantastic recipes to recreate at home!

This term, some possible food on menu includes:

- Roasted corn on the cob with coleslaw and garlic bread,
- Apple and Blackberry crumble,
- Halloumi burger with salad,
- Cranberry and date oat cookies,
- Stir fry and noodles,
- Red Velvet cake,
- Minestrone soup,
- Festive decorated gingerbread biscuits,
- Roasted vegetable kebabs with couscous
- Handmade chocolates in pretty gift boxes!

*Note: Rookie Cooks is meat-free and nut-free. Aprons are provided, so there's no need to bring one each week. **However, it's essential to bring a container so pupils can take home their food.***



Gymnastics Squad

Years 5&6: Wednesdays 7.30am - 8.15am

£94.50 for 9 sessions

Juliette Tive-Hive for JTH Sport

The Years 5&6 Gymnastics Junior Squad focuses on more advanced gymnastics skills than the after-school clubs. Pupils work on conditioning to develop their strength to be able to perform harder skills, as well as stretching to gain and sustain flexibility. Pupils will work together competing in competitions both internally and externally. This squad is by invitation only, based on the trials held in the 2025 – 2026 academic year. To register your interest in trials, please sign up to this club as usual and an email confirming the day and time will be sent to you in due course.

Note: The last session this term is Wednesday 26 November.

Lego

Years 1&2: Wednesdays 11.30am - 12.00pm

Free of charge

In Lego Club, pupils use a variety of Lego to create their own models, having fun with their friends in the process. Each week they will be sharing ideas with each other to plan and design their own models. The aim of Lego Club is to help to develop pupils' concentration and their fine motor skills.

Gardening

Years 1&2: Wednesdays 12.00pm - 12.30pm

Free of charge

Gardening Club will continue to help develop the garden at the Junior School, paying particular attention to growing edible plants and herbs so that we can share our produce with the school kitchen. We will continue building links with our Sustainability Team to help create a 'greener' school.

Note: Some sessions may have to be cancelled if the weather is too wet to continue.

Lights Up!

Years 3,4,5&6: Wednesdays 12.30pm - 1.00pm

Free of charge

In this club, pupils will develop their creative talents and performance, acting/directing, staging and design skills in a supportive environment with focused sessions around devising, script work and musical theatre - culminating in an end of year showcase!

Note: This club is invite only so it will not be possible to register your interest. If your daughter has been selected for the club, you will be contacted via email.

Origami

Years 4,5&6: Wednesdays 12.30pm - 1.00pm

Free of charge

Introduction to Origami Club focuses on the art of paper folding with origami made simple. Pupils are encouraged to try out some simple, easy-to-make models or design their own.

Expressive Art

Years 5&6: Wednesdays 12.30pm - 1.00pm

Free of charge

Taking inspiration from the change in seasons, this Autumn Term in Expressive Art Club, we will create art inspired by nature. This will involve using mixed media and various techniques. It will be a fun and relaxed space for pupils to express themselves creatively.

Mariachi Band

Years 3,4,5&6: Wednesdays 1.00pm - 1.30pm

Free of charge

The Mariachi Band offers young musicians the chance to experience the sunny, syncopated sounds of Mexico in a lively and engaging ensemble. Ideal for guitarists, harp players, bassists, saxophonists, clarinetists, trumpeters, flautists and violinists, this group brings vibrant rhythms and bold melodies to life. Participants will learn to play in a traditional mariachi style, develop their ensemble skills and prepare for a performance in the Key Stage 2 Music Showcase. It's a fun and energetic way for children to explore a new musical culture alongside their peers.

Note: This club is a yearly commitment with automatic sign up every term.

Mini Makers

Reception: Wednesdays 3.30pm - 4.00pm

Free of charge

Mini Makers is a fun club for Reception pupils who love to build and explore! We'll use indoor and outdoor construction resources—like blocks, LEGO, and more—to create, problem-solve, and bring big ideas to life.

Doodle

Years 1&2: Wednesdays 3.30pm - 4.00pm

Free of charge

Doodle Club is a fun and creative space where pupils can explore drawing and doodling. The activities help pupils build confidence and develop fine motor skills, while each session also supports early handwriting development in a relaxed and playful way.

Art

Years 1&2: Wednesdays 3.30pm - 4.00pm

Free of charge

In this club, pupils will get creative in the Art Room, exploring new techniques in a range of media. It's guaranteed to be fun and messy, so green aprons are a must!

Chess

Years 1&2: Wednesdays 3.30pm - 4.00pm

£180 for 10 sessions

Wallace Chess

Chess Club welcomes players of all skill levels, from complete beginners to seasoned competitors. Our coaches teach strategies and tactics, with opportunities to compete in tournaments. Playing chess offers numerous benefits for children, including improved concentration, enhanced creativity and the development of strategic thinking and a sense of responsibility. Our coaches also instil a sense of sportsmanship, which is valuable in all aspects of a child's life.

Football

Years 1&2: Wednesdays 3.30pm - 4.15pm

School funded

Active Day Camps

Channing's after-school football programme will now be run by Active FC. Active FC are a fun, inclusive Football Club that focuses on each player's development. We believe all players benefit from learning a skill at the start of the session, and the more time a player has with the ball at their feet, the more confidence they gain. Which is why we have smaller-sided matches where players can really get stuck in and channel their inner Lioness!

Note: While this club is funded by the school and free for pupils, if your daughter misses three consecutive weeks, a charge will apply as per the agreement with other externally-led clubs. This policy helps us continue offering the club at no cost.

Karate

Years 1&2: Wednesdays 3.30pm - 4.15pm

£60 for 5 sessions

Devini Patel

In this club, pupils can enhance their health and fitness through fun yet focused classes, while also learning Japanese karate terminology. Pupils learn the Wado-Ryu style, which translates to "the way of harmony." Karate is a versatile sport that boosts confidence, self-awareness and discipline in all areas of life, from school to home. Lessons focus on techniques for dodging or controlling an opponent's attack for self-defence.

*Note: Karate Club will be running **until the October half term only**, as Devini, the karate instructor, is expecting her second child and will be going on maternity leave. Devini will resume classes in January, ready for the Spring Term. As the Autumn Term will be a short half-term course, there won't be a grading this term. However, Devini will provide pupils with some syllabus materials so that they can continue to work on their karate techniques in the meantime. This way, they will be well-prepared and, hopefully, ready to grade during the Spring Term when classes resume.*

Netball

Years 3&4: Wednesdays 3.45pm - 4.15pm

Free of charge

In Netball Club, pupils look into more detail about the roles and responsibilities of each position, whilst also continuing to develop their basic skill and understanding. In this age group, we play controlled small-sided games to further their knowledge learnt across the year.

Puzzle

Years 3&4: Wednesdays 3.45pm - 4.15pm

Free of charge

Puzzle Club offers pupils fun and focused time to dive into jigsaws, word puzzles, rebuses and logic challenges. These brain-boosting activities help strengthen memory, concentration, spatial awareness, fine motor skills and problem-solving abilities. As pupils work together to crack tricky clues and fit pieces into place, they also build important social skills like communication, cooperation, turn-taking and social reasoning. It's a calm, rewarding way to foster patience, persistence and a love of mindful challenges.

Cartoon Drawing

Years 4-6: Wednesdays 3.45pm - 4.15pm

Free of charge

Cartoon Drawing Club supports pupils to learn the art of cartooning. Each week, pupils focus on creating colourful characters, learning the fundamentals of drawing and character design as they do so.

Knitting

Years 3,4,5&6: Wednesdays 3.45pm - 4.15pm

Free of charge

Knitting Club is a creative and calming space for pupils to learn the art of knitting. Whether they're complete beginners or already know a few stitches, pupils will build their skills. Along the way, they'll develop fine motor skills, patience and focus - all while enjoying friendly chats and a relaxing atmosphere. It's the perfect way to unwind, get creative and make something to be proud of!

Hockey

Years 5&6: Wednesdays 3.45pm - 4.30pm

Free of charge

This is a club which develops hockey skills for children of all abilities, from beginners to those who have been playing a little while. Pupils can learn and improve their stick skills and better understand the joy of the game.

Note: If pupils wish to register their interest in a club starting at 4.15pm, they are still able to attend this by leaving Hockey slightly early.

German

Years 5&6: Wednesdays 3.45pm - 4.30pm

Free of charge

Senior School

This prize-winning club is for those who like to sing, dance, paint, bake, make new friends and discover a language that can be learnt in Year 7.

Note: Collection from this club is at the Senior School, outside the main entrance. Pupils are unable to attend Late Owls or return to the Junior School.

Problem Solving

Years 5&6: Wednesdays 3.45pm - 4.50pm

Free of charge

Senior School

In this club, Year 12 volunteers will be assisted by the Channing Senior School Mathematics department to help pupils from Channing Junior School and local partnership schools to develop their problem solving skills. Pupils will solve puzzles and take part in online games and competitions.

Note: Collection from this club is at the Senior School, outside the main entrance. Pupils are unable to attend Late Owls or return to the Junior School.

Chess

Years 3,4,5&6: Wednesdays 4.15pm - 4.45pm

£180 for 10 sessions

Wallace Chess

Chess Club welcomes players of all skill levels, from complete beginners to seasoned competitors. Our coaches teach strategies and tactics, with opportunities to compete in tournaments. Playing chess offers numerous benefits for children, including improved concentration, enhanced creativity and the development of strategic thinking and a sense of responsibility. Our coaches also instil a sense of sportsmanship, which is valuable in all aspects of a child's life.

Virtual Reality

Years 3,4,5&6: Wednesdays 4.15pm - 5.15pm

£180 for 10 sessions

Building Imagination

In Virtual Reality Club, pupils take on the role of developers, building skills that allow them to design and create anything they can imagine. Whether it's crafting 3D treehouses, designing interactive mazes, creating stunning works of art or even building an entire solar system, they use technology to explore their creativity in exciting new ways.

Pupils get to:

- Develop and hone spatial awareness and reasoning, independent thinking, communication, digital literacy and CAD skills (Computer Aided Design).
- Gain the confidence to program different digital projects, from games and stories to understanding algorithms.

Experience augmented reality through VR headsets and Merge Cubes! Some of the projects pupils will take part in this term are: the Solar System, Dream House, Parkour, VR/AR movie, Maze, and Chase and Catch.



Swim Squad

Years 5&6: Thursdays 6.45am - 8.15am

Free of charge

Poolside Manor

In Swim Squad, pupils will work on building muscular endurance and cardiovascular fitness while mastering techniques for various swimming strokes and understanding the rules of competitive swimming. Pupils should be dropped off at Poolside Manor for their 45-minute swim session, after which, members of staff will bring them back to school, ready for their day's lessons.

Note: This squad is by invitation only, with trials taking place at the beginning of September. This squad is a yearly commitment with automatic sign up every term.

Gymnastic Squad

Years 3&4: Thursdays 7.30am - 8.15am

£94.50 for 9 sessions

Juliette Tive-Hive for JTH Sport

The Years 3&4 Gymnastics Junior Squad focuses on more advanced gymnastics skills than the after-school clubs. Pupils work on conditioning to develop their strength to be able to perform harder skills, as well as and stretching to gain and sustain flexibility. Pupils will work together competing in competitions both internally and externally. This squad is by invitation only, based on the trials held in the 2025 – 2026 academic year. To register your interest in trials, please sign up to this club as usual and an email confirming the day and time will be sent to you in due course.

Note: The last session this term is Thursday 27 November.

Choir

Years 3&4: Thursdays 8.00am - 8.25am

Free of charge

The Junior Choir invites young singers to prepare for an unforgettable musical experience at the Young Voices concert at Wembley Stadium in February. Members will learn to sing in parts, develop vocal technique and take part in a truly special event. Due to the popularity of this club, places are limited and will be allocated by a random draw to ensure fairness. Regular attendance is essential, and a waiting list will be maintained. It's a unique opportunity to be part of an incredible musical journey.

Note: This club is a yearly commitment with automatic sign up every term.

Key Stage I Choir

Years 1&2: Thursdays 11.30am - 12.00pm

Free of charge

The Key Stage I Choir offers young singers the chance to enjoy making music with their friends while preparing for their very first performance at the Winter Celebration in St Michael's Church. Pupils will have fun learning new songs, building confidence, developing vocal technique and practising good rehearsal discipline. As this is a very popular club and often oversubscribed, places will be allocated by a random draw to ensure fairness, with a waiting list in place.

Hama Beads

Years 1&2: Thursdays 11.30am - 12.00pm

Free of charge

Hama Beads Club lets pupils plan and create their own unique designs while having fun learning new patterns and bringing their ideas to life. It's a great way to explore creativity, improve fine motor skills and make new friends!

Zentangle Art

Years 3&4: Thursdays 12.30pm - 1.00pm

Free of charge

Zentangles are a great way to relax and create art in a peaceful environment. The premise behind zentangle art is to create repeated and structured patterns (tangles) using fine lines and circles to create beautiful images and build on these using colour.

Gardening

Years 3,4,5&6: Thursdays 12.30pm - 1.00pm

Free of charge

Gardening Club will continue to help develop the garden at the Junior School, paying particular attention to growing edible plants and herbs so that we can share our produce with the school kitchen. We will continue building links with our Sustainability Team to help create a 'greener' school.

Note: Some sessions may have to be cancelled if the weather is too wet to continue.

Spears Choir

Years 5&6: Thursdays 12.30pm - 1.00pm

Free of charge

This weekly choir is focused on singing in harmony. As well as numerous performance opportunities in school, the choir are also invited to sing at Rosslyn Hill Chapel for special events.

Note: This club is a yearly commitment with automatic sign up every term.

Games

Reception: Thursdays 3.30pm - 4.00pm

Free of charge

In Games Club, pupils have the chance to enjoy a wide variety of games, both indoors and outdoors. This club not only offers plenty of fun but also helps pupils develop important social skills like teamwork, communication and sportsmanship. It's a fantastic way to make new friends, build confidence and stay active - all while having a great time!

Cross Stitch

Years 1&2: Thursdays 3.30pm - 4.00pm

Free of charge

In this club, pupils have the chance to learn a new skill as they discover the joy of stitching! Cross stitch kits will be provided, enabling pupils to have fun, improve their fine motor skills and be creative. Cross stitching is a calm and mindful activity and pupils will produce their very own piece of art to keep.

Tennis

Years 1&2: Thursdays 3.30pm - 4.00pm

£70 for 10 sessions

LDN Tennis

Tennis Club is designed to enhance pupils' racket skills, footwork and key shots including forehand, backhand, volley and serve. Above all, pupils will have a great time while developing their tennis abilities!

TTRockstars

Year 2: Thursdays 3.30pm - 4.00pm

Free of charge

In this club, pupils use the TTRockstars app to build their fluency and recall in multiplication and division. Pupils are encouraged to join as it's an exciting way to boost their mathematical skills!

LAMDA

Years 1&2: Thursdays 3.30pm - 4.00pm

£150 for 10 sessions

Achieve Arts

The London Academy of Music and Dramatic Art known as LAMDA was founded in 1861. It is one of the most prestigious and oldest drama schools in the United Kingdom and is known world wide. LAMDA's mission is to improve standards in communication through the spoken word, foster an appreciation of literature and support creative, intellectual and social development. Besides training the next generation of actors, LAMDA is also a world-renowned examining board for examinations in Speech and Drama. Achieve Arts Speech and Drama School is one of the Top LAMDA providers in North London. We are registered as a private centre with LAMDA and the team have a 100% success rate in all LAMDA examinations. The team are highly experienced, having all trained at accredited Drama Schools and we teach important life skills such as solo speaking, vocal projection, vocal diction, confidence, communication skills and of course LAMDA graded work.

In our LAMDA Introductory sessions for Key Stage 1, pupils will work on LAMDA material and boost life skills such as confidence, solo speaking, diction, vocal projection, concentration, focus, conversational techniques and interacting skills. These pupils will work on their LAMDA exam material and will be nominated for their LAMDA exam by the Achieve Arts team.

Cheerleading

Years 1&2: Thursdays 3.30pm - 4.15pm

£132 for 10 sessions

LDCA Academy

In Cheerleading Club, pupils learn to stunt, tumble, dance and cheer just like the Junior School Cheerleading Squad. Any Key Stage 1 pupil is welcome to join and explore the world of cheerleading. The class emphasises personal skill development and teamwork, helping pupils grow and work together effectively. There will also be an exciting performance opportunity for our Channing Little Leaguers Cheer Squad to perform at the LDCA Grand Final in the Summer Term, alongside our Eagles Junior and Senior Cheer Squads. This will be in front of a large, live audience and all family and friends will be welcome to come and support our youngest cheerleaders.

Football

Years 3&4: Thursdays 3.30pm - 4.15pm

School funded

Active Day Camps

Channing's after-school football programme will now be run by Active FC. Active FC are a fun, inclusive Football Club that focuses on each player's development. We believe all players benefit from learning a skill at the start of the session, and the more time a player has with the ball at their feet, the more confidence they gain. Which is why we have smaller-sided matches where players can really get stuck in and channel their inner Lioness!

Note: While this club is funded by the school and free for pupils, if your daughter misses three consecutive weeks, a charge will apply as per the agreement with other externally-led clubs. This policy helps us continue offering the club at no cost.

School Newspaper

Years 3,4,5&6: Thursdays 3.45pm - 4.15pm

Free of charge

Pupils will have the exciting opportunity to create a School Newspaper that celebrates the achievements and successes of the girls throughout the term. Alongside inspiring stories, the paper will showcase the latest fashion trends at Channing and provide up-to-date news and events from around the school. It's a great way to develop writing, reporting and teamwork skills while keeping everyone informed and connected!

Touch Typing

Years 3,4,5&6: Thursdays 3.45pm - 4.15pm

Free of charge

Touch Typing Club helps pupils to improve their touch-typing skills through games and challenges, whilst being in a relaxed environment with friends. Pupils are encouraged to watch and monitor their progress each week, as they move through the levels, ensuring their typing speed, accuracy and confidence increases too.

Netball

Years 5&6: Thursdays 3.45pm - 4.30pm

Free of charge

In Netball Club, pupils look into more detail about the roles and responsibilities of each position, whilst also continuing to develop their basic skill and understanding. Each week, pupils will play controlled small-sided games to further their knowledge learnt across the year.

Note: If pupils wish to register their interest in a club starting at 4.15pm, they are still able to attend this by leaving Netball slightly early.

Advanced Gymnastics

Years 5&6 (Year 4 by invite only): Thursdays 3.45pm - 5.15pm

£130.50 for 9 sessions

Juliette Tive-Hive for JTH Sport

Senior School

In this Years 5-8 joint Junior and Senior School club, pupils learn further skills on gymnastics equipment such as the vault and trampette. Additionally, they will further their gymnastics knowledge on floor skills.

Note: Collection from this club is at the Senior School, outside the main entrance. Pupils are unable to attend Late Owls or return to the Junior School.

The last session for this club will be Thursday 27 November.

Robotics

Years 1&2 Thursdays 4.00pm - 5.00pm

£180 for 10 sessions

Building Imagination

Itty Bitty Buggy is a small innovative robot that gives pupils first-hand experience of building and coding robots. Lego pieces are used to create different creatures and machines. In this club, pupils:

- Learn how to build a versatile, exciting toy that can perform many functions.
- Use and apply logic, and problem solving.
- Understand how to build robots using wheels, gears and linkages.
- Create code blocks to control robots.

Activities that pupils focus on includes: lifting machine, sloth race, AI humanoids, Game Design and the Pendulum challenge.

Tennis

Years 3,4,5&6: Thursdays 4.15pm - 5.00pm

£100 for 10 sessions

LDN Tennis

Tennis Club is designed to enhance pupils' racket skills, footwork and key shots including forehand, backhand, volley and serve. It also focuses on important game situations such as rallying, attacking and defending. Above all, pupils will have a great time while developing their tennis abilities!

LAMDA

Years 3,4,5&6: Thursdays 4.15pm - 5.15pm

£150 for 10 sessions

Achieve Arts

The London Academy of Music and Dramatic Art known as LAMDA was founded in 1861. It is one of the most prestigious and oldest drama schools in the United Kingdom and is known world wide. LAMDA's mission is to improve standards in communication through the spoken word, foster an appreciation of literature and support creative, intellectual and social development. Besides training the next generation of actors, LAMDA is also a world-renowned examining board for examinations in Speech and Drama.

Achieve Arts Speech and Drama School is one of the Top LAMDA providers in North London. We are registered as a private centre with LAMDA and the team have a 100% success rate in all LAMDA examinations. The team are highly experienced, having all trained at accredited Drama Schools and we teach important life skills such as solo speaking, vocal projection, vocal diction, confidence, communication skills and of course LAMDA graded work.

In our LAMDA Foundation sessions for Key Stage 2, pupils will work on their graded LAMDA material including script work, characterisation and improvisation skills. Essential life skills such as solo speaking, public speaking, diction, memory skills, focus, communication skills and social skills will be developed. Pupils will be nominated for their LAMDA examinations by the Achieve Arts team.

M:Tech

Years 3,4,5&6: Thursdays 4.15pm - 5.15pm

£220 for 10 sessions

M:Tech

M:Tech is an extracurricular course in music technology and creative composition for children aged 7-13. They teach the fundamentals of music composition theory, with young learners composing soundtracks to fun and engaging multimedia projects like movie trailers and TV adverts. In the Autumn Term, pupils will work on 'Project Space' and, by the end of term, they will have created their own unique piece of music to add to their M: Tech portfolio. This work will be sent home along with certificates celebrating their progress and achievements. Participants also gain access to the new 'MyMTech' home platform, where they can continue developing their skills and creating music at home.

Note: M:Tech shares pupil's finished projects with parents/guardians. By signing up, you consent to sharing your contact details with M:Tech through Channing Junior School.

Friday



Cheerleading

Years 3,4,5&6: Fridays 7.30am - 8.15am

£118.80 for 9 sessions (Additional sessions will be added in order to prepare for competitions. This will be at an additional cost.)

LDCA Academy

London Dance and Cheer Academy is the only cheerleading league in London specifically for school teams. Competing three times a year, school teams vie for the coveted league title. Classes feature stunting, dancing and tumbling, culminating in routines performed at our spring and summer competitions, with a special 'Winter pyramid-off' competition being held on Sunday 7 December.

Note: There are only a few spaces available for the 2025-2026 Cheer Squad. All names will be automatically added to the waiting list and names will be selected at random to join the team. This club is a yearly commitment with automatic sign up every term.

Folk Band

Years 5&6: (Years 3&4: invitation only): Fridays 8.00am - 8.25am

Free of charge

Folk Band offers pupils a joyful and toe-tapping start to their Fridays, exploring vibrant folk traditions from around the world. Participants will learn to play in parts, experiment with improvisation and enjoy making music together as a team. This lively group will work towards a special performance for the Key Stage 2 Music Showcase, providing a fun and relaxed way to end the week on a musical high.

Note: This club is open to all instrumentalists and is a yearly commitment with automatic sign up every term.

Piano Trio

Years 5&6: Fridays 10.00am -10.25am

Free of charge

By invitation only, pupils in Piano Trio will learn to rehearse and perform in a chamber group. Participants will showcase their talents in assemblies, Open Mornings and concerts. It promises to be an enriching and rewarding musical experience.

Note: This club is a yearly commitment with automatic sign up every term.

Cosmic Yoga

Years 1&2: Fridays 11.30am - 12.00pm

Free of charge

Cosmic Yoga Club invites pupils on exciting yoga adventures that spark imagination while building important skills. Through storytelling and movement, children develop balance, coordination and concentration, all while learning ways to relax and feel calm. It's a fun and enriching way to support both body and mind.

Jigsaw Puzzle

Years 1&2: Fridays 11.30am - 12.00pm

Free of charge

In Jigsaw Puzzle Club, pupils work independently, as well as part of a team, to complete jigsaw puzzles. Puzzles are a great hobby to work on problem-solving skills, fine motor skills and feel a sense of achievement when finally completing!

Mindfulness Drawing

Years 3,4,5&6: Fridays 12.30pm - 1.00pm

Free of charge

Mindfulness Drawing is a relaxing and creative club where children explore their artistic side while learning to focus and unwind. Whilst drawing and colouring, pupils listen to relaxing music, which improves concentration and supports the development of their emotional well-being.

Scratch Art

Years 3,4,5&6: Fridays 12.30pm - 1.00pm

Free of charge

In Scratch Art Club, pupils can unleash their creativity by scratching away at special boards, creating beautiful art by revealing vibrant colours. It's a fun way to explore imagination and develop fine motor skills.

Football Squad

Year 5: Fridays 12.30pm - 1.00pm

Free of charge

This club will focus on developing the key skills required to be able to compete in external competitions and tournaments.

Note: This club is invite only and selection will be via trials. Your daughter will be required to sign up via her Google Classroom.

Multisports

Years 1&2: Fridays 3.30pm - 4.30pm

£96 for 8 sessions

Active Day Camps

Multisports Club gives pupils the chance to explore a variety of sports they may not have tried before, learn the basics and enjoy match-play, all in a fun and active environment. Along the way, we'll include popular warm-up games and challenges to keep things exciting.

During the Autumn Term, activities will be organised into 2- or 3-week blocks, focusing on a variety of sports.

Karate

Years 3,4,5&6: Fridays 3.45pm - 4.30pm

£60 for 5 sessions

Devini Patel

In this club, pupils can enhance their health and fitness through fun yet focused classes, while also learning Japanese karate terminology. Pupils learn the Wado-Ryu style, which translates to "the way of harmony." Karate is a versatile sport that boosts confidence, self-awareness and discipline in all areas of life, from school to home. Lessons focus on techniques for dodging or controlling an opponent's attack for self-defence.

*Note: Karate Club will be running **until the October half term only**, as Devini, the karate instructor, is expecting her second child and will be going on maternity leave. Devini will resume classes in January, ready for the Spring Term. As the Autumn Term will be a short half-term course, there won't be a grading this term. However, Devini will provide pupils with some syllabus materials so that they can continue to work on their karate techniques in the meantime. This way, they will be well-prepared and, hopefully, ready to grade during the Spring Term when classes resume.*