



# Channing Junior School Spring Term Extracurricular Club Programme

2025 - 2026





# Monday

## **Cross Country**

**Years 3&4: Mondays 7.55am - 8.25am**

### **Free of charge**

In Cross Country Club, the emphasis is on building muscular endurance and improving cardiovascular fitness. Pupils will learn how to pace themselves and grasp the importance of this skill in long-distance running. As they race through the paths of Waterlow Park, they'll find that Cross Country can be an enjoyable experience, proving that long-distance running doesn't have to be dull!

Note: Pupils meet in the Pavilion at 7.55am.

## **Breakfast Brass**

**Years 3,4,5&6: Mondays 8.00am - 8.25am**

### **Free of charge**

Start the week with some powerful, brassy energy! Brass Breakfast is the perfect club for all brass player, whether they play the trumpet/cornet, French horn, trombone or tuba. Open to all levels, this club offers an opportunity for pupils to explore exciting repertoire, enhance their techniques and develop ensemble skills. It's loud, it's fun and a great complement to their weekly lessons.

Note: This club is open to all levels and is a yearly commitment with automatic sign up every term.

## **Lights, Camera, Act!**

**Years 1&2: Mondays 11.30am - 12.00pm**

### **Free of charge**

In this club, pupils will take part in drama games and activities to develop their improvisation and performance skills, building towards interactive storytelling sessions with costumes and props. They will also have the opportunity to showcase their acting skills in a whole school assembly at the end of term!

## **Pom Pom Art**

**Years 1&2: Mondays 11.30am - 12.00pm**

### **Free of charge**

Pom Pom Art is a wonderful opportunity for pupils to design and create animals, including our very own Channing characters.

## **Mini Art & Doodle**

**Years 3,4,5&6: Mondays 12.30pm - 1.00pm**

**Free of charge**

Mini Art & Doodle Club gives pupils a chance to relax and be creative during lunchtime. It's a calm, friendly space where they can draw whatever they like and express themselves freely through art. There's no right or wrong - just time to be imaginative, experiment with colours and enjoy creating in their own way.

## **Silk Painting**

**Years 3,4,5&6: Mondays 12.30pm - 1.00pm**

**Free of charge**

Discover the delicate art of silk painting! This term, pupils in this club will design their own artwork and then bring it to life on fine silk, using careful techniques to create a unique and beautiful finished piece.

## **Netball Squad**

**Years 5&6: Mondays 12.30pm - 1.00pm**

**Free of charge**

This club focuses on developing the key skills required to be able to compete in external competitions and tournaments.

*Note: This club is invite only and is a yearly commitment with automatic sign up every term.*

## **Guitar Ensemble**

**Years 5&6 Mondays 1.00pm - 1.30pm**

**Free of charge**

Guitar players from beginner to Grade 1 are encouraged to sign up to play their guitar with others. In Guitar Ensemble, pupils will explore a varied range of beautiful repertoire and prepare for performance opportunities throughout the year.

*Note: This club is a termly commitment and is a yearly commitment with automatic sign up every term.*

## **Ballet**

**Reception: Mondays 3.30pm - 4.00pm**

**£144 for 9 sessions**

## **Regal Ballet**

Regal Ballet's team of highly experienced ballerinas is thrilled to teach creativity, musicality, fitness, confidence and discipline in a positive and encouraging environment. This club provides pupils with the opportunity to develop their talents and concentration, benefiting both their athletic and academic pursuits. Above all, it's a class that pupils can look forward to and enjoy each week!

*Note: Regal Ballet will present a Ballet Show on Saturday 28 February at South Hampstead High School. If your daughter attended this club in the Autumn Term and has already signed up for a place in the show, she will be automatically added to the club list for the Spring Term. Participation in the show is optional, so pupils are welcome to sign up and attend the club without performing.*

## **Gymnastics**

**Year 1: Mondays 3.30pm - 4.00pm**

**£81 for 9 sessions**

## **Juliette Tive-Hive for JTH Sport**

In this club, pupils develop and enhance their gymnastic skills in a fun and motivating environment. With a strong emphasis on floor skills, pupils explore and refine techniques that help them build and retain transferable skills.

## **Dough Disco**

**Years 1&2: Mondays 3.30pm - 4.00pm**

**Free of charge**

Dough Disco involves moulding play dough in time to music and performing lots of different actions. This helps pupils to develop their fine motor skills which in turn will help pencil grip and writing skills. The sessions are fun, engaging and interactive.

## **Board Games**

**Years 1&2: Mondays 3.30pm - 4.00pm**

### **Free of charge**

Board Game Club is designed to improve pupil's problem solving, turn-taking and strategic skills. Every week we will explore exciting games that spark creativity and teamwork. Pupils are encouraged to come along, roll the dice and grab a counter to play.

## **Bee Netball**

**Year 2: Mondays 3.30pm - 4.00pm**

### **Free of charge**

Bee Netball is a friendly, high-energy programme designed for pupils at the start of their team-sport journey. It introduces younger pupils to key netball skills, such as throwing, catching, footwork and shooting, to help them understand and enjoy playing the game.

## **Hockey**

**Years 3&4: Mondays 3.45pm - 4.15pm**

### **Free of charge**

This club helps children of all abilities develop their hockey skills, from complete beginners to those with some experience. Pupils will learn and refine their stick skills, gain a stronger understanding of the game and enjoy playing hockey in a fun, supportive environment.

## **Spanish**

**Years 3&4: Mondays 3.45pm - 4.15pm**

### **Free of charge**

Pupils can join Spanish Club for a fun and engaging way to expand their vocabulary. Through games, videos and interactive activities, they will strengthen their language skills while enjoying time with friends. Whether they are complete beginners or looking to build on existing knowledge, there's something for everyone to enjoy.

## **Lights, Camera, Act!**

**Years 3,4&5: Mondays 3.45pm - 4.15pm**

### **Free of charge**

In this club, pupils will build on their improvisation and performance skills, using a range of drama conventions and techniques to bring their ideas to life. Following on from this, pupils will work with scripts - performing monologues and dialogue scenes to perform in an assembly showcase at the end of term!

## **Minecraft**

**Years 4,5&6: Mondays 3.45pm - 4.15pm**

### **Free of charge**

During Minecraft Club, pupils have the opportunity to create worlds and participate in adventures with their peers. This fun game offers endless possibilities to work creatively as pupils join together to learn exciting new skills.

## **Maths Puzzles**

**Years 5&6: Mondays 3.45pm - 4.15pm**

### **Free of charge**

From maths riddles to number magic, repeated patterns to sequences, Maths Puzzles will help pupils to develop their maths reasoning skills through fun challenges and real life applications.

## **Creative Writing**

**Years 5&6: Mondays 3.45pm - 4.15pm**

This club is designed to develop pupils' writing skills in a fun and supportive environment. Through innovative activities, pupils will explore different genres, develop their creativity and refine their unique authorial voice. Whether pupils are passionate about writing or enjoy storytelling, this club will inspire and equip them, over time, to take their writing to the next level.

## **Football**

**Years 5&6: Mondays 3.45pm - 4.30pm**

### **Free of charge**

With the continued success of the England Women's Team, there is not a better time to get involved in football. The aim of Football Club is for pupils to have fun whilst developing their understanding of the rules. This club will allow pupils to take part in small-sided friendly games against their peers.

Note: *If pupils wish to register their interest in a club starting at 4.15pm, they are still able to attend this by leaving Football slightly early.*

## **Ballet**

**Years 1&2: Mondays 4.00pm - 4.45pm**

**£144 for 9 sessions**

### **Regal Ballet**

Regal Ballet's team of highly experienced ballerinas is thrilled to teach creativity, musicality, fitness, confidence and discipline in a positive and encouraging environment. This club provides pupils with the opportunity to develop their talents and concentration, benefiting both their athletic and academic pursuits. Above all, it's a class that pupils can look forward to and enjoy each week!

Note: *Regal Ballet will present a Ballet Show on Saturday 28 February at South Hampstead High School. If your daughter attended this club in the Autumn Term and has already signed up for a place in the show, she will be automatically added to the club list for the Spring Term. Participation in the show is optional, so pupils are welcome to sign up and attend the club without performing.*

## **Gymnastics**

**Year 2: Mondays 4.15pm - 4.45pm**

**£81 for 9 sessions**

### **Juliette Tive-Hive for JTH Sport**

In this club, pupils develop and enhance their gymnastic skills in a fun and motivating environment. With a strong emphasis on floor skills, pupils explore and refine techniques that help them build and retain transferable skills.

## **Digital Game Design**

**Years 3,4,5&6: Mondays 4.15pm - 5.15pm**

**£162 for 9 sessions**

### **Building Imagination**

In this club, pupils become game designers and coders, using Microsoft's MakeCode platform to create their very own retro-style video games. From designing characters and levels to programming gameplay mechanics, they'll bring their ideas to life through creativity and code!

Pupils will:

- Learn real coding concepts like variables, loops, conditional statements, functions and event handling.
- Design custom sprites, build interactive game worlds and create original storylines.
- Switch between block-based coding and JavaScript as their confidence grows.
- Develop key skills in problem-solving, logical thinking, digital storytelling and debugging.
- Collaborate with peers, playtest each other's games and refine their creations through feedback.

With MakeCode Arcade, pupils don't just play video games - they learn how to build them from the ground up!



# Tuesday

## **Yoga**

**Years 2-5: Tuesdays 7.45am - 8.15am**

**£81 for 9 sessions**

## **Peaceful Play**

Yoga lessons with Peaceful Play blend physical yoga movements with tools for mental health and wellbeing. Regular yoga practice helps improve children's balance, physical awareness and self-confidence, whilst wellbeing skills (including breathing techniques, relaxation skills and mindfulness) help them create a toolkit for mental health and resilience. Peaceful Play's Yoga Club teaches these fundamental life skills through nurturing and engaging sessions full of fun, games and laughter to help pupils start their school day with joy, calm and focus.

## **Cross Country**

**Years 5&6: Tuesdays 7.55am - 8.25am**

**Free of charge**

In Cross Country Club, the emphasis is on building muscular endurance and improving cardiovascular fitness. Pupils will learn how to pace themselves and grasp the importance of this skill in long-distance running. As they race through the paths of Waterlow Park, they'll find that Cross Country can be an enjoyable experience, proving that long-distance running doesn't have to be dull!

*Note: Pupils meet in the Pavilion at 7.55am.*

## **Spears String Orchestra**

**Years 3,4,5&6: Tuesdays 8.00am - 8.25am**

**Free of charge**

This club is open to all orchestral string players working at Grade 3 level and above. Pupils are invited to explore a variety of musical genres, develop their improvisation skills and refine the art of playing in parts. They will also have opportunities to showcase their talents in concerts and assemblies. It's an enriching experience for advanced young musicians who are ready to take their playing to the next level.

*Note: This club is a yearly commitment with automatic sign up every term.*

## **String Group**

### **Year 1: Tuesdays 10.00am - 10.25am**

#### **Free of charge**

The Junior School offers a 'String Group' experience, which is a way of learning a string instrument as part of a 2-year project, alongside musicianship skills, in a sociable, group setting. Once each week, pupils meet as part of a String Orchestra in order to play and sing together. Additionally, they have a 'small group' lesson, to reinforce the skills and concepts covered in Orchestra.

*Note: This club is a yearly commitment with automatic sign up every term.*

## **String Group**

### **Year 2: Tuesdays 11.30am - 12.00pm**

#### **Free of charge**

The Junior School offers a 'String Group' experience, which is a way of learning a string instrument as part of a 2-year project, alongside musicianship skills, in a sociable, group setting. Once each week, pupils meet as part of a String Orchestra in order to play and sing together. Additionally, they have a 'small group' lesson, to reinforce the skills and concepts covered in Orchestra.

*Note: This club is a yearly commitment with automatic sign up every term.*

## **Paper Creations**

### **Years 1&2: Tuesdays 11.30am - 12.00pm**

#### **Free of charge**

Paper Creation Club is a chance for pupils to get creative. Throughout the weeks, pupils will have different projects to get their creative spirit flowing, from pop up cards to paper flowers to fun rainbow-themed creations.

## **Card Making**

### **Years 3&4: Tuesdays 12.30pm - 1.00pm**

#### **Free of charge**

In this imaginative club, pupils will explore a variety of themes as they design and create their own unique greetings cards and artwork. Using a wide range of materials, they will experiment with different techniques to bring their ideas to life. It's a wonderful opportunity to develop artistic skills, express creativity and produce beautiful handmade pieces to keep or share.

## **Training String Orchestra**

### **Years 3,4,5&6: Tuesdays 12.30pm - 1.00pm**

#### **Free of charge**

The Training String Orchestra offers young string players the opportunity to enjoy making music with others in a fun and supportive environment. Open to all string players from beginners up to Grade 2 level, this group provides the perfect setting to build confidence, learn to play within a section and explore exciting repertoire together. Participants will also have the chance to try improvisation and develop their ensemble skills, all while preparing for a performance at the Key Stage 2 Music Showcase. It's a fantastic way for children to experience the joy of making music as part of a team.

*Note: This club is a yearly commitment with automatic sign up every term.*

## **Bibliobuzz**

### **Years 5&6: Tuesdays 12.30pm - 1.00pm**

#### **Free of charge**

Every year, pupils in Haringey vote for their favourite book from a shortlist of six amazing Bibliobuzz titles. Pupils are invited to join this fun club to read all six books, make a Bibliobuzz journal, vote and attend the final award ceremony at Alexandra Palace.

## **Football Squad**

### **Year 6: Tuesdays 12.30pm - 1.00pm**

#### **Free of charge**

This club focuses on developing the key skills required to be able to compete in external competitions and tournaments.

*Note: This club is invite only and is a yearly commitment with automatic sign up every term.*

## Ballet

**Reception: Tuesdays 3.30pm - 4.00pm**

**£128 for 8 sessions**

### Regal Ballet

Regal Ballet's team of highly experienced ballerinas is thrilled to teach creativity, musicality, fitness, confidence and discipline in a positive and encouraging environment. This club provides pupils with the opportunity to develop their talents and concentration, benefiting both their athletic and academic pursuits. Above all, it's a class that pupils can look forward to and enjoy each week!

*Note: Regal Ballet will present a Ballet Show on Saturday 28 February at South Hampstead High School. If your daughter attended this club in the Autumn Term and has already signed up for a place in the show, she will be automatically added to the club list for the Spring Term. Participation in the show is optional, so pupils are welcome to sign up and attend the club without performing.*

## Science

**Years 1&2: Tuesdays 3.30pm - 4.30pm**

**£152 for 8 sessions**

### Little House of Science

The mission of Little House of Science is to make science fun and engaging for children, helping them to better understand how nature and the world around them work. Each project-based lesson introduces pupils to a new scientific concept in a simplified, age-appropriate way.

In our workshops, pupils are encouraged to ask questions, conduct investigations, become familiar with scientific vocabulary and develop problem-solving skills. Our materials are carefully designed to include colourful notes for the pupils and supportive notes for parents, keeping them informed about what their children have learned in each session. This approach allows parents to discuss, reference and ask questions about the topics in everyday conversations, reinforcing the learning process.

### **Spring Term topics include:**

Beneath Our Feet: Exploring Earth's Layers and Rocks

Flight Like a Dragonfly: Nature's Blueprint for Drones

Understanding Motion: Force, Inertia, and Equilibrium

Resilient Extremophiles: Life at the Edge

Science of Photography

Exploring the Solar System: Copernicus' Big Idea

Pumping Life: How the Heart Works

The Science of Crystals: How Nature Builds Patterns

Where Engineering Becomes Art: Eiffel and Gaudí

Patterns in the Wild: How Mathematics Shapes Nature

## Virtual Reality

**Years 1&2: Tuesdays 3.30pm - 4.30pm**

**£144 for 8 sessions**

### Building Imagination

In Virtual Reality Club, pupils take on the role of developers, building skills that allow them to design and create anything they can imagine. Whether it's crafting 3D treehouses, designing interactive mazes, creating stunning works of art or even building an entire solar system, they use technology to explore their creativity in exciting new ways.

Pupils get to:

- Develop and hone spatial awareness and reasoning, independent thinking, communication, digital literacy and CAD skills (Computer Aided Design).
- Gain the confidence to program different digital projects, from games and stories to understanding algorithms.

Experience augmented reality through VR headsets and Merge Cubes! Some of the projects pupils will take part in this term are: the Solar System, Dream House, Parkour, VR/AR movie, Maze, and Chase and Catch.

## Gymnastics

**Years 3&4: Tuesdays 3.45pm - 4.30pm**

**£84 or 8 sessions**

### **Juliette Tive-Hive for JTH Sport**

In this club, pupils develop and enhance their gymnastic skills in a fun and motivating environment. With a strong emphasis on floor skills, pupils explore and refine techniques that help them build and retain transferable skills.

## Engineer and Explore

**Years 3&4: Tuesdays 3.45pm - 4.45pm**

**£112 for 8 sessions**

### **Building Education**

Engineer and Explore offers hands-on experiences to master engineering concepts! From building motorised Lego creations and toothpick structures to designing magnetic mazes and self-powered dragster cars, pupils engage in a variety of exciting projects. This club is available to pupils from our local partnership schools, allowing them to learn alongside Channing pupils.

## Minimus

**Years 5&6: Tuesdays 3.45pm - 4.30pm**

**Free of charge**

### **Senior School**

Minimus Club is aimed at those who are interested in history, myth and languages. During this club, pupils learn the foundations of Latin through a real family who lived in Roman Britain and they will discover lots of other fascinating parts of classical history. This club is available to pupils from our local partnership schools, allowing them to learn alongside Channing pupils.

**Note: Collection from this club is at the Senior School, outside the main entrance. Pupils are unable to attend Late Owls or return to the Junior School.**

## Science

**Years 5&6: Tuesdays 3.45pm - 4.30pm**

**Free of charge**

### **Senior School**

This club is aimed at those who enjoy science, with pupils from Channing Junior School and local partnership pupils invited. Each week, pupils will take part in a variety of fun and educational activities, accompanied by Sixth Form helpers. In previous terms, some of the activities have been: making red cabbage indicators to test on a range of different household products to see whether they were acidic or alkaline and cheese-making.

**Note: Collection from this club is at the Senior School, outside the main entrance. Pupils are unable to attend Late Owls or return to the Junior School.**

## Cooking

Years 4,5&6: Tuesdays 3.45pm - 5.00pm

£151.20 for 8 sessions

### Rookie Cooks

Cooking is a blast! From squeezing and kneading to whisking, slicing, grating and dicing, there's so much to do before we get to enjoy the delicious results. Cooking classes teach pupils a variety of valuable skills. They learn to follow recipes, plan ahead, weigh ingredients accurately, chop evenly and handle sharp knives and hot stoves safely. Pupils also discover creativity, learning when to improvise with recipes and when to stick to them, and they might even find themselves enjoying foods they thought they didn't like (everything tastes better when you've made it yourself!). Most importantly, they learn that preparing nutritious, delicious food is both easy and fun and that cooking together is a great way to make new friends. The cost of the club covers all ingredients and equipment. Pupils can take home the food they prepare, along with the fantastic recipes to recreate at home!

This term, some possible food on menu includes:

- Roast vegetable and halloumi kebabs with couscous
- Pear, blackberry and ginger Eve's Pudding
- Spinach and ricotta lasagne
- Chocolate chip cookies
- Turkish lentil soup with spiced pittas
- Sticky Toffee Pudding
- Irish soda bread
- Fajitas

Note: *Rookie Cooks* is meat-free and nut-free. Aprons are provided, so there's no need to bring one each week. **However, it's essential to bring a container so pupils can take home their food.**



# Wednesday

## **Gymnastics Squad**

**Years 5&6: Wednesdays 7.30am - 8.15am**

**£94.50 for 9 sessions**

**Juliette Five-Hive for JTH Sport**

The Years 5&6 Gymnastics Junior Squad focuses on more advanced gymnastics skills than the after-school clubs. Pupils work on conditioning to develop their strength to be able to perform harder skills, as well as stretching to gain and sustain flexibility. Pupils will work together competing in competitions both internally and externally.

*Note: This club is invite only and is a yearly commitment with automatic sign up every term.*

## **Lego**

**Years 1&2: Wednesdays 11.30am - 12.00pm**

**Free of charge**

In Lego Club, pupils use a variety of Lego to create their own models, having fun with their friends in the process. Each week they will be sharing ideas with each other to plan and design their own models. The aim of Lego Club is to help to develop pupils' concentration and their fine motor skills.

## **Gardening**

**Years 1&2: Wednesdays 11.30pm - 12.00pm**

**Free of charge**

Gardening Club will continue to help develop the garden at the Junior School, paying particular attention to growing edible plants and herbs so that we can share our produce with the school kitchen. We will continue building links with our Sustainability Team to help create a 'greener' school.

*Note: Some sessions may have to be cancelled if the weather is too wet to continue, but please ensure your daughter always has her coat.*

## **Lights Up!**

**Years 3,4,5&6: Wednesdays 12.30pm - 1.00pm**

**Free of charge**

In this club, pupils will develop their creative talents and performance skills, including acting, directing, staging and design, within a supportive environment. Focused sessions on devising, script work and musical theatre will help them grow in confidence and ability, culminating in an end-of-year showcase.

*Note: This club is invite only with automatic sign up for the Spring Term.*

## Textile Creations

**Years 3,4,5&6: Wednesdays 12.30pm - 1.00pm**

### **Free of charge**

Welcome to Textile Creations, a creative space where imaginations come to life through fabric, colour and texture. Pupils will explore a variety of materials and techniques from weaving, stitching, appliqué to fabric collage and more. Each session will be an opportunity to express creativity, build confidence while developing skills and having fun in a supportive environment.

## Origami

**Years 4,5&6: Wednesdays 12.30pm - 1.00pm**

### **Free of charge**

Origami Club focuses on the art of paper folding with origami made simple. Pupils are encouraged to try out some simple, easy-to-make models or design their own.

## Mariachi Band

**Years 3,4,5&6: Wednesdays 1.00pm - 1.30pm**

### **Free of charge**

Mariachi Band offers young musicians the chance to experience the sunny, syncopated sounds of Mexico in a lively and engaging ensemble. Ideal for guitarists, harp players, bassists, saxophonists, clarinetists, trumpeters, flautists and violinists, this group brings vibrant rhythms and bold melodies to life. Participants will learn to play in a traditional mariachi style, develop their ensemble skills and prepare for a performance in the Key Stage 2 Music Showcase. It's a fun and energetic way for children to explore a new musical culture alongside their peers.

*Note: This club is a yearly commitment with automatic sign up every term.*

## Story Adventures

**Reception: Wednesdays 3.30pm - 4.00pm**

### **Free of charge**

In this club, pupils will explore stories through reading, drawing, puppets and imaginative play - sparking creativity and a love for storytelling.

## Doodle

**Years 1&2: Wednesdays 3.30pm - 4.00pm**

### **Free of charge**

Doodle Club is a fun and creative space where pupils can explore drawing and doodling. The activities help pupils build confidence and develop fine motor skills, while each session also supports early handwriting development in a relaxed and playful way.

## Chess

**Years 1&2: Wednesdays 3.30pm - 4.00pm**

**£162 for 9 sessions**

### Wallace Chess

Chess Club welcomes players of all skill levels, from complete beginners to seasoned competitors. Our coaches teach strategies and tactics, with opportunities to compete in tournaments. Playing chess offers numerous benefits for children, including improved concentration, enhanced creativity and the development of strategic thinking and a sense of responsibility. Our coaches also instil a sense of sportsmanship, which is valuable in all aspects of a child's life.

## Football

**Years 1&2: Wednesdays 3.30pm - 4.15pm**

**School funded**

### Active Day Camps

Active FC is a fun and inclusive football club that focuses on developing each player's skills. Sessions begin with learning a new skill, giving players more time with the ball to build confidence. Smaller-sided matches allow players to fully engage, develop their abilities and channel their inner Lioness.

*Note: While this club is funded by the school and free for pupils, if your daughter misses three consecutive weeks, a charge will apply as per the agreement with other externally-led clubs. This policy helps us continue offering the club at no cost.*

## **Karate**

**Years 1&2: Wednesdays 3.30pm - 4.15pm**

**£108 for 9 sessions**

## **Devini Patel**

In this club, pupils can enhance their health and fitness through fun yet focused classes, while also learning Japanese karate terminology. Pupils learn the Wado-Ryu style, which translates to "the way of harmony." Karate is a versatile sport that boosts confidence, self-awareness and discipline in all areas of life, from school to home. Lessons focus on techniques for dodging or controlling an opponent's attack for self-defence.

## **Netball**

**Years 3&4: Wednesdays 3.45pm - 4.15pm**

**Free of charge**

In Netball Club, pupils look into more detail about the roles and responsibilities of each position, whilst also continuing to develop their basic skill and understanding. In this age group, we play controlled small-sided games to further their knowledge learnt across the year.

## **Puzzle**

**Years 3&4: Wednesdays 3.45pm - 4.15pm**

**Free of charge**

Puzzle Club offers pupils fun and focused time to dive into jigsaws, word puzzles, rebuses and logic challenges. These brain-boosting activities help strengthen memory, concentration, spatial awareness, fine motor skills and problem-solving abilities. As pupils work together to crack tricky clues and fit pieces into place, they also build important social skills like communication, cooperation, turn-taking and social reasoning. It's a calm, rewarding way to foster patience, persistence and a love of mindful challenges.

## **Cartoon Drawing**

**Years 3,4,5&6: Wednesdays 3.45pm - 4.15pm**

**Free of charge**

Cartoon Drawing Club supports pupils to learn the art of cartooning. Each week, pupils focus on creating colourful characters, learning the fundamentals of drawing and character design as they do so.

## **Knitting**

**Years 3,4,5&6: Wednesdays 3.45pm - 4.15pm**

**Free of charge**

Knitting Club is a creative and calming space for pupils to learn the art of knitting. Whether they're complete beginners or already know a few stitches, pupils will build their skills. Along the way, they'll develop fine motor skills, patience and focus - all while enjoying friendly chats and a relaxing atmosphere. It's the perfect way to unwind, get creative and make something to be proud of!

## **Design Technology**

**Years 5&6: Wednesdays 3.45pm - 4.15pm**

**Free of charge**

In this club, pupils design and build their own robots using a Crumble microcontroller. They learn to programme their creations to move and complete fun, interactive tasks, combining creativity, engineering and coding skills.

## **Hockey**

**Years 5&6: Wednesdays 3.45pm - 4.30pm**

**Free of charge**

This club helps children of all abilities develop their hockey skills, from complete beginners to those with some experience. Pupils can enhance their stick skills and gain a deeper appreciation for the joy of the game.

Note: If pupils wish to register their interest in a club starting at 4.15pm, they are still able to attend this by leaving Hockey slightly early.

## **German**

**Years 5&6: Wednesdays 3.45pm - 4.30pm**

**Free of charge**

**Senior School**

This prize-winning club is for those who like to sing, dance, paint, bake, make new friends and discover a language that can be learnt in Year 7.

**Note: Collection from this club is at the Senior School, outside the main entrance. Pupils are unable to attend Late Owls or return to the Junior School.**

## **Problem Solving**

**Years 5&6: Wednesdays 3.45pm - 4.45pm**

**Free of charge**

**Senior School**

In this club, Year 12 volunteers will be assisted by the Channing Senior School Mathematics department to help pupils from Channing Junior School and local partnership schools to develop their problem solving skills. Pupils will solve puzzles and take part in online games and competitions.

**Note: Collection from this club is at the Senior School, outside the main entrance. Pupils are unable to attend Late Owls or return to the Junior School.**

## **Chess**

**Years 3,4,5&6: Wednesdays 4.15pm - 4.45pm**

**£162 for 9 sessions**

### **Wallace Chess**

Chess Club welcomes players of all skill levels, from complete beginners to seasoned competitors. Our coaches teach strategies and tactics, with opportunities to compete in tournaments. Playing chess offers numerous benefits for children, including improved concentration, enhanced creativity and the development of strategic thinking and a sense of responsibility. Our coaches also instil a sense of sportsmanship, which is valuable in all aspects of a child's life.

## **Virtual Reality**

**Years 3,4,5&6: Wednesdays 4.15pm - 5.15pm**

**£162 for 9 sessions**

### **Building Imagination**

In Virtual Reality Club, pupils take on the role of developers, building skills that allow them to design and create anything they can imagine. Whether it's crafting 3D treehouses, designing interactive mazes, creating stunning works of art or even building an entire solar system, they use technology to explore their creativity in exciting new ways.

Pupils get to:

- Develop and hone spatial awareness and reasoning, independent thinking, communication, digital literacy and CAD skills (Computer Aided Design).
- Gain the confidence to program different digital projects, from games and stories to understanding algorithms.

Experience augmented reality through VR headsets and Merge Cubes! Some of the projects pupils will take part in this term are: the Solar System, Dream House, Parkour, VR/AR movie, Maze, and Chase and Catch.



# Thursday

## **Swim Squad**

**Years 5&6: Thursdays 6.45am - 8.15am**

**Free of charge**

## **Poolside Manor**

In Swim Squad, pupils will work on building muscular endurance and cardiovascular fitness while mastering techniques for various swimming strokes and understanding the rules of competitive swimming. Pupils should be dropped off at Poolside Manor for their 45-minute swim session, after which, members of staff will bring them back to school, ready for their day's lessons.

*Note: This club is invite only and is a yearly commitment with automatic sign up every term.*

## **Gymnastic Squad**

**Years 3&4: Thursdays 7.30am - 8.15am**

**£94.50 for 9 sessions**

## **Juliette Tive-Hive for JTH Sport**

The Years 3&4 Gymnastics Junior Squad focuses on more advanced gymnastics skills than the after-school clubs. Pupils work on conditioning to develop their strength to be able to perform harder skills, as well as and stretching to gain and sustain flexibility. Pupils will work together competing in competitions both internally and externally.

*Note: This club is invite only and is a yearly commitment with automatic sign up every term.*

## **Choir**

**Years 3&4: Thursdays 8.00am - 8.25am**

**Free of charge**

The Junior Choir invites young singers to prepare for an unforgettable musical experience at the Young Voices concert at Wembley Stadium in February. Members will learn to sing in parts, develop vocal technique and take part in a truly special event. It a unique opportunity to be part of an incredible musical journey.

*Note: This club is a yearly commitment with automatic sign up every term. Weekly attendance is essential.*

## **Key Stage 1 Choir**

**Years 1&2: Thursdays 11.30am - 12.00pm**

**Free of charge**

The Key Stage 1 Choir offers young singers the chance to enjoy making music with their friends. Pupils will have fun learning new songs, building confidence, developing vocal technique and practising good rehearsal discipline. As this is a very popular club and often oversubscribed, places will be allocated by a random draw to ensure fairness, with a waiting list in place.

## **Hama Beads**

**Years 1&2: Thursdays 11.30am - 12.00pm**

**Free of charge**

Hama Beads Club lets pupils plan and create their own unique designs while having fun learning new patterns and bringing their ideas to life. It's a great way to explore creativity, improve fine motor skills and make new friends!

## **Zentangle Art**

**Years 3&4: Thursdays 12.30pm - 1.00pm**

**Free of charge**

Zentangles are a great way to relax and create art in a peaceful environment. The premise behind zentangle art is to create repeated and structured patterns (tangles) using fine lines and circles to create beautiful images and build on these using colour.

## **Gardening**

**Years 3,4,5&6: Thursdays 12.30pm - 1.00pm**

**Free of charge**

Gardening Club will continue to help develop the garden at the Junior School, paying particular attention to growing edible plants and herbs so that we can share our produce with the school kitchen. We will continue building links with our Sustainability Team to help create a 'greener' school.

*Note: Some sessions may have to be cancelled if the weather is too wet to continue, but please ensure your daughter always has her coat.*

## **Spears Choir**

**Years 5&6: Thursdays 12.30pm - 1.00pm**

**Free of charge**

This weekly choir is focused on singing in harmony. As well as numerous performance opportunities in school, the choir are also invited to sing at Rosslyn Hill Chapel for special events.

*Note: This club is a yearly commitment with automatic sign up every term.*

## **Jigsaw**

**Reception: Thursdays 3.30pm - 4.00pm**

**Free of charge**

In Jigsaw Club, pupils will work together to complete puzzles of all shapes and sizes. They will practise turn-taking and teamwork while building their problem-solving and spatial awareness skills. It's a lovely way to develop perseverance and enjoy the satisfaction of fitting in that final piece!

## **Coding**

**Years 1&2: Thursdays 3.30pm - 4.00pm**

**Free of charge**

At Coding Club, pupils explore the principles of coding, develop engaging projects, and discover new ways to apply technology. They have the opportunity to think creatively, solve problems and collaborate with others. The club encourages learning, experimentation and enjoyment through coding.

## **Cross Stitch**

**Years 1&2: Thursdays 3.30pm - 4.00pm**

**Free of charge**

In this club, pupils have the chance to learn a new skill as they discover the joy of stitching! Cross stitch kits will be provided, enabling pupils to have fun, improve their fine motor skills and be creative. Cross stitching is a calm and mindful activity and pupils will produce their very own piece of art to keep.

## **LAMDA**

**Years 1&2: Thursdays 3.30pm - 4.00pm**

**£120 for 8 sessions**

### **Achieve Arts**

The London Academy of Music and Dramatic Art known as LAMDA was founded in 1861. It is one of the most prestigious and oldest drama schools in the United Kingdom and is known world wide. LAMDA's mission is to improve standards in communication through the spoken word, foster an appreciation of literature and support creative, intellectual and social development. Besides training the next generation of actors, LAMDA is also a world-renowned examining board for examinations in Speech and Drama. Achieve Arts Speech and Drama School is one of the Top LAMDA providers in North London. We are registered as a private centre with LAMDA and the team have a 100% success rate in all LAMDA examinations. The team are highly experienced, having all trained at accredited Drama Schools and we teach important life skills such as solo speaking, vocal projection, vocal diction, confidence, communication skills and of course LAMDA graded work.

In our LAMDA Introductory sessions for Key Stage 1, pupils will work on LAMDA material and boost life skills such as confidence, solo speaking, diction, vocal projection, concentration, focus, conversational techniques and interacting skills. These pupils will work on their LAMDA exam material and will be nominated for their LAMDA exam by the Achieve Arts team.

*Note: This club is a yearly commitment with automatic sign up every term.*

## **TTRockstars**

**Year 2: Thursdays 3.30pm - 4.00pm**

**Free of charge**

In this club, pupils use the TTRockstars app to build their fluency and recall in multiplication and division. Pupils are encouraged to join as it's an exciting way to boost their mathematical skills!

## **Cheerleading**

**Years 1&2: Thursdays 3.30pm - 4.15pm**

**£105.60 for 8 sessions**

### **LDCA Academy**

In Cheerleading Club, pupils learn to stunt, tumble, dance and cheer just like the Junior School Cheerleading Squad. Any Key Stage 1 pupil is welcome to join and explore the world of cheerleading. The class emphasises personal skill development and teamwork, helping pupils grow and work together effectively. There will also be an exciting performance opportunity for our Channing Little Leaguers Cheer Squad to perform at the LDCA Grand Final in the Summer Term, alongside our Eagles Junior and Senior Cheer Squads. This will be in front of a large, live audience and all family and friends will be welcome to come and support our youngest cheerleaders.

## **Football**

**Years 3&4: Thursdays 3.30pm - 4.15pm**

**School funded**

### **Active Day Camps**

Active FC is a fun and inclusive football club that focuses on developing each player's skills. Sessions begin with learning a new skill, giving players more time with the ball to build confidence. Smaller-sided matches allow players to fully engage, develop their abilities and channel their inner Lioness.

*Note: While this club is funded by the school and free for pupils, if your daughter misses three consecutive weeks, a charge will apply as per the agreement with other externally-led clubs. This policy helps us continue offering the club at no cost.*

## School Newspaper

**Years 3,4,5&6: Thursdays 3.45pm - 4.15pm**

### Free of charge

Pupils will have the exciting opportunity to create a School Newspaper that celebrates the achievements and successes of the girls throughout the term. Alongside inspiring stories, the paper will showcase the latest fashion trends at Channing and provide up-to-date news and events from around the school. It's a great way to develop writing, reporting and teamwork skills while keeping everyone informed and connected!

## Touch Typing

**Years 3,4,5&6: Thursdays 3.45pm - 4.15pm**

### Free of charge

Touch Typing Club helps pupils to improve their touch-typing skills through games and challenges, whilst being in a relaxed environment with friends. Pupils are encouraged to watch and monitor their progress each week, as they move through the levels, ensuring their typing speed, accuracy and confidence increases too.

## Netball

**Years 5&6: Thursdays 3.45pm - 4.30pm**

### Free of charge

In Netball Club, pupils look into more detail about the roles and responsibilities of each position, whilst also continuing to develop their basic skill and understanding. Each week, pupils will play controlled small-sided games to further their knowledge learnt across the year.

*Note: If pupils wish to register their interest in a club starting at 4.15pm, they are still able to attend this by leaving Netball slightly early.*

## Advanced Gymnastics

**Years 5&6 (Year 4 by invite only): Thursdays 3.45pm - 5.15pm**

**£101.50 for 7 sessions**

### Juliette Tive-Hive for JTH Sport

#### Senior School

In this Years 5-8 joint Junior and Senior School club, pupils learn further skills on gymnastics equipment such as the vault and trampette. Additionally, they will further their gymnastics knowledge on floor skills.

**Note: Collection from this club is at the Senior School, outside the main entrance. Pupils are unable to attend Late Owls or return to the Junior School. Please also note that some sessions this term will take place at the Junior School due to Senior School events taking place in the Sports Hall. You will be notified in advance of the changes to pick ups on those days.**

## Robotics

**Years 1&2: Thursdays 4.00pm - 5.00pm**

**£144 for 8 sessions**

### Building Imagination

Itty Bitty Buggy is a small innovative robot that gives pupils first-hand experience of building and coding robots. Lego pieces are used to create different creatures and machines. In this club, pupils:

- Learn how to build a versatile, exciting toy that can perform many functions.
- Use and apply logic, and problem solving.
- Understand how to build robots using wheels, gears and linkages.
- Create code blocks to control robots.

Activities that pupils focus on includes: lifting machine, sloth race, AI humanoids, Game Design and the Pendulum challenge.

## **LAMDA**

**Years 3,4,5&6: Thursdays 4.15pm - 5.15pm**

**£120 for 8 sessions**

### **Achieve Arts**

The London Academy of Music and Dramatic Art known as LAMDA was founded in 1861. It is one of the most prestigious and oldest drama schools in the United Kingdom and is known world wide. LAMDA's mission is to improve standards in communication through the spoken word, foster an appreciation of literature and support creative, intellectual and social development. Besides training the next generation of actors, LAMDA is also a world-renowned examining board for examinations in Speech and Drama.

Achieve Arts Speech and Drama School is one of the Top LAMDA providers in North London. We are registered as a private centre with LAMDA and the team have a 100% success rate in all LAMDA examinations. The team are highly experienced, having all trained at accredited Drama Schools and we teach important life skills such as solo speaking, vocal projection, vocal diction, confidence, communication skills and of course LAMDA graded work.

In our LAMDA Foundation sessions for Key Stage 2, pupils will work on their graded LAMDA material including script work, characterisation and improvisation skills. Essential life skills such as solo speaking, public speaking, diction, memory skills, focus, communication skills and social skills will be developed. Pupils will be nominated for their LAMDA examinations by the Achieve Arts team.

*Note: This club is a yearly commitment with automatic sign up every term.*

## **M:Tech**

**Years 3,4,5&6: Thursdays 4.15pm - 5.15pm**

**£176 for 8 sessions**

### **M:Tech**

M:Tech is an extracurricular course in music technology and creative composition for children aged 7-13. They teach the fundamentals of music composition theory, with young learners composing soundtracks to fun and engaging multimedia projects like movie trailers and TV adverts. In the Spring Term, pupils will work on 'Project Radio' and, by the end of term, they will have created catchy jingles, bed music, stings and sweepers to bring their programme to life - featuring interviews, music and breaking news. Participants also gain access to the new 'MyMTech' home platform, where they can continue developing their skills and creating music at home.

*Note: M:Tech shares pupil's finished projects with parents/guardians. By signing up, you consent to sharing your contact details with M:Tech through Channing Junior School.*



# Friday

## Cheerleading

**Years 3,4,5&6: Fridays 7.30am - 8.15am**

**£118.80 for 9 sessions (Additional sessions may be added in order to prepare for competitions. This will be at an additional cost.)**

## LDCA Academy

London Dance and Cheer Academy is the only cheerleading league in London specifically for school teams. Competing three times a year, school teams vie for the coveted league title. Classes feature stunting, dancing and tumbling, culminating in routines performed at our spring and summer competitions.,

**Note: This club is invite only and is a yearly commitment with automatic sign up every term. Weekly attendance is essential.**

## Folk Band

**Years 5&6: (Years 3&4: invitation only): Fridays 8.00am - 8.25am**

## Free of charge

Folk Band offers pupils a joyful and toe-tapping start to their Fridays, exploring vibrant folk traditions from around the world. Participants will learn to play in parts, experiment with improvisation and enjoy making music together as a team. This lively group will work towards a special performance for the Key Stage 2 Music Showcase, providing a fun and relaxed way to end the week on a musical high.

*Note: This club is a yearly commitment with automatic sign up every term.*

## Piano Trio

**Years 5&6: Fridays 10.00am -10.25am**

## Free of charge

By invitation only, pupils in Piano Trio will learn to rehearse and perform in a chamber group. Participants will showcase their talents in assemblies, Open Mornings and concerts. It promises to be an enriching and rewarding musical experience.

*Note: This club is a yearly commitment with automatic sign up every term.*

## **Cosmic Yoga**

**Years 1&2: Fridays 11.30am - 12.00pm**

**Free of charge**

Cosmic Yoga Club invites pupils on exciting yoga adventures that spark imagination while building important skills. Through storytelling and movement, children develop balance, coordination and concentration, all while learning ways to relax and feel calm. It's a fun and enriching way to support both body and mind.

## **Jigsaw Puzzle**

**Years 1&2: Fridays 11.30am - 12.00pm**

**Free of charge**

In Jigsaw Puzzle Club, pupils work independently, as well as part of a team, to complete jigsaw puzzles. Puzzles are a great hobby to work on problem-solving skills, fine motor skills and feel a sense of achievement when finally completing!

## **Mindfulness Drawing**

**Years 3,4,5&6: Fridays 12.30pm - 1.00pm**

**Free of charge**

Mindfulness Drawing is a relaxing and creative club where children explore their artistic side while learning to focus and unwind. Whilst drawing and colouring, pupils listen to relaxing music, which improves concentration and supports the development of their emotional well-being.

## **Scratch Art**

**Years 3,4,5&6: Fridays 12.30pm - 1.00pm**

**Free of charge**

In Scratch Art Club, pupils can unleash their creativity by scratching away at special boards, creating beautiful art by revealing vibrant colours. It's a fun way to explore imagination and develop fine motor skills.

## **Football Squad**

**Year 5: Fridays 12.30pm - 1.00pm**

**Free of charge**

This club will focus on developing the key skills required to be able to compete in external competitions and tournaments.

*Note: This club is invite only and is a yearly commitment with automatic sign up every term.*

## **Multisports**

**Years 1&2: Fridays 3.30pm - 4.30pm**

**£108 for 9 sessions**

## **Active Day Camps**

Multisports Club gives pupils the chance to explore a variety of sports they may not have tried before, learn the basics and enjoy match play, all in a fun and active environment. Popular warm-up games and challenges are included to keep sessions exciting. Each term, activities will be organised into 2- or 3-week blocks, focusing on a variety of sports.

## **Pen Pals**

**Years 5&6: Fridays 3.45pm - 4.15pm**

**Free of charge**

Pupils are invited to join Mrs Munro for a calm and reflective end to the week, writing thoughtful letters to people who may be feeling lonely and would appreciate a little cheer. The messages will be sent to care homes across the UK and have the potential to brighten someone's entire week. This club runs in partnership with Omega, the charity supported during St Michael's Winter Celebration. Pupils only need to bring a favourite pen and a willingness to spread kindness. It's a simple way to make a meaningful difference, one letter at a time.

## **Karate**

**Years 3,4,5&6: Fridays 3.45pm - 4.30pm**

**£108 for 9 sessions**

### **Devini Patel**

In this club, pupils can enhance their health and fitness through fun yet focused classes, while also learning Japanese karate terminology. Pupils learn the Wado-Ryu style, which translates to "the way of harmony." Karate is a versatile sport that boosts confidence, self-awareness and discipline in all areas of life, from school to home. Lessons focus on techniques for dodging or controlling an opponent's attack for self-defence.