



CHANNING

Extra-Curricular  
Programme  
Spring Term  
2024





### **Cross Country**

**Years 3&4: Mondays 8.00am - 8.25am**

**Free of charge**

In Cross Country Club, the focus is on muscular endurance and cardiovascular fitness. Pupils will begin to learn how to pace themselves and understand why it is important in long distance running. Whilst they speed around the paths of Waterlow Park, pupils will discover that Cross Country can be FUN and long distance running doesn't have to be boring!

*Note: pupils are to meet in the Pavilion at 7.55am.*

### **Breakfast Brass**

**Years 3-6: Mondays 8.00am - 8.25am**

**Free of charge**

Breakfast Brass provides a great opportunity to hone basic skills whilst enjoying making music. It is open to all beginners who wish to join their first band.

*Note: Those who took part in this ensemble in the Autumn Term have been automatically added to the list for the Spring Term.*

### **String Quartet**

**Year 6: Mondays 10.00am - 10.30am**

**Free of charge**

In this club, pupils will learn chamber music skills.

*Note: This club is invite-only, and those who took part in this ensemble in the Autumn Term have been automatically added to the list for the Spring Term.*

## **Lights, Camera, Act! Playful Plays**

**Years 1&2: Mondays 11.30am - 12.00pm**

**Free of charge**

In this club, pupils will work towards putting on a simple play which will feature performance techniques such as: mime, mask, freeze frames, audience participation, live music and song.

## **Mindfulness Colouring**

**Years 1&2: Mondays 11.30am - 12.00pm**

**Free of charge**

Pupils will have a chance to unwind in a peaceful atmosphere, indulging in colouring while soothing music plays. With a range of colouring to choose from, pupils can find their creative calm during a busy lunchtime.

## **Just Dance**

**Years 3&4: Mondays 12.30pm - 1.00pm**

**Free of charge**

In this club, pupils will have the opportunity to sing and dance along to their favourite Just Dance songs. They are encouraged to spend time with their peers to enjoy 30 minutes of dancing, singing and laughter!

## **Spears String Orchestra**

**Years 3-6: Mondays 12.30pm - 1.00pm**

**Free of charge**

This weekly string ensemble rehearsal allows pupils to hone their group playing skills, explore a range of repertoire and enjoy performance opportunities throughout the year.

*Note: Those who took part in this ensemble in the Autumn Term have been automatically added to the list for the Spring Term.*

## **Cosmic Yoga & Meditation**

**Reception: Mondays 3.30pm - 4.00pm**

**Free of charge**

Pupils attending this club will build their imagination, resilience, mental and physical health through meditation and movement. Pupils will listen to guided children's meditations, take part in mindful activities and explore cosmic yoga sessions in a calm and peaceful atmosphere.

## **Ballet**

**Reception: Mondays 3.30pm - 4.00pm**

**£144 for 9 sessions**

Regal Ballet's team of highly experienced ballerinas are delighted to teach creativity, musicality, fitness, confidence and discipline in a positive, uplifting atmosphere. This club offers pupils the chance to develop their talents and focus, which helps them succeed in both their sporting and academic lives. Most importantly it is a class to look forward to and enjoy each week!

In the Summer Term, those that have attended the club throughout the year will have the option to take part in an end of year performance in a theatre. Therefore, you are encouraged to become a regular member of

this club.

*Confirmed dates for the performance are: Saturday 11 and Sunday 12 May (Finchley Arts Depot). Details to follow in the Spring Term regarding costumes and tickets.*

<https://www.regalballet.com/>

## **Scratch Art**

***Years 1&2: Mondays 3.30pm - 4.00pm***

***Free of charge***

In this club, pupils will have the opportunity to learn Scratch Art. They will use a special tool to scratch through dark cards to reveal bright colours. They will have different themes and create different designs each week.

## **Spanish**

***Years 1&2: Mondays 3.30pm - 4.00pm***

***Free of charge***

Pupils are invited to embark on a fun-filled journey into the vibrant world of Spanish language and culture. This exciting adventure has been exclusively designed for Year 1 & 2 pupils, where they will play games and participate in various activities that will make learning Spanish a blast!

## **Gymnastics**

***Year 1: Mondays 3.30pm - 4.00pm***

***£76.50 for 9 sessions***

Learn and improve gymnastics skills in a fun and motivational space. With a strong focus on floor abilities, pupils will explore and perfect gymnastic techniques to help them engage and retain transferable skills.

[Juliette Tive-Hive](#)

## **Bee Netball**

***Year 2: Mondays 3.30pm - 4.00pm***

***Free of charge***

Bee Netball is a friendly, high-energy and carefully designed programme for pupils at the beginning of their team sport journey. It is designed to introduce younger pupils to the key netball skills such as: throwing, catching, footwork and shooting, which will help them to understand and play the game.

## **Netball**

***Years 3&4: Mondays 3.45pm - 4.15pm***

***Free of charge***

In Netball Club, pupils look into more detail about the roles and responsibilities of each position, whilst also continuing to develop their basic skill and understanding. In this age group, we play controlled small-sided games to further their knowledge learnt across the year.

## **Minecraft**

**Years 4-6: Mondays 3.45pm - 4.15pm**

**Free of charge**

Create magical worlds using Minecraft in this weekly club. Through technology, we will encourage pupils to solve problems and work collaboratively.

## **Debating**

**Years 4-6 Mondays 3.45pm - 4.15pm**

**Free of charge**

Pupils are encouraged to join the exciting Debating Club to embark on a journey of critical thinking and persuasive communication! Whether pupils are seasoned debaters or just starting out, this club provides a supportive and engaging environment to develop public speaking skills.

## **Hockey**

**Years 5&6: Mondays 3.45pm - 4.30pm**

**Free of charge**

This club develops hockey skills for children of all abilities, from beginners to those who have been playing a little while. Pupils can learn and improve their stick skills and better understand the joy of the game.

*Note: If pupils have a club starting at 4.15pm, they are still able to attend this by leaving Hockey slightly early. Please contact the Office to book the second club.*

## **Ballet**

**Years 1&2: Mondays 4.00pm - 4.45pm**

**£144 for 9 sessions**

Regal Ballet's team of highly experienced ballerinas are delighted to teach creativity, musicality, fitness, confidence and discipline in a positive, uplifting atmosphere. This club offers pupils the chance to develop their talents and focus, which helps them succeed in both their sporting and academic lives. Most importantly it is a class to look forward to and enjoy each week!

In the Summer Term, those that have attended the club throughout the year will have the option to take part in an end of year performance in a theatre. Therefore, you are encouraged to become a regular member of this club.

*Confirmed dates for the performance are: Saturday 11 and Sunday 12 May (Finchley Arts Depot). Details to follow in the Spring Term regarding costumes and tickets.*

<https://www.regalballet.com/>

## **Gymnastics**

**Year 2: Mondays 4.15pm - 4.45pm**

**£76.50 for 9 sessions**

Learn and improve gymnastics skills in a fun and motivational space. With a strong focus on floor abilities, pupils will explore and perfect gymnastic technique to help them engage and retain transferable skills.

[Juliette Tive-Hive](#)

## Science

**Years 3-6: Mondays 4.15pm - 5.15pm**

**£171 for 9 sessions**

Little House of Science's mission is to make science fun and exciting for children and help contribute to their understanding of how nature and the world around them work. Each project-based lesson introduces pupils to a new scientific concept or idea in a simplified and an age-adjusted way.

During our workshops, pupils are encouraged to ask questions, perform investigations, get familiar with the scientific vocabulary and ultimately learn to apply problem-solving skills. Our materials are thoughtfully designed to include colourful notes for the pupils as well as supportive notes for the parents to keep them informed on what they have learned at each workshop. As a result, parents are given a chance to discuss, reference and ask questions about the topic in day-to-day conversations which assists in reinforcing the learning process.

### Spring Term topics include:

- The Secret Life of Fish
- How Vera Rubin Discovered the Dark Matter
- Why Wasps Love Figs: Let's Learn about Symbiotic Relationships
- Our Brilliant Sun: From Fire to Fusion
- First Navigators: Polynesian Wayfinders, Vikings, Ancient Greeks and more
- How do Helicopters Fly? How do Scientists get Inspiration from Dragonflies?
- Platypuses: the Most Mysterious Animals
- Famous Greeks – Archimedes and the Golden Crown
- Our Brilliant Sun: From Fire to Fusion

<https://www.littlehouseofscience.com/>

## Coding

**Years 3&4: Mondays 4.15pm - 5.15pm**

**£148.50 for 9 sessions**

In this Coding club, pupils will learn how to code using the CoSpaces platform, which allows them to get really creative in an interactive 3D environment. Pupils will be able to add in hundreds of different characters and build anything their imagination desires. Alongside the creativity that CoSpaces allows, they will be learning how to code each using CoBlocks (a language similar to that of Scratch).

*Note: this club is open to all abilities.*

[www.cyphercoders.com](http://www.cyphercoders.com)



# Tuesday

## **Yoga**

***Years 2-5: Tuesdays 7.45am - 8.15am***

***£72 for 9 sessions***

Yoga lessons with Peaceful Play weaves yoga movements together with breathing exercises, relaxation and mindfulness. We use fun, games and laughter to learn! Children's balance, physical awareness and self-confidence all improve with regular yoga practice. Together we also explore ways to recognise and manage big emotions such as anxiety, fear and frustration, as well as taking time out of our everyday busy-ness to start the day with a few minutes of relaxation and stillness.

[www.peacefulplay.co.uk](http://www.peacefulplay.co.uk)

## **Cross Country**

***Years 5&6: Tuesdays 8.00am - 8.25am***

***Free of charge***

In Cross Country Club, the focus is on muscular endurance and cardiovascular fitness. Pupils will begin to learn how to pace themselves and understand why it is important in long distance running. Whilst they speed around the paths of Waterlow Park, pupils will discover that Cross Country can be FUN and long distance running doesn't have to be boring!

*Note: pupils are to meet in the Pavilion at 7.55am.*

## **Seasonal Card Making**

***Years 1&2: Tuesdays 11.30am - 12.00pm***

***Free of charge***

In this club, pupils can be as creative as they like by making cards to mark the seasons and events during the year. Pupils are challenged to think carefully about their designs and who their cards are for.

## **Jigsaw Puzzles**

**Years 1&2: Tuesdays 11.30am - 12.00pm**

**Free of charge**

In Jigsaw Puzzle Club, pupils work independently, as well as part of a team, to complete jigsaw puzzles. Puzzles are a great hobby to work on problem-solving skills and feel a sense of achievement when finally completing!

## **Mindfulness Drawing**

**Years 3&4: Tuesdays 12.30pm - 1.00pm**

**Free of charge**

Whilst drawing whatever comes to mind, pupils will be listening to relaxing music and sounds to switch off from the outside. This club is all about pupils expressing themselves on paper.

## **Bibliobuzz Award Reading Group**

**Years 5&6: Tuesdays 12.30pm - 1.00pm**

**Free of charge**

Six awesome books to read, discuss and vote for. The club will end with a day trip to Alexandra Palace for workshops with the authors and the final Bibliobuzz award ceremony.

## **Football Squad**

**Years 6: Tuesdays 12.30pm - 1.00pm**

**Free of charge**

This club will focus on developing the key skills required to be able to compete in external competitions and tournaments.

*Note: Those who took part in this squad in the Autumn Term have been automatically added to the list for the Spring Term.*

## **Spears Choir**

**Years 4-6: Tuesdays 1.00pm - 1.30pm**

**Free of charge**

This weekly choir is focused on singing in harmony. As well as numerous performance opportunities in school, the choir are invited to sing twice a year at Rosslyn Hill Chapel.

*Note: Those who took part in this ensemble in the Autumn Term have been automatically added to the list for the Spring Term.*

## **Ballet**

**Reception: Tuesdays 3.30pm - 4.00pm**

**£144 for 9 sessions**

Regal Ballet's team of highly experienced ballerinas are delighted to teach creativity, musicality, fitness, confidence and discipline in a positive, uplifting atmosphere. This club offers pupils the chance to develop their talents and focus, which helps them succeed in both their sporting and academic lives. Most importantly it is a class to look forward to and enjoy each week!



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<https://www.regalballet.com/>

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**Years 1&2: Tuesdays 3.30pm - 4.30pm**

**£171 for 9 sessions**

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- How do Helicopters Fly? How do Scientists get Inspiration from Dragonflies?
- Platypuses: the Most Mysterious Animals
- Famous Greeks – Archimedes and the Golden Crown
- Our Brilliant Sun: From Fire to Fusion

<https://www.littlehouseofscience.com/>

## Virtual Reality

**Years 1&2: Tuesdays 3.30pm - 4.30pm**

**£162 for 9 sessions**

In Virtual Reality Design Club, pupils jump into the developer seat. They build skills that empower them to design and create anything in their imagination. From designing 3D tree houses and interactive mazes, to creating 3D works of art or even an entire solar system! They get to harness technology to explore their creativity in a whole new way.

Pupils get to:

- Develop and hone spatial awareness and reasoning, independent thinking, communication, digital literacy and CAD skills (Computer Aided Design).
- Gain the confidence to program different digital projects, from games and stories to understanding algorithms.

- Experience augmented reality through VR headsets and Merge Cubes!

<https://www.buildingimagination.co.uk/>

## **Minimus**

**Years 5&6: Tuesdays 3.45pm - 4.15pm**

**Free of charge**

Minimus Club is an exciting club for Years 5-6 who are interested in history, myth and languages. Using the popular 'Minimus' course written by Barbara Bell and illustrated by Helen Forte, pupils will learn Latin by exploring the lives of a real family who lived in Roman Britain at the fort of Vindolanda. Pupils will learn how ancient languages worked, develop a strong foundation of knowledge of the Latin language, as well as investigate life in Roman Britain and the vivid world of Roman myths. This club is run by Year 12 Senior School pupils, supported by Senior School teachers.

*Note: This club takes place at the Senior School where some pupils from our partnership schools will join. The club will run for a 6-week block (running from Wednesday 24 January - Wednesday 6 March). Pupils will be escorted by Junior School staff over the road, but they must be collected from the Senior School at the end of the club. They will be unable to return to the Junior School at 4.15pm.*

## **Engineer and Explore**

**Years 3&4: Tuesdays 3.45pm - 4.45pm**

**£126 for 9 sessions**

Engineer and Explore uses hands-on tools to master engineering! From motorised Lego and toothpick Design into Magnetic mazes and self-powered dragster car!

*Note: Pupils from local partnership schools come to Channing to join in with this club.*

<https://ibrickuk.com/>

## **Gymnastics**

**Years 3&4: Tuesdays 3.45pm - 4.30pm**

**£90 for 9 sessions**

Learn and improve gymnastics skills in a fun and motivational space. With a strong focus on floor abilities, children will explore and perfect gymnastic technique to help them engage and retain transferable skills.

[Juliette Tive-Hive](#)

## **Arts & Crafts**

**Years 3-6: Tuesdays 3.45pm - 4.15pm**

**Free of charge**

This term, Arts & Crafts Club will be focusing on the delicate skills of silk painting. Based on a theme, we will be designing and creating a unique silk painting using silk, gutta outliner and silk paints.

## **Brass Ensemble**

**Years 3-6: Tuesdays 3.45pm - 4.15pm**

**Free of charge**

Weekly brass ensemble rehearsals allow children of Grade I standard and above to hone their group playing skills, explore a range of repertoire and enjoy performance opportunities throughout the year.

*Note: Those who took part in this ensemble in the Autumn Term have been automatically added to the list for the Spring Term.*

# Wednesday



## **Choir**

***Years 3&4: Wednesdays 8.00am - 8.25am***

***Free of charge***

All pupils who enjoy singing are encouraged to join Channing's Year 3 and 4 choir.

## **Gardening**

***Years 1-6: Wednesdays 10.00am - 10.30am***

***Free of charge***

Gardening Club will focus on a range of planting and activities around our wonderful garden, but the emphasis will be on kitchen gardening. As such, our club will be taking place during first break-time. This will allow the opportunity to gather edible crops at the right time to be used in our school kitchen. This helps our pupils learn more about the link between plants and our food supply, potentially try new foods and also supports our Sustainability aims.

*Note: Our activities are weather dependent and may have to be postponed if 'wet play' is called.*

## **Recorder**

***Year 2: Wednesdays 11.30am - 12.00pm***

***Free of charge***

This term, Record Club will be available as a small group lesson. The aim is for pupils to gain more experience of woodwind instruments, through playing this instrument.

## **Disney**

***Years 1&2: Wednesdays 11.30am - 12.00pm***

***Free of charge***

In this club, pupils will have fun exploring the world of Disney. They will take part in drawing and colouring their favourite Disney characters, watching clips from their favourite Disney films, dance to their favourite Disney songs and even learn Disney Just Dance routines.

## **Board Games**

***Years 1&2: Wednesdays 11.30am - 12.00pm***

***Free of charge***

Pupils will be able to enjoy a range of board games, playing in small groups. We will be practising taking turns, sharing, following instructions and being kind to one another. Roll the dice and take a chance!

## **Origami**

***Years 3-6: Wednesdays 12.30pm - 1.00pm***

***Free of charge***

Pupils will learn about the ancient Japanese art of paper folding and use a single square of paper to make wonderful animals, birds and flowers. Not only is origami fun, but it helps manual dexterity and promotes relaxation.

## **Lights, Camera, Act! Dynamic Duologues**

***Years 3-6: Wednesdays 12.30pm - 1.00pm***

***Free of charge***

Pupils will continue to work on their improvisation and performance skills in Lights, Camera, Act! The workshops will include actor warm-ups, tips on line learning and ideas for character development. They will work in partners on duologue scripts, with time given to rehearse and perform back in front of their friends.

## **Mariachi Band**

***Years 5&6: Wednesdays 12.30pm - 1.00pm***

***Free of charge***

Channing's Mariachi Band will explore the sunny sound of Mexico! Pupils will learn traditional tunes and prepare for performance opportunities throughout the year. Mariachi Band will feature a range of instruments: harp, trumpet, clarinet, double bass, saxophone, violin, flute and guitar!

*Note: Those who took part in this ensemble in the Autumn Term have been automatically added to the list for the Spring Term.*

## **Storytime**

***Reception: Wednesdays 3.30pm - 4.00pm***

***Free of charge***

During Storytime Club, pupils will read a selection of children's books together and will explore important themes such as friendship, kindness, and generosity.

## **Adventure Playground**

***Reception & Year 1: Wednesdays 3.30pm - 4.00pm***

***Free of charge***

The aim of Adventure Playground Club is for pupils to play confidently and safely on the different pieces of equipment. Additionally, they will work on developing their social skills by playing together, solving problems and taking turns.

## **Paper Crafts**

***Years 1&2: Wednesdays 3.30pm - 4.00pm***

***Free of charge***

Pupils are encouraged to develop their imagination and improve their craft skills in Paper Craft Club. In the club, pupils will make simple crafts using paper, such as paper chains, wreaths, puppets and weaving. Where possible, we will be using recycled paper and junk modelling for our projects.

## **Mini Team Games**

***Years 1&2 Wednesdays 3.30pm - 4.00pm***

***Free of charge***

In Mini Team Games, pupils will take part in different activities and games each week, developing fine and gross motor skills, coordination, teamwork and communication.

## **Chess**

***Years 1&2: Wednesdays 3.30pm - 4.00pm***

***£144 for 9 sessions***

Chess Club is open to all levels of abilities – from complete beginners to competitive players. The coaches will teach strategy and tactics and there will be opportunities to compete in tournaments.

Chess has been found to provide many benefits to children. It helps improve concentration, it develops creativity and strategic thinking, and it also teaches responsibility. Our coaches inspire children with a sense of sportsmanship which is important in all areas of children's life.

[www.wallacechess.com](http://www.wallacechess.com)

## **Karate**

***Years 1&2: Wednesdays 3.30pm - 4.15pm***

***£88 for 8 sessions***

In this club, pupils can improve their health and fitness in our fun yet focused classes, whilst also learning Japanese karate terminology. Karate is a multi-disciplinary sport that increases confidence, self-awareness and discipline in all aspects of their life, from school through to the workplace.

Learning the style of Wado-Ryu, which means the style of the way to harmony, lessons will focus on dodging or controlling the opponent's attack for self-protection.

Pupils will have the opportunity to partake in a grading system (optional) where they will receive a belt and certificate upon successful completion. Participation is invite only.

[Devini Patel](#)

## **Hockey**

**Years 3&4: Wednesdays 3.45pm - 4.15pm**

**Free of charge**

Hockey Club develops hockey skills for children of all abilities, from beginners to those who have been playing a little while. Pupils can learn and improve their stick skills and better understand the joy of the game.

## **Samba**

**Years 4&5: Wednesdays 3.45pm - 4.15pm**

**Free of charge**

In this club, pupils will play the rhythms of Brazil with pupils from our partnership schools! All pupils need to be able to do is count to 8 and feel the beat!

## **Book Club**

**Years 3-6: Wednesdays 3.45pm - 4.15pm**

**Free of charge**

In this club, pupils have the opportunity to join a group of budding bibliophiles that will delve into a diverse selection of books, which will foster literacy skills, a sense of community and curiosity!

## **Cartoon Drawing**

**Years 3-6: Wednesdays 3.45pm - 4.15pm**

**Free of charge**

In this club, pupils will learn the art of cartooning. They will create colourful characters, and learn the fundamentals of drawing, storytelling, and character design.

## **Origami**

**Years 4-6: Wednesdays 3.45pm - 4.15pm**

**Free of charge**

Pupils will enjoy making a range of creative and interesting sculptures, puppets, animals and flowers using traditional and contemporary paper folding techniques

## **Football**

**Years 5&6: Wednesdays 3.45pm - 4.30pm**

**Free of charge**

With the continued success of the England Women's Team, there is not a better time to get involved in football. The aim of Football Club is for pupils to have fun whilst developing their understanding of the rules. This club will allow pupils to take part in small-sided friendly games against their peers.

*Note: If pupils have a club starting at 4.15pm, they are still able to attend this by leaving Football slightly early. Please contact the Office to book the second club.*

## **Science**

**Years 5&6: Wednesdays 4.05pm - 4.45pm**

**Free of charge**

Science Club club is an excellent way for pupils to engage with science outside of the curriculum. They will take part in fun hands-on activities and practical experiments in a science laboratory. Pupils will learn how

to safely conduct themselves in a laboratory and complete experiments such as flame tests, building circuits, and dissections.

*Note: This club takes place at the Senior School where some pupils from our partnership schools will join. The club will run for a 6-week block (running from Wednesday 24 January - Wednesday 6 March). Pupils will be escorted by Junior School staff over the road, but they must be collected from the Senior School at the end of the club. They will be unable to return to the Junior School at 4.45pm.*

## **Problem Solving**

**Years 5&6: Wednesdays 4.05pm - 4.45pm**

**Free of charge**

In this club, Year 12 Channing student volunteers work with Year 5 and 6 pupils from the Junior School and partnership schools to help them develop their problem-solving skills and boost their self-confidence. Year 12 students design and deliver the lessons with the supervision of a Channing Mathematics teacher.

*Note: This club takes place at the Senior School where some pupils from our partnership schools will join. The club will run for a 6-week block (running from Wednesday 24 January - Wednesday 6 March). Pupils will be escorted by Junior School staff over the road, but they must be collected from the Senior School at the end of the club. They will be unable to return to the Junior School at 4.45pm.*

## **Multisports**

**Years 3&4: Wednesdays 4.15pm - 5.15pm**

**£108 for 9 sessions**

Multisports Club aims to provide pupils the opportunity of trying sports they may not know, learning the basics and ending with match-play. All of this while making sure it is fun and active, and incorporates the much loved warm-up games and challenges along the way.

Autumn Term activities will consist of 2 or 3 week blocks of the following: Hockey, Basketball, Rugby and Dodgeball

*Note: Pupils from local partnership schools come to Channing to join in with this club.*

<https://activedaycamps.com/>

## **Chess**

**Years 3-6: Wednesdays 4.15pm - 4.45pm**

**£144 for 9 sessions**

Chess Club is open to all levels of abilities – from complete beginners to competitive players. The coaches will teach strategy and tactics and there will be opportunities to compete in tournaments.

Chess has been found to provide many benefits to children. It helps improve concentration, it develops creativity and strategic thinking, and it also teaches responsibility. Our coaches inspire children with a sense of sportsmanship which is important in all areas of children's life.

[www.wallacechess.com](http://www.wallacechess.com)

## **Virtual Reality**

**Years 3-6: Wednesdays 4.15pm - 5.15pm**

**£162 for 9 sessions**

In Virtual Reality Design Club, pupils jump into the developer seat. They build skills that empower them to design and create anything in their imagination. From designing 3D tree houses and interactive mazes, to

creating 3D works of art or even an entire solar system! They get to harness technology to explore their creativity in a whole new way.

Pupils get to:

- Develop and hone spatial awareness and reasoning, independent thinking, communication, digital literacy and CAD skills (Computer Aided Design).
- Gain the confidence to program different digital projects, from games and stories to understanding algorithms.
- Experience augmented reality through VR headsets and Merge Cubes!

<https://www.buildingimagination.co.uk/>





# Thursday

## **Swim Squad**

### **Poolside Manor**

***Years 5&6: Thursdays 7.00am - 8.45am***

***Free of charge***

In Swim Squad, pupils will focus on their muscular endurance and cardiovascular fitness. They will learn techniques for multiple strokes, as well as the rules of competitive swimming. Pupils will need to be dropped at Poolside manor for their 45 minute swim and will be brought back to school by the PE team, ready to start their day's lessons.

*Note: This squad is invite-only. Those who took part in this squad in the Autumn Term have been automatically added to the list for the Spring Term.*

## **Gardening**

***Years 1-6: Thursdays 10.00am - 10.30am***

***Free of charge***

Gardening Club will focus on a range of planting and activities around our wonderful garden, but the emphasis will be on kitchen gardening. As such, our club will be taking place during first break-time. This will allow the opportunity to gather edible crops at the right time to be used in our school kitchen. This helps our pupils learn more about the link between plants and our food supply, potentially try new foods and also supports our Sustainability aims.

*Note: Our activities are weather dependent and may have to be postponed if 'wet play' is called.*

## **Hama Beads**

**Years 1&2: Thursdays 11.30am -12.00pm**

**Free of charge**

Hama beads are the perfect way to create brilliant designs and decorations. Pupils are encouraged to join Hama Bead Club to explore patterns and colours using the beads to make lots of lovely projects.

## **Choir**

**Years 1&2: Thursdays 11.30am - 12.00pm**

**Free of charge**

This small Years 1 and 2 choir is designed to stretch pupils' singing skills.

*Note: Due to popular demand, this club will be open to sign up termly so that other pupils have the opportunity to join.*

## **Training String Orchestra**

**Years 3-6: Thursdays 12.30pm - 1.00pm**

**Free of charge**

String players are invited to join this club so that they can enjoy rehearsing in their first orchestra. Pupils will explore learning how to play in parts, and explore a range of repertoire for performance opportunities throughout the year.

*Note: Those who took part in this ensemble in the Autumn Term have been automatically added to the list for the Spring Term.*

## **Football Squad**

**Years 5: Tuesdays 12.30pm - 1.00pm**

**Free of charge**

This club will focus on developing the key skills required to be able to compete in external competitions and tournaments.

*Note: This squad is invite-only. Those who took part in this squad in the Autumn Term have been automatically added to the list for the Spring Term.*

## **General Knowledge Quiz**

**Years 4-6: Thursdays 12.30pm - 1.00pm**

**Free of charge**

From capital cities to planets of the solar system, World Cup winners to kings and queens, this club will allow pupils to flex and develop their general knowledge skills whilst exploring interesting and unusual facts from around the world.

## **Construction**

**Reception: Thursdays 3.30pm - 4.00pm**

**Free of charge**

This fun and creative club encourages pupils to design their own engineering projects. Pupils will be given the opportunity to build and construct different items, thus developing their knowledge of STEM.

## **Mini Hockey**

***Years 1&2: Thursdays 3.30pm - 4.00pm***

***Free of charge***

Mini Hockey Club develops hockey skills for children of all abilities, from beginners to those who have been playing a little while. Pupils can learn and improve their stick skills and better understand the joy of the game.

## **Nature**

***Years 1&2: Thursdays 3.30pm - 4.00pm***

***Free of charge***

Nature Club will continue to work towards gaining their RSPB Wild Challenge Silver award. Pupils that love being outdoors, are welcome to join this club to explore the world of plants, animals and insects. Over the term, we will be discovering the various wildlife that inhabit our school grounds, providing them with homes, and finding out how plants and animals adapt to the changing seasons.

## **TTRockstar Legends**

***Year 2: Thursdays 3.30pm - 4.00pm***

***Free of charge***

TTRockstar Legends Club provides pupils with the opportunity to participate in fun competitions with each other whilst honing those important maths skills. Through the use of the TTRockstars app, pupils will refine their multiplication and division abilities and elevate their comprehension and mastery of multiplication facts.

## **Cheerleading**

***Years 1&2: Thursdays 3.30pm - 4.00pm***

***£96 for 8 sessions***

LDCA are very excited to bring the fun of Cheerleading to the Key Stage 1 girls at Channing Junior school. In this club, pupils will learn how to stunt, tumble, dance and cheer like the amazing Junior School Cheerleading Squad. Any pupil in Key Stage 1 is welcome to sign up to the club and learn about Cheerleading. The focus of the class is on personal development of new skills and learning how to work in a team.

## **Tennis**

***Years 1&2: Thursdays 3.30pm - 4.00pm***

***£63 for 9 sessions***

Tennis Club aims to develop pupils' racket skills, footwork skills, develop the main shots (forehand, backhand, volley and serve) and on the main game situations (rally, attack and defend). Most importantly, pupils will have lots of fun too!

<https://clubspark.lta.org.uk/LucyDeanTennis>

## **Scratch Art**

***Years 3-6: Thursdays 3.45pm - 4.15pm***

***Free of charge***

Joining this club will help pupils to enjoy learning Scratch Art. The technique behind Scratch Art is to use a special tool to scratch through a dark card and create colourful stencil drawings, landscapes, bookmarks and more!

## **Touch-typing**

**Years 3-6: Thursdays 3.45pm - 4.15pm**

**Free of charge**

Pupils will have the chance to enjoy improving their touch-typing skills through a variety of websites, where games, practise and exciting challenges support and enhance their keyboard skills.

## **Knitting**

**Years 4-6: Thursdays 3.45pm - 4.15pm**

**Free of charge**

Learn or improve a new skill. Knitting is said to be one of the most relaxing and calming activities you can do as it reduces the stresses of the day in a practical way. Knitting helps stimulate the brain, keep focus and improve your memory. It is also a social club where we have a little natter and get to know new people.

## **German**

**Years 5&6: Thursdays 3.50pm - 4.30pm**

**Free of charge**

**Senior School partnerships**

In German Club, pupils will join Year 8 students to sing, dance, play, bake and discover one of the languages they can choose in Year 7 at the Senior School.

*Note: This club takes place at the Senior School where some pupils from our partnership schools will join. The club will run for a 6-week block (running from Wednesday 24 January - Wednesday 6 March). Pupils will be escorted by Junior School staff over the road, but they must be collected from the Senior School at the end of the club. They will be unable to return to the Junior School at 4.30pm.*

## **Netball**

**Years 5&6: Thursdays 3.45pm - 4.30pm**

**Free of charge**

In Netball Club, pupils look into more detail about the roles and responsibilities of each position, whilst also continuing to develop their basic skill and understanding. In this age group, we play controlled small-sided games to further their knowledge learnt across the year.

*Note: If pupils have a club starting at 4.15pm, they are still able to attend this by leaving Netball slightly early. Please contact the Office to book the second club.*

## **Football**

**Years 1&2: Thursdays 4.00pm - 4.30pm**

**Free of charge**

SFC looks to provide inclusive football training to all abilities and levels, ensuring the sessions are tailored and fun whilst looking to improve the players individually and collectively as teams.

The sessions will include a quick dribbling warm up game and consist of a technical focus each week, before finishing the session with a match. Each session will be as engaging as possible to help nurture and develop pupils' football skills and talents.

<https://www.sfcacademy.com/>

## Coding

**Years 1&2: Thursdays 4.00pm - 4.45pm**

**£126 for 9 sessions**

In this Cypher Coders Micro/Kilo club, pupils will continue learning the basics of computer programming through a mixture of online and offline activities. Pupils will explore algorithms, sequences and loops all while completing simple code to create their own games.

*Note: all abilities are welcome to join this club.*

[www.cyphercoders.com](http://www.cyphercoders.com)

## Tennis

**Years 3&4: Thursdays 4.15pm - 5.00pm**

**£90 for 9 sessions**

Tennis Club aims to develop pupils' racket skills, footwork skills, develop the main shots (forehand, backhand, volley and serve) and on the main game situations (rally, attack and defend). Most importantly, pupils will have lots of fun too!

<https://clubspark.lta.org.uk/LucyDeanTennis>

## Cooking

**Years 3-5: Thursdays 4.15pm - 5.30pm**

**£179 for 9 sessions**

Cooking is fun! There are things to squeeze, knead, squirt, whisk, slice, grate and dice ... and that's before we get to enjoy the results.

There are many things that pupils can learn from cooking classes. They learn to follow recipes, to think ahead, weigh things accurately, chop things evenly and act sensibly around sharp knives and hot stoves. They learn creativity; when you can improvise with a recipe and when you can't, and they learn to eat things that they think they don't like (because everything tastes better when you've made it yourself). And most of all, they learn that good, nutritious food is easy to make and completely delicious, and that cooking together leads to making new friends.

This term, on the menu is:

- Asian noodle salad
- Chocolate chip cookies
- Fajitas
- Portuguese custard tarts
- Roast veg and halloumi kebabs
- Lemon and lime polenta cake
- Spinach and Ricotta Lasagne
- Eve's Pudding
- Irish Soda Bread

The cost of the club includes all ingredients and equipment. All the food pupils made can be taken home to enjoy, as well as the fabulous recipes, which can be made again and again!

*Note: Rookie Cooks is meat-free and nut-free and includes a FREE Rookie Cooks apron to wear.*

## **Street Dance**

**Years 3-6: Thursdays 4.15pm - 5.15pm**

**£105.60 for 8 sessions**

In this class, the choreography has been designed to build confidence. Our learning outcome is to develop new moves, expressing pupils' personalities through street dance techniques, which include areas of break dancing, hip hop and old school technique.

<https://ldcacademy.co.uk/join-now/>

## **M:Tech**

**Years 3-6: Thursdays 4.15pm - 5.15pm**

**£180 for 9 sessions**

M:Tech is an extracurricular music technology and creative composition course for children aged 7-13. They teach the fundamentals of music composition theory, with young learners composing soundtracks to fun and engaging multimedia projects, such as film trailers and TV adverts.

This term, pupils will be working on Project HOLLYWOOD: Lights, camera, action! It's time to go behind the scenes of the biggest blockbuster movies, discovering how sound and music is made for the latest Hollywood hits! Compose amazing music and create jaw dropping sound effects as they become a superstar composer in... Project Hollywood! After completing a term of lessons, learners will have created and completed their own unique piece of music to add to their growing M:Tech portfolio. This is sent home and certificates are awarded to mark their improvement and progress on the M:Tech course. Participation on the M:Tech course also now includes access to the new 'MyMTech' home platform, where learners can develop their ideas, skills and create music at home.

*Note: M:Tech shares pupil's finished projects with parents/guardians. By signing up, you consent to sharing your contact details with M:Tech through Channing Junior School.*

[www.mtechonline.co.uk](http://www.mtechonline.co.uk)

# Friday



## **Cheerleading**

**Years 3-6: Fridays 7.30am - 8.15am**

***£105.60 for 8 sessions (Additional sessions may be added in order to prepare for competitions. This will be at an additional cost.)***

London Dance and Cheer Academy is London's only school cheerleading league. School teams compete three times per year to win our league title. Classes include stunting, dancing and tumbling, putting together a routine to be performed in our spring and summer competition with a 'pyramid-off' party held at Christmas.

**Important competition dates: Tuesday 30 April (evening) and Sunday 30 June (AM).**

At LDCA, we believe cheerleading is for everyone and strive to create an inclusive, supportive environment where individuals feel safe, supported and empowered by their teammates.

<https://ldcacademy.co.uk/join-now/>

## **Piano Trio**

**Year 6: Fridays 10.00am - 10.30am**

***Free of charge***

In this club, pupils will learn chamber music skills.

*Note: Those who took part in this ensemble in the Autumn Term have been automatically added to the list for the Spring Term..*

## **Lego**

**Years 1&2: Fridays 11.30am - 12.00pm**

***Free of charge***

Pupils are welcome to join Lego Club where they will be able to create and modify their own individual design using an extensive range of Lego. Pupils will have fun creating their own wonderful Lego creations and will write a small blurb about it for display.

## **Zumba**

**Years 3-6: Fridays 12.30pm - 1.00pm**

**Free of charge**

Pupils will be joining an ultimate fitness party, which combines elements of dance and aerobics with their favourite music accompaniment. They will move, listen to the rhythm, exercise their bodies, and improve their health. Zumba is about feeling fearless on the dance floor, reinforcing the idea that it's okay to just be yourself and dance like no one's watching!

## **Folk Band**

**Years 3-6: Fridays 12.30pm - 1.00pm**

**Free of charge**

In this club, pupils will explore the rich world of the folk music of Great Britain. All instrumentalists are welcome to join their first band.

*Note: Those who took part in this ensemble in the Autumn Term have been automatically added to the list for the Spring Term.*

## **Creative Writing**

**Years 4-6: Fridays 12.30pm - 1.00pm**

**Free of charge**

Creative Writing Club is a place for pupils to experiment with a variety of genres and forms of writing. Using themes or prompts to inspire, pupils can enjoy being an author, taking ownership of their stories and developing their creative writing skills. Pupils will have opportunities to collaborate with a friend, or work independently! We'll make time to share our writing and support each other's creative talents!

## **Guitar Ensemble**

**Years 3-6: Fridays 1.00pm - 1.30pm**

**Free of charge**

Guitar players from beginner to Grade 1 are encouraged to sign up to play their guitar with others. In Guitar Ensemble, pupils will explore a varied range of beautiful repertoire and prepare for performance opportunities throughout the year.

*Note: Those who took part in this ensemble in the Autumn Term have been automatically added to the list for the Spring Term.*

## **Multisports**

**Years 1&2: Fridays 3.15pm - 4.15pm**

**£108 for 9 sessions**

Multisports Club aims to provide pupils the opportunity of trying sports they may not know, learning the basics and ending with match-play. All of this while making sure it is fun and active, and incorporates the much loved warm-up games and challenges along the way.

Autumn Term activities will consist of 2 or 3 week blocks of the following: Hockey, Basketball, Rugby and Dodgeball

<https://activedaycamps.com/>



## **Football**

***Years 3&4: Fridays 3.30pm - 4.15pm***

***Free of charge***

SFC looks to provide inclusive football training to all abilities and levels, ensuring the sessions are tailored and fun whilst looking to improve the players individually and collectively as teams.

The sessions will include a quick dribbling warm up game and consist of a technical focus each week, before finishing the session with a match. Each session will be as engaging as possible to help nurture and develop pupils' football skills and talents.

<https://www.sfcacademy.com/>

## **Karate**

***Years 3-6: Fridays 3.30pm - 4.15pm***

***£88 for 8 sessions***

In this club, pupils can improve their health and fitness in our fun yet focused classes, whilst also learning Japanese karate terminology. Karate is a multi-disciplinary sport that increases confidence, self-awareness and discipline in all aspects of their life, from school through to the workplace.

Learning the style of Wado-Ryu, which means the style of the way to harmony, lessons will focus on dodging or controlling the opponent's attack for self-protection.

Pupils will have the opportunity to partake in a grading system (optional) where they will receive a belt and certificate upon successful completion. Participation is invite only.

[Devini Patel](#)