



Dear Parents

It was an absolute delight to have the whole Senior School reunited in assembly on Tuesday morning, having last seen each other on 30 January (!) before the Year 11 and 13 mocks took over the Sports Hall. As you may imagine, I had been pondering long and hard what insightful topic I might discuss or what pearls of knowledge I might share to bring us all back together and inspire us for the remaining four weeks of term. On a serious note, should I highlight developments on the world stage in the weeks we had been apart, for example marking two years of war in Ukraine or discussing the ongoing conflict in Gaza? Or perhaps try something motivational in the wake of mocks, thinking about reactions to exam results?

Then I dropped into the Economics Society talk on Monday lunchtime, where Paul Johnson, Director at the Institute of Fiscal Studies, came in to share some of the contents of his Sunday Times bestseller, *Follow the Money*. His eye-opening and frankly disturbing analysis of the state of our public finances and national economy had me reaching for the chocolate - if I tell you that he had not one but two slides entitled 'Demographic Graph of Doom', you'll get the picture!

And it also gave me the answer to the question of what to discuss in assembly: perspective.

I went back to one of my favourite assemblies, which I first gave more than a decade and three schools ago. I have shared it once already at Channing, just over two years ago, and gambled that no-one would remember (so kudos to Mr Murphy, who spotted the video and thought he had seen it before!).

I started with *The Hitchhiker's Guide to the Galaxy* by Douglas Adams - a must-read and if you haven't done so, please [read it now!](#) The story centres around an Earthman, Arthur Dent, who is one of just a handful of survivors who remain when the planet is demolished to make way for a hyperspace bypass. In the story, Earth is described as 'an utterly insignificant blue/green planet' orbiting a 'small, unregarded sun at the unfashionable end of the western spiral arm of the galaxy'. Indeed, the entry for 'Earth' in the *Hitchhiker's Guide* itself is simply 'Mostly Harmless'.

Developing the idea that Earth might not be the centre of the universe, I put up the image of the [Pale Blue Dot](#), the name given to a photograph taken by the space probe Voyager 1 in 1990, at the suggestion of Carl Sagan, American astronomer, astrophysicist and astrobiologist. When the photograph was taken, Voyager 1 was about 6 billion kilometres away from the Earth. The pale blue dot of our planet is almost impossible to see. Sagan went on to write a book called *Pale Blue Dot*, in which he wrote:

'Look again at that dot. That's here. That's home. That's us. On it . . . everyone you ever heard of, every human being who ever was, lived out their lives. The aggregate of our joy and suffering, thousands of confident religions, ideologies and economic doctrines, every hunter and forager, every hero and coward, every creator and destroyer of civilization, every king and peasant, every young couple in love, every hopeful child, every mother and father . . . inventor and explorer, every



teacher of morals, every corrupt politician, every “superstar”, every “supreme leader”, every saint and sinner in the history of our species lived there - on a mote of dust, suspended in a sunbeam. The Earth is a very small stage in a vast cosmic arena.’

I think there is no better demonstration of the importance of perspective than this distant image of our tiny world. It reminds us how small we are in comparison to the vastness of the universe. Just as we can hold an orange and know that it is some billion times bigger than just one of the atoms making it up, when we look at the Pale Blue Dot it reminds us that our world, and everything on it and in it, is as miniscule, compared to our solar system, as an atom is to an orange.

To underscore the point I showed the first half of [this video](#). I know that this film can make some people feel insignificant, and that’s my point: in some ways, we are entirely insignificant. Our daily concerns, actions and attitudes have no effect on the orbits of the worlds around our star, and in the grand scope of cosmic history, we are trivial.

However, our insignificance at one scale doesn’t preclude our significance at other scales. Our actions might not have much noticeable effect on planetary orbits, but our actions can have great impact when we help a friend in need, teach someone something new, or brighten someone’s day with a smile or gesture of kindness. The Pale Blue Dot emphasises our responsibility to deal more kindly and compassionately with one another and to preserve and cherish our ‘utterly insignificant blue/green planet’.

As you will see from the news items on the following pages, Channing pupils continue to throw themselves into a huge variety of activities which demonstrate their commitment to their own ambitions as well as supporting the wider school and local community. I couldn’t be prouder of how so many of them conduct themselves and exemplify our Channing values.

However I do have a couple of nags this week: firstly, a perennial reminder that pupils must not bring their own food into school, please. We provide both a snack at break time and a full lunch. Some of our pupils bring in snacks that we have to confiscate because they contain allergens. We are conscious that pupils may want to eat outside as we are heading towards warmer weather in summer and please do reinforce that they are allowed to take snacks and fruit from the dining hall. However, it is crucial that they do not take any food into other buildings to keep the school clean and vermin free. Sixth Formers continue to be allowed to bring snacks to school but they must ensure these are safe and at a very minimum nut-free.

Secondly, we are seeing an increase in non-regulation PE kit around school and I would be grateful if you could ensure that your child has a Channing PE hoodie and either school or plain black tracksuit bottoms for the days they have PE lessons or sports practices. Your help is much appreciated.

Finally, it’s the first day of (meteorological) Spring today - although I wish someone would tell the weather! Dydd Gŵyl Dewi Hapus or Happy St David’s Day to those of you celebrating today.

With best wishes for the weekend,

Mrs Lindsey Hughes
Headmistress

Notices

Channing at St Joseph's Concert, Thursday 14 March

Parents are warmly invited to the Senior School's Channing at St Joseph's event, which will be held in the splendid setting of St Joseph's Church on Thursday 14 March at 7.30pm.

This year's programme of choral and orchestral music includes Bob Chilcott's 'A Little Jazz Mass' and Christina Perri's 'Jar of Hearts', sung by the joint choruses of Cantemus Chorus and Conabor Choir. The Chamber Choir sings Sarah Quartal's 'Songbird' and Cecilia Mc Dowell's 'Would like to meet', with all choirs being accompanied by orchestra. Our Senior String Ensemble will be playing Finzi's 'Romance' and a flute concerto by J S Bach, featuring Emily B on flute. The Symphony Orchestra will frame the concert, opening with the 1st Movement from Sibelius' 2nd Symphony and a lively Danzas Cubanas as a finale!

Please note that if your child is a member of any of the ensembles mentioned above they will be required for the FINAL REHEARSALS and the concert.

FINAL REHEARSALS

Wednesday 13 March 4pm - 6.30pm Founders' Hall
Thursday 14 March 1.40pm - 4.30pm St Joseph's Church

Following the rehearsal on the afternoon of the concert students will not be able to return to school. All performers will be required to return to St Joseph's Church by 7.10pm on the evening of the concert, which should finish by 9pm. Students will be expected to wear Concert Dress unless they are in Year 7, who should wear smart school uniform.

Tickets are priced at £8 for adults (children under the age of 18 are FREE) and are available now by clicking on [this link](#).

Channing Association News

Comedy Night - North London Laughs, Wednesday 20 March

For one night only, Avalon presents a star-studded line-up including GREG DAVIES; ROB DELANEY; ROB DEERING; SARA PASCOE; LOU SANDERS; EMMANUEL SONUBI and JOSH WELLER for a hilarious evening to raise vital funds for Great Ormond Street Hospital. Tickets for North London Laughs charity comedy night are now available to buy here: <https://www.alexandrapalace.com/whats-on/north-london-laughs-2/> - maximum 4 tickets per family.

Doors at 6:30pm for Channing families to have a drink at the bar, before the show starts at 7:30pm, ends at 10pm.

Channing Association Choir

Following the wonderful singing in the Winter Celebration in St Michael's last term, the Channing Association – supported by the Music Department – is very excited to be launching a parent and teacher choir this year, and we need YOU!

The choir is for parents and carers, and will open to all genres of music. Rehearsals will be fortnightly in a local venue TBC on Monday or Tuesday evenings 7-9pm.

If you would like to join the choir or take on the role of accompanist on the piano, please email jschanningassociation@gmail.com to register your interest. Venue and dates to be communicated in due course.

North London Book Fest, Alexandra Palace 21-24 March

We have planned a lively and diverse programme including big names like Natalie Haynes, Robin Ince, Lemony Snicket, Michael Rosen, Costa-winner Stuart Turton, and Peter Hain - but also some exciting debut writers including Leo Vardiashvili who featured on Front Row recently and Jay Owens with *Dust: The Modern World in a Trillion Particles*, revealing the hidden consequences of environmental devastation caused by the relentless pursuit of profit and power.

There will be panels ranging from conversations with parenting experts to an exploration of creativity and AI with Robin Ince and Andy Stanton, plus a special Night of Crime and Thrillers. There will be workshops and talks from some of the very best children's writers.

For 50% off book fest events in the Theatre please use NLBFCLOFF50

For 20% off book fest events in the other spaces please use NLBFCLOFF20

Tickets can be booked via the Alexandra Palace website:

<https://www.alexandrapalace.com/whats-on/north-london-book-festival/>

Peace of Cake gathering, Celebrating International Women's Day Sunday 3 March 2pm – 4pm at Rosslyn Hill Unitarian Chapel

To mark International Women's Day later in the week, Rosslyn Hill Chapel offers an interactive event which brings together speakers from members of the Baha'i, Christian, Jewish and Muslim communities before sharing stories and ideas in small discussion groups. With a chance to make friends and eat cake... And we will be collecting feminine hygiene products to donate to local charities to address period poverty. Guest speakers:

Sanaz Saadat, member of the Baha'i Community

Rev Catriona Laing, Vicar of Emmanuel C of E Church, West Hampstead

Laura Marks CBE, social activist and founder of the Mitzvah Day International charity

Fauzia Saeed from the Muslim World League London Office

For more info and to register: <https://www.rosslynhillchapel.org.uk/event-details/peace-of-cake-gathering>

Upcoming TooledUp Events

Expert online conference: Reaching Girls Early: Proactive Approaches for Mental Health, Appearance Anxiety and Body Dissatisfaction: 26 April 2024, 9.30am

Guest speakers include Dr Sophie Nesbitt, Dr Lucia Giombini, Dr Amita Jassi, Dr Helen Ringrow and Dr Karri Gillespie-Smith.

ABRSM Practical Music Examinations - SUMMER TERM

Peace of Cake gathering
Celebrating International Women's Day
Rosslyn Hill Unitarian Chapel
Hampstead NW3 1NG
Sunday 3 March 2pm – 4pm



To mark International Women's Day later in the week, we offer an interactive event which brings together speakers from members of the Baha'i, Christian, Jewish, Muslim communities then share our stories and ideas in small discussion groups. With a chance to make friends and eat cake... And we will be collecting feminine hygiene products to donate to local charities to address 'period poverty'.

Guest speakers:


- Sanaz Saadat from Camden Baha'i Community
- Rev Catriona Laing, Vicar of Emmanuel C of E Church, West Hampstead
- Laura Marks CBE, social activist and founder of the Mitzvah Day charity
- Fauzia Saeed from the Muslim World League London Office

Book online via the **What's On** section of the Chapel's website or go to: <http://tinyurl.com/WDpeaceofcakeMarch2024>

20th-23rd May 2024 - APPLICATIONS NOW OPEN


We will be holding Summer Term Practical music examinations over two or three days during **20 - 23 May 2024** for candidates in both the Junior and Senior Schools. These examinations are also open to candidates who have practical music tuition outside of school, providing their teacher has stated that they are ready to take an ABRSM Practical examination this term. (Please note: regrettably, Year 6 pupils will be unable to take their examination in the Summer Term, as they are away on a residential trip the week the examinations take place in May.)

We do need parental consent before we enter candidates, therefore parents need to scan the QR code shown and complete the online form by 4pm on Tuesday 19 March at the latest. Regrettably, we will be unable to process late applications.



ABRSM Examinations

Examinations are scheduled to take place during **20th-23rd May 2024**



Please scan the QR code and ask your parents to complete the electronic consent form.

*Consent forms must be submitted by 4pm Tuesday 19th March.
Regrettably, late entries cannot be accepted.*

International Women's Day - Staff Fundraising

Next week, to mark International Women's Day on Friday 8 March, Channing Staff are collectively attempting to cycle 300 miles throughout the day on our static exercise bikes.

We are raising money for our chosen charity, Smart Works, who help give women the confidence they need to reach their full potential, secure employment and change the trajectory of their lives.

If you would like to help us reach our fundraising target, with even a small donation, you can sponsor us [here](https://smartworks.org.uk/) and find out more about Smart Works at <https://smartworks.org.uk/>.





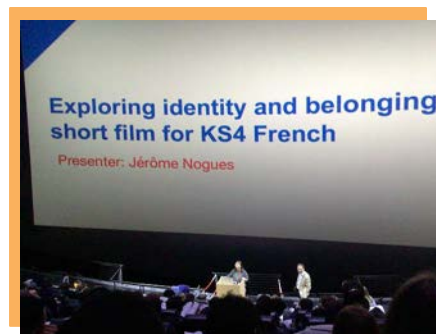
CHANNING

Girls Enjoying Success

MFL News

On Wednesday 21 February, the Year 10 GCSE French students went to the British Film Institute IMAX for a Study Day on identity and culture in French cinema. It was a great opportunity to be able to watch French films on the BFI IMAX, the biggest screen in the UK.

We spent the morning analysing a series of short French films, exploring themes such as stereotyping, gender identity and mental health. Guided by the French presenter, we worked on activities such as identifying the location and main characters of each film, and translating sentences between French and English. As microphones were passed around the audience, we were given chances to openly contribute to the discussion after watching each film. The analysis of the films allowed us to improve our understanding of key ideas and opened our minds to the world of French cinema.



In the afternoon, we enjoyed watching a longer film 'Tomboy'. The film followed a child who was struggling with their gender identity, and the ways in which they tried to express themselves whilst growing up. Watching the film in French, we were able to broaden our knowledge on a concept that isn't regularly explored in the GCSE syllabus. As the study of film is an integral part of A level French studies, the trip to the BFI IMAX meant we gained an insight into what it may be like to study languages at a higher level.

Daisy A, Year 10

Economics News

In the Economics department we hit the ground running the week after Year 13 mocks with a visit from Paul Johnson, Director at the Institute of Fiscal Studies, who came in to discuss some of the contents of his recently released Sunday Times bestseller, "Follow the Money". This was a joint Economics Society and Economics Book Club event under the new leadership team of Alisa K and Tabitha J in Year 12, who have taken over the running of the society from Amelie R (Year 13).



Paul talked through various aspects of recent fiscal policy and gave the pupils an insight into some staggering statistics which uncovered some uncomfortable truths. Most notably Paul highlighted increases in expenditure on the NHS without actually remaining competitive in quality when compared to healthcare systems in the EU and across the pond.

The extremely high turnout of Channing students highlighted the interest our pupils have in current affairs and the quality of questioning indicated how focused they all were during Paul's insightful talk. We were also extremely pleased to have had the company of pupils from St. Aloysius and now look forward to welcoming Paul back to Channing in the near future at a mutually convenient date. We very much hope that the pupils will get another opportunity for deeper fiscal review and analysis with Paul once again.

Year 7 News

On Tuesday morning, a group of Year 7 pupils visited Year 6 at the Junior School to give a presentation on life in the Senior School. They covered many different topics, from all the fun things to expect across the road, to tips on building friendships and managing workload and organisation. During the Q & A afterwards, Year 6 were keen to ask all sorts of questions about iPads, different subjects and, most importantly, break time snacks! We are very much looking forward to them joining us in September and the current Year 7 pupils becoming their Big Siblings.



Music News

Last Friday's Music at Lunchtime was a showcase led by the wonderful Year 12 A level class. The recital kicked off with Simran playing Bach's Partita number 2 on the violin. This unaccompanied performance showed off her talent and started off the concert in style. Next, Hannah took to the stage and played Allegro Moderato, the 1st movement from Sonata in B minor on the piano. This was very well played and she definitely would have made Haydn proud! Natalia followed this with the first movement of Brahms' Violin Sonata in A major. She played this extremely hard piece excellently, and left the audience in awe. Rumour has it Mr Boxall's fingers nearly fell off!



Next, Evie sang 'Losing My Mind' by Sondheim and she certainly made the audience go mad for those vocals. I think we even spotted a tear from Miss Zanardo! Continuing with the musical theatre theme, Eliza sang 'Tonight' by Leonard Bernstein. Eliza lit up the stage and her portrayal of Maria was beautiful. Last but not least, the show was closed by Hannah and Eliza returning to the stage with Georgie singing 'Meet The Plastics' by Nell Benjamin from Mean Girls the Musical. They really embodied the Mean Girls energy through their matching pink outfits and their energetic actions. Their performance was so "fetch!"

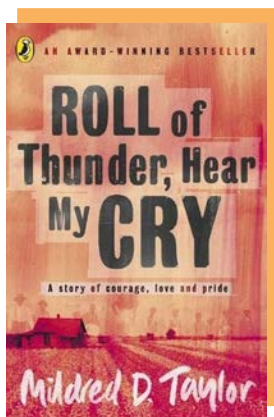
You can listen to this lunchtime performance [HERE](#).

English News

Literary Society

In Literary Society this week, Sixth Form English students welcomed Professor Suzanne Hobson from Queen Mary's University of London, who delivered a lecture on religion and secularism in modernist literature. Her latest book *Unbelief in Interwar Literary Culture: Doubting Moderns*, offers up a fascinating new account of the relationship between literary and secularist networks in interwar Britain. Students explored the role religion plays in novels written by writers and thinkers famously associated with forms of unbelief, such as Virginia Woolf and H.G. Wells.





Year 7

Year 7 started a new text this term, Mildred D Taylor's *Roll of Thunder*, which deals with what life was like in the 1930s in the Deep South of the United States. 7.5 began with some presentations on key elements of segregation: differences in health care, education, the justice system, and, ultimately, life chances, depending on racial background. Ms Wilkinson was impressed with their mature approach to this difficult subject matter and also by how much they have honed their presentation skills over the last few months. We are really looking forward to exploring this important book together.

Art News

Going in search of material and artistic inspiration for part 2 of Year 10's art project 'Structures, Buildings, Environment', we found the perfect exhibition in 'When Forms Come Alive' at the Hayward Gallery. Discarded items, the detritus of human manufacturing was repurposed and reimagined into seemingly living organic matter. Jellyfish danced in a sequence of descending flutters, blown glass had been restricted from expanding freely and evenly by a metallic frame masquerading as a skeletal structure. From tights to old rusty nails and from exercise balls to crochet pendulums it is clear that a creative mind has no limits in inventiveness and ingenuity.

A walk that took us over the Jubilee Bridge, the Millenium Bridge and along the South Bank provided the perfect photo opportunity for students to capture fantastic shots of the city and selected viewpoints. We were fortunate to have the sun shining despite the chill in the air. We are looking forward to bringing the energy and inspiration from the city and the galleries back into the classroom and see their sketchbooks come alive!



Psychology News

Year 12 Psychology students ran a really interesting session on schizophrenia in Psychology Society this week. Addressing misconceptions and having open and honest discussions about mental illness is vital in removing stigma, and normalising the conversation about mental health empowers people to talk and get the help they need.

Psychology Society runs every Thursday lunchtime from 1pm in A3 and everyone is welcome.



STEM News

Marine Biology News

This week at Marine Biology Club we were happy to find that when we came into the lab, we were greeted by our fishy friends swimming up to the glass to say hello! A picture of this can be



seen below. We then tested the tank's water; the water levels were where they should be, which pleased us.

Next week we will start making some ceramic decorations for the tank with help from Mr Gittins. At the moment, we are planning on making a shipwreck, a castle, and maybe a pineapple! We are all very much looking forward to this.

Alexa L-B, Year 10

Anatomy Club

This was the last meeting of the Anatomy Club for this term and the students dissected a sheep's brain. They first located the spinal cord, cerebellum and cerebral hemispheres, also locating the major nerve bundles such as the optic nerve. For an animal which walks on four legs, the spinal cord is in line with the rest of the brain, which is different for animals which walk on two legs, when the spinal cord is at 90 degrees to the rest of the brain.

The students made a long single incision along the length of the brain and looked at the internal structures, including the white and grey matter. They made slides from tissue in the spinal cord, cerebellum and cortex area, sampling both grey and white matter, and looked at the cells under a microscope.



There is a final Anatomy Club in the summer term, which will run for six sessions.

British Biology Olympiad

The results are in! Congratulations to all of the Year 12 who took part in the Biology Olympiad. The competition tests knowledge from the whole A level course, and beyond, so it is particularly good to see so many Year 12 students achieving an award when we are just a quarter way through the A level course.

The following students were commended: Chiara P, Kitty H, Lucy H and highly commended: Maya C, Priya T, Aimee R and Caroline L. Well done!

Biology Ellery Programme

This week the Year 7 students took part in the first Biology Ellery programme lesson. The theme of this year's sessions is about the use of enzymes and the practical skills used to investigate them. We began by investigating the effect of temperature on rennin, an enzyme that can be used to clot milk in making cheese. Students predicted that an increase in temperature would cause the milk to clot in less time, and were interested to see that the enzyme clotted the milk into a solid at 40 degrees in about two minutes, but had not clotted the milk at 30 or 70 degrees after about ten minutes. So, they learnt that enzymes usually have an optimum temperature of about 40 degrees. We then discussed the use of biological washing powder and the temperature that it should be used when washing our clothes.

Science Journal Club

This week we chose an article about how scientists think that the soil on Mars could be turned into fibres as strong as steel. One of the barriers to building a colony on Mars is the cost of transporting materials there. If we are able to make use of the materials that already exist on the planet then this would make a settlement more viable. The fibres that have been created could be used as a medium to grow plants in, since they hold water better than the dry Martian soil, and

could also be used to make clothes for the astronauts. We discussed what other barriers could exist to creating a settlement on Mars and thought about the resources that people would need in order to live and survive there.

KS3 Science question of the week

This week's Science question of the week asked pupils to investigate the different properties of salt vs fresh water by placing an egg in both, and then explaining using Science what they observed. We had some brilliant submissions, but this week's winning submission was by Nancy S who sent a video of her completing the experiment, as well as a brilliant explanation of her observations. Runner up this week was Lily A who also sent in a great picture of her experiment and written answer. Well done both!



Maths News

UKMT Intermediate Maths Challenge

Well done to all those Year 9, 10 and 11 students who sat the Maths Challenge before half term and congratulations to all those who received a certificate: there were a record 57 Bronze certificates, 37 Silver and 5 Gold!

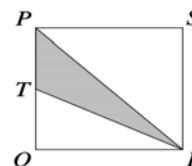
Special congratulations to Annata M in Year 9 who got 'Best in Year 9' and a Silver Certificate.

The following students received **Gold**: Liv B (and Best in Year 11) and Ruby K in Year 11, and Kira S, Rachel C and Yutao W in Year 10.

Yutao W in Year 10 was also 'Best in Year 10' AND 'Best in School!' and she will do the follow on Kangaroo round very shortly. Good luck, Yutao!

Try the first 3 questions at home - without a calculator!

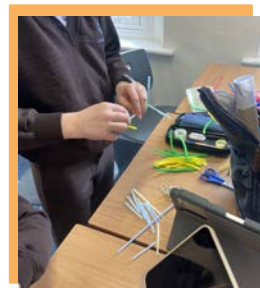
1. What is the value of $\frac{20 + 24}{20 - 24}$?
A 8 B -9 C 10 D -11 E 12
2. What is the difference between the smallest two-digit prime and the largest two-digit prime?
A 86 B 84 C 82 D 80 E 78
3. The diagram shows the square $PQRS$ and T , the mid-point of the side PQ . What fraction of the area of the square $PQRS$ is shaded?



- A $\frac{1}{4}$ B $\frac{1}{3}$ C $\frac{1}{2}$ D $\frac{2}{3}$ E $\frac{3}{4}$

Puzzle Club: Bubble Geometry

We are making square bubbles in Puzzle club in readiness for STEM week! This week the students made their 3D bubble template and we will be testing them out next week. We also made a tetrahedral template - so maybe we will get square and triangular bubbles. It's great when Maths and Science work together.

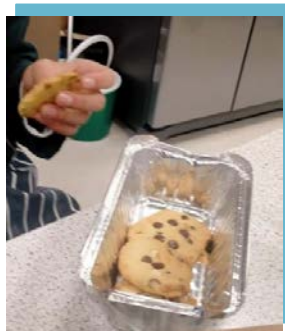


Maths Ellery Programme: Alien Invasion

In the second Maths Ellery Programme session, Year 7 continued using their problem solving skills when they investigated speed, compass directions and loci to locate the position of the space ships and have started to plan an escape route for the school students who are stranded at Manford! They used formulae and kilometre/mile conversions to identify the average speed of the students... will they succeed in beating the Aliens?....



Partnership News



Cooking Club at St Aloysius

This week students made chocolate chip cookies. Word must have spread about the goodies being produced at the Cookery Club, with several new students joining from St Aloysius. The cookies were certainly a success - not sure how many made it home!

Volunteer Readers at St Joseph's Primary School

A new group of Year 9 students from the senior school arrived at St. Joseph's for the early morning reading session supporting Key Stage 1 students. The group looked rather nervous on arrival, but soon got in the swing of things and all students were full of smiles at the end of the session. When the usual stickers were handed out to the young ones, the volunteers also wanted a sticker! Well done to Caye BF, Jemima C, Lydia P, Nuha I, and Isla M for your involvement.



Year 7 DT Club

Now the clock faces have been cut out and sanded, our Year 7 pupils have been adding colour to them. They are using either adhesive vinyl or Brusho ink to stain the wood. Finishing touches will be added next week and then the clock mechanisms can be fixed in place!

Year 7 Science Partnership Club

This week in Science club the year 5 and 6 pupils were challenged to make cheese! They watched a video about how cheese is made in industry and then were challenged to make the cheese themselves in a lab following a method. Pupils had great fun making it, with the most challenging part being resisting tasting their creations!



Sports News

Year 7 Netball Haringey School Games Qualifier

On Monday 19 February the U12 A and U12 B played in the Year 7 Netball Haringey School Games Qualifier tournament. Both teams started really well and were able to find their style of play and cohesiveness as the tournament went on. Unfortunately it was not to be for the U12B team who finished 7th in the tournament.

The U12A team were unbeaten throughout the competition rounds and played Alexandra Park School in the finals. The students played exceptionally well and went on to win which means they are through to the London School Games Finals Tournament in March. Congratulations!



U13A Netball Independent School Quarter-final Cup Match

On Thursday the U13A team played in the Independent School quarter-finals cup match against Streatham and Clapham High School. The team started off strong, unfortunately Streatham and Clapham made some critical changes that disrupted the flow of our game. As a team we readjusted our game plan to utilise our strengths in the shooting circle and also when turning over the ball. We played with grit and determination but unfortunately it was not to be and we lost the game 33 - 25. Well done to the team for fighting to the very end!



Ski Trip

During the February half term we embarked on our ski trip to Flachau, Austria. After our quick flight to Vienna we started on the 3 hour coach journey to our hotel in Flachau. We were all quite tired from the 5am start so the coach journey sped by, after a 45 minute break at a very affordable service station and some friendly conversations with the pleasant coach driver, we had arrived!

We were all pleasantly shocked by the hotel, the warm and cosy vibe made the whole experience so much better! After a quick dinner, getting our rooms and deciding on who sleeps on which bed (not a fun discussion) we headed to the ski rental shops at 8pm to get supplies. After setting up our boots in the boot room, and a 10:15 lights out we were ready to hit the slopes!

The next morning after breakfast we jumped on our bus and headed back to the ski shop, it felt like a completely different place in the daylight, seeing the magnificent view of the mountains. We were placed in four groups, four being the most skilled, and headed off with our instructors. For group 2 that meant falling down the nursery slope for an hour and half before finally making it to the button lift. We were then treated with a warming lunch in the restaurant which everyone

found very delicious. After another hour and half we headed back to our hotel for some much needed warm showers.



The following day when we got on our bus we were greeted with the sound of every single girl complaining of shin pain, nevertheless we pushed through and had a very productive day. Group 2 made it onto the ski lift in the morning, and by the afternoon all of the Channing was up in the mountains! That night our lovely rep Alice hosted a quiz night. I don't think I have ever laughed more than we did that night, everyone loved the team names!

Our routine continued for the next couple of days until we went to a different ski resort, Zauchensee! Here we got a taste for professional skiing, group 2 screamed the whole way down the mountain as we were taken down what felt like black runs, which were actually flat blue runs! After enjoying some tasty waffles for après ski we headed back for the day. It was at this point we realised that we were not the only British school in our hotel and spent the next few days making some new friends. We tried out the hotel's rock climbing, which brought out the competitive side of most of us and probably wasn't good for our muscles after 4 days of skiing.

One of the best parts of the trip had to be the Lucky Flitzer. Some of us were quite nervous to try the toboggan but after hearing the teachers screaming all the way down we decided that it was a highlight. However, we can't forget about the last night where we had our school disco! There was some hilarious Irish dancing with the instructors after we received our awards and tensions were high as the teachers announced the winners of the room inspection competition (room 6 should have won!).

Unfortunately, the next day we had to pack up and go, saying goodbye; it was emotional and we were all heartbroken to say goodbye to the staff in Austria and our lovely rep Alice. The ski trip was absolutely amazing and was better than any of us had expected! Thank you so much to all the teachers, I was incredible.

Ava N, Year 10

Young Enterprise News

It is a very busy time for our two Young Enterprise teams as they are up and running and working hard to maximise their profits. This week we spent Tuesday at Spitalfields Market for the YE Trade Fair. This was their first chance to experience how hard it is to sell to the passing public but both stalls



looked inviting. There was positive feedback from both customers and the guest judges and some sales were made. Credit goes to Shahir from our joint St Aloysius team Tealightful, who did not let anyone walk past without inviting them to browse their abundant stock!



Our next selling event will be Saturday 16 March when you will find both Tealightful and All About The Bow in Brent Cross Shopping Centre all day, so please come along and give them your support. They are optimistic that both the candles made in upcycled tea-cups and the hair bows and clips will be popular products with the family and young people we hope will pass the stalls.

Next term The Company Programme competitions rounds start during April - dates and venues to be announced so look out for more news soon!

In the meanwhile do donate any tea-cups and ribbons you no longer need via the Senior School or follow the teams on their social media:



[All About The Bow](#)

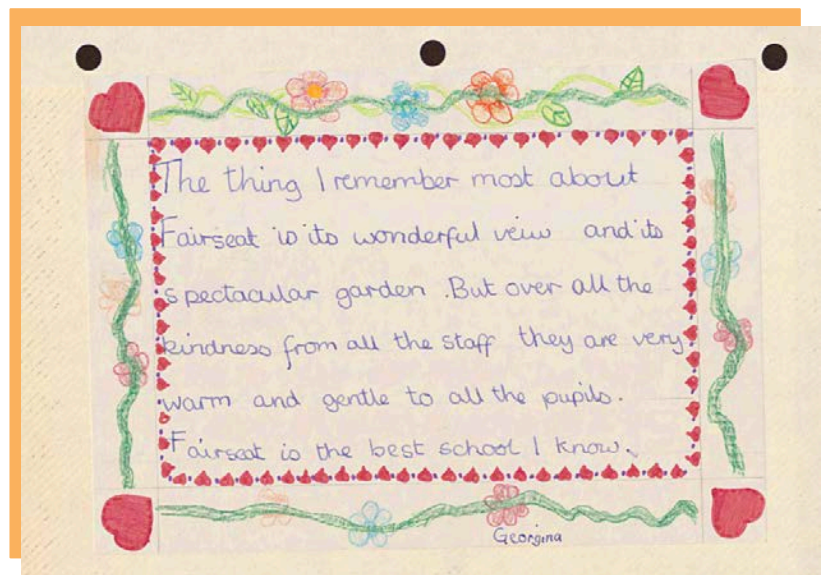


[Tealightful](#)

Mrs R Williams
YE Centre Lead

Channing Archive

With the weather such as it's been this week I thought it would be nice to share something warm and full of life: here is a lovely memory from a book compiled by Fairseat pupil (as the Junior School was previously known) entitled, What Channing Means to Me - how wonderful that these sentiments still ring true for the girls there today.



CHANNING



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