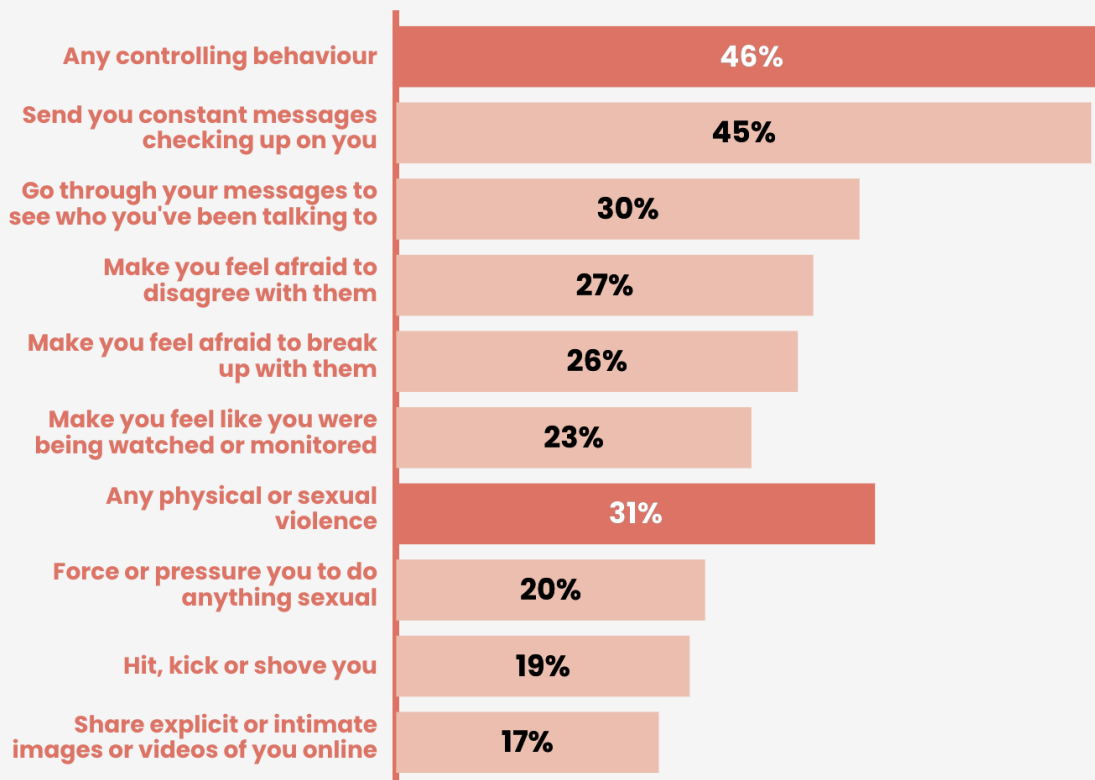




Dear Parents,

I wonder if you, like me, were shocked by the news on Tuesday morning as we heard the details of the latest report from the Youth Endowment Fund on teenagers' experience of [violence](#). The key findings are stark and relate to violence in a number of contexts. Most worrying to me was the headline that of the 27% of the 10,000 13-17 year olds surveyed who had been in a romantic relationship in the last year, 49% had experienced some kind of violent or controlling behaviour from their partner.

The proportion of children in relationships who've experienced violent and controlling behaviour



We know that the patterns of relationship dynamics in our later lives are set by these earlier childhood experiences in our first romantic relationships. Interestingly, younger teens (aged 13-15) in relationships are significantly more likely to report violent or controlling experiences in their relationships (58%) than those aged 16-17 (42% of those in relationships). And perhaps surprisingly, boys in relationships are more likely to say they experience violent or controlling behaviours (57%) compared to girls (41%).

These findings highlight the importance of education and support in promoting healthy relationships and I am pleased that Mr Gittins has developed a comprehensive and accessible approach to education about healthy relationships and consent in our Year 9, 10 and 11 PSHE

programme. Year 9 discuss what respectful and positive relationships look like and investigate 'red flags'. Year 10 focus specifically on teenage relationship abuse with this excellent film to generate discussion: [📺 Official film | Disrespect NoBody](#) and Year 11 hear from [Deana Puccio](#), formerly of The RAP Project, about the legal, social and emotional aspects of peer on peer abuse.

Sadly we know that the picture painted by this research is not new: I have a postcard on the wall in my office from the 2010 Home Office relationship abuse campaign that I shared with students back then as a Head of Sixth Form. However the picture is complicated for the girls and young women of today by the ubiquity of social media. The Youth Endowment Foundation report highlighted that 33% of teenage children have seen content on social media encouraging violence against women and girls. Girls are slightly more likely to say they've seen this content (34%) than boys (32%), but 27% of all 13-17-year-olds say they've seen images or threats of sexual assault.

That's why this week's [Wednesday Wisdom of Dr Kathy Weston](#) at Tooled Up Education was serendipitous (once again) in discussing the online objectification of our teens' bodies. She focuses on the online harms of sites such as OnlyFans, which are well known by our teens, as well as making a wider point about the sharing of sexualised content between peers: *"Imagine viewing the content on platforms like OnlyFans before you have had your first kiss, travelled through puberty or experienced physical intimacy? Imagine the harmful, unrealistic expectations that could inadvertently be set as templates for intimate relationships."* That 17% of the Youth Endowment Trust survey respondents said that their partners had shared explicit or intimate images or videos of them online is a horrifying condemnation of how this behaviour is being normalised.

As always, Dr Weston has some reassurance for parents and some excellent tips on how one might approach a conversation about this kind of online (and, by extension, romantic relationship) behaviour:

"Dipping our parental toes into dialogue of this kind takes a bit of biting one's lip and some planning. It's good to think a few points through first. What exactly are we trying to achieve with this chat? What might we hear and how will we respond in ways that 'open up' rather shut down the chat? How will we get there? It is less about finger-wagging and more about peppering conversation with 'what do you think?' enquiries, exploring their existing knowledge and viewpoints, before proffering some of our own.

...At the very least, we need to teach them to be digitally discerning and work towards building their confidence so that they know they can reach out to the adults around them and get honest answers, as well as having tools to manage any digital challenge that comes their way."

As you know, we subscribe to the Tooled Up resources which means that all parents, students and staff can access well-researched and clearly presented information and advice. You can follow the links in the Wednesday Wisdom above and if you have not explored the platform yet, please follow the [📄 Tooled Up Joining Information.pdf](#).

As we go into the last weekend of term, I wish you all a warm and relaxing weekend and hope that your children will return raring to go for the Christmas celebrations to come next week.

With best wishes,

Mrs Lindsey Hughes
Headmistress

Notices

Carol Concert on Monday - Smart School Uniform required

Please could all students ensure that they are wearing their smartest school uniform for the Carol Concert on Monday. If they have PE in the morning, they should bring their school uniform to change into after their lesson.

Charity Collection

Every year, we collect food, hygiene articles and coats & blankets for charitable organisations and food banks including the Alexandra Wylie Tower Foundation (<https://www.awtf.org/>). These articles make a huge difference in our local area. We started this year's collection on Monday 25 November and our pupils are encouraged to leave any items you would like to donate in the foyer of the AC.

We would be grateful for any donations of the following:

- Non perishable foods such as dried food, tins etc.
- Unopened hygiene articles such as shower gel, soap, toothpaste, period products (please do not donate any bladed items such as razors though)
- Coats (all sizes welcome, both children and adults)
- Blankets (both full sized and those for babies)


Many thanks in advance for your generous donations.

Ally Wylie Tower Foundation - book donations needed

Do you have pre-loved books at home that you could donate to the Ally Wylie Tower Foundation? We are looking for donations of books for children and teenagers (fiction or non-fiction) that can be donated at food banks in the local area. You can bring your donations to the Library next week and in the new year. Books need to be in good condition and for children and teenagers - we can't take adult books for the moment. Thank you very much!

Forthcoming Events

External Event: Japanese Drumming Taster Event at The Arundel Centre

On Saturday 7 December 2024 The Tamashii School of Taiko will be giving an afternoon concert of traditional Japanese drumming. Proceeds from this external concert will be given to the charity "Women For Women International". Further details and how to book tickets can be found below;  7 Dec Poster_24.11.24.pdf

 7 December 2024 The Tamashii School of Wadaiko.pdf

Harrington Christmas Sale

Open Saturday 7 December from 10.00 - 2.00pm.

Further details can be found at

<https://harrington.org.uk/diary/save-date-harrington-christmas-fair>



Creative writing challenge for Year 8

On Tuesday 21 January the author [Tamsin Winter](#) will give a talk to the whole of Year 8 about her books and career as a writer. She has set an optional creative writing challenge - please see details [attached](#). The deadline for entries is Monday 13 January and the winners will be announced at Tamsin's talk on 21 January. Prizes include signed copies of Tamsin's books. For more information about the talk, please follow this [link](#) to the library website [student login only].

Volunteer Request

Calling All Sports Enthusiasts - the Careers Department needs You!



We are excited to announce our upcoming Careers in Sport Week, taking place in the week before February half term, 10 - 14 February 2025.

To make this week a success, we are seeking volunteers to share their expertise and inspire our students by giving talks to different year groups. Whether you are a sports professional, a coach, a therapist, an agent, involved in the business side or simply passionate about the sports industry, your expertise is invaluable.

We would be delighted to hear from:

- Previous parent volunteers: your past contributions were invaluable, and we would love to have you back!
- New parent volunteers: we are especially keen to hear from new volunteers with connections to the world of sport.

By volunteering, you will be helping students develop a deeper understanding of the range of careers possible within the sports industry, and highlighting the skills needed to be successful.

To volunteer, please indicate your availability [here](#)

We look forward to working with you to make this a memorable and impactful week for our students.

Thank you for your support.

Ms Nicola Wilberforce
Head of Careers and Higher Education

Channing Association News

Channing Puddings

The Channing Puddings have arrived and all orders have been packed ready to be taken home. Senior school orders will be distributed to pupils today/Monday. Your daughters will receive instructions on how to pick up their orders. Junior school orders will be distributed to pupils by form teachers on Monday due to the festive concert today.

If you have any issues with your order or have not received your order by Tuesday 10th December please contact sschanningassociation@gmail.com

Year 7 & 8 Disco News

The Channing Year 7 & 8 disco will take place on Saturday 1st March. We have also received an invitation for Channing year 7 girls to attend the UCS year 7 disco on 25th January. Please see the "what's on" section on Classlist for further details.



CHANNING

Girls Enjoying Success

Music News

Music at Lunchtime

First, we had Trumpet extraordinaire Anna RB in 11HWO play 'Rustiques' by Eugene Bozza. She navigated the challenging unaccompanied runs with ease and played the contrasting soft and loud sections beautifully. At one point, she put her mute on and we were transported into a 1950s film! Next up Tamara P in 9KN played 'Deserto è il luogo' by Vincent Bellini on the clarinet. She played this complex, romantic tune beautifully and harnessed the emotion of the clarinet perfectly.



Afterwards, we had another fabulous trumpeter- Eliana P in 9EHi playing 'Rondo for Lifey' by the brass master himself Leonard Bernstein! A snappy and undeniably challenging piece (typical Bernstein), executed flawlessly by Eliana. Then Anna G in 12MY sang 'Fever' by Eddie Cooley. This song was perfectly suited to Anna's articulate yet sultry tone, and transformed the AC into a Parisian jazz club. Beautiful - Peggy Lee would be proud! Finally, Maya HB in 12KW sang 'Hopelessly Devoted to You' from Grease. Not a dry eye in the house! She brought her own flavour to the song and her effortless riffs complemented the song fabulously. Huge well done to all the performers this

week- what a fantastic mix! Do listen [HERE](#).

Reviewed by Eve C 12EH

History News

From the Weimar Republic and the Nazi regime to the Cold War and the Berlin Wall, the city of Berlin is laced in historical significance. From 28 November to 1 December, 69 Year 11 History students had the privilege of travelling to the German capital to develop their knowledge and understanding of topics they have covered in the IGCSE curriculum.

After an early start on Thursday and an extremely delayed flight, we were greeted by a cold and rainy Berlin. Our first visit was to the Berlin TV Tower, which was definitely not an experience for the faint of heart. With 360° views of the city, we were able to clearly see its main street, Unter

den Linden (under the Linden trees), as well as the difference in power output between where Berlin would have been divided into East and West Berlin.

Friday saw us being taken on a guided tour of the memorial of Sachsenhausen, a concentration camp located north of the city. Seeing the scale of the Nazis' abhorrent actions was immensely hard-hitting and a lot to take in. Following that, we set out to see the Palace of Tears and the Topography of Terror. The Palace of Tears (Tränenpalast) is a former crossing point between East and West Berlin, and the museum detailed what life was like during that time period. The Topography of Terror is a knowledge centre based on the site of major Nazi instruments: the headquarters of the Gestapo, the high command and security service of the SS, and from 1939 the Reich Security Main Office. Later that evening the group toured the Reichstag, walking up to the top via the circular walkway in the dome. It provided not only wonderful night time views of Berlin but also a history lesson on the building and German government.

Although the weather only seemed to get colder and colder, on Saturday our first stop was the DDR Museum. An interactive and enticing exhibition, the museum led us through what life was like during the time of the German Democratic Republic. In the afternoon we took a guided tour of the city, and we were treated to a gorgeous sunset over the infamous Battenburg Gates to close the day off.



Even though by Sunday it seemed like we had done everything, that was certainly not the case. Checkpoint Charlie was the Allies' name for the most used Berlin Wall crossing point, and the museum was abundant with information on the Cold War period. And to top everything off, we completed our trip by getting lunch at an enormous Christmas market. Though we had visited smaller ones previously, as well as the Mall of Berlin, this was definitely the most exciting.

A massive thank you to Mr. Raine for organising and leading the trip; we are so incredibly grateful for all the effort you have put into making this amazing experience possible. To Miss Zanardo, Ms. Devine, Ms. Wölfel, Ms. Ramsden, Ms. Della-Porta, and Ms. Kung: Thank you all for your hard work and guidance.

Auf Wiedersehen, Berlin!

Nina, Year 11

Drama & Classics News

On Monday, the Classics and Drama departments took 20 students in Years 11-13 to watch Sophocles' tragedy 'Oedipus,' starring Mark Strong and Leslie Manville, at Wyndham's Theatre. First performed in 429 BCE in Athens during the City Dionysia, a festival to Dionysus, the play tells the story of Oedipus, the king of Thebes, as he discovers that his life is not what it seems. Over the course of two hours, we watched as Oedipus' life slowly unravelled around him, physically represented in the dismantling of the scenery, causing a trail of devastation and destruction.



Although first performed 2500 years ago, questions about what it means to be a good leader and to what extent we can control our own destiny ensure that this tragedy remains eternally relevant.

History of Art News

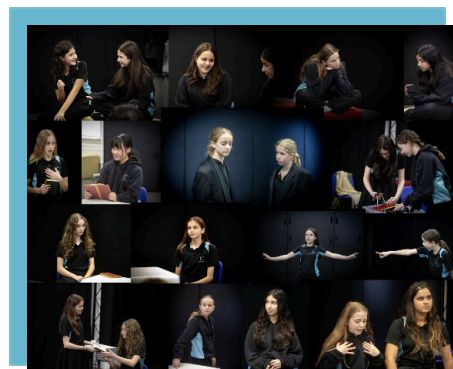
Last Thursday, our Year 12 History of Art class went to the Courtauld and the V&A. We were able to see pieces by artists we were studying in class, like Pieter Brueghel the Elder and Claude Moenet. We were also very lucky to have a peek into the sold-out Monet's London exhibition. We hopped back on the tube and went to see the V&A. We managed to look at many sculptures, however my favourite part was seeing the monumental cast of Michelangelo's David. We then headed over to the South Asian collections where our next case study awaited, Tipu's Tiger, a wooden sculpture depicting a tiger ferociously latched onto a British soldier. This was a fascinating embodiment of what History of Art is as it allowed us to discuss how colonialism impacted the depiction and the making of the sculpture. At the end of the day we had time to roam around the V&A ourselves with a mission in mind to find our favourite piece in the whole museum - quite the task when surrounded by so many greats!



Matilda, Year 12

LAMDA News

LAMDA students this week performed their Duologue scenes in mini showcases to a peer audience. They also gave each other invaluable feedback. All 6 showcases were theatrical feasts filled with comedies, such as 'The Importance of Being Earnest', poignancy, like contemporary play 'The Maladies', and revolutionary passion, such as the suffragette agit-prop one act play, 'The Apple'. It has been exciting seeing the development of each scene week by week to this final performance point. Congratulations to all 64 students and on to Monologue work next term.



Sixth Form Enrichment News

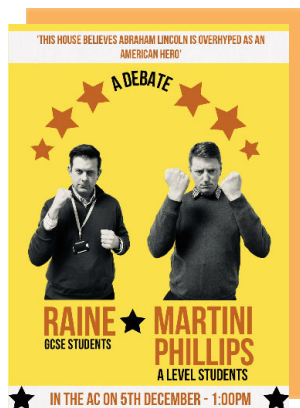
On Monday the Sixth Form heard from Mr Boardman about how to make the most of their Christmas holidays (and still have some fun). This is a particularly important message as Year 13 will be coming back from the holiday to the countdown to their A Level mock exams. Here is a [copy of the slides](#) for parents to view. Our thanks to Mr Boardman for leading this practical and thoughtful session.

History News

History Society Debate

On Thursday, the first of a tri-annual competition between History societies the GCSE History Soc took on the A Level History Soc. The topic of the debate was: 'This house believes Abraham Lincoln is overhyped as an American hero'.

The debate was well attended and, in the end, the A Level students narrowly defeated the GCSE students. Particular praise goes to Regina G in Year 10, Darcy G and Rose B in Year 11 for presenting and Georgina V in Year 10 for her research. Natasha B, Opel H and Saskia C in Year 12 presented for the A Level society.



Mr Raine and Mr Martini-Phillips thank all students for their enthusiastic participation and look forward to a rematch in early 2025 when we will debate the record of British Prime Minister Neville Chamberlain.

Sustainability News

Thank you to everyone who took part in the Great Big Christmas Jumper Swap today. Fast fashion contributes to high energy consumption, excessive water use, toxic chemical discharge and waste generation, so it's excellent to see these jumpers being reused instead of just replaced. Hopefully it will become a yearly thing!



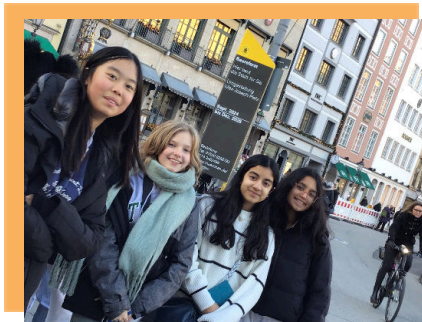
MFL News

Munich Trip

Last week, 31 intrepid German learners set off to improve their knowledge of language, life and Lebkuchen in Germany. Here is their story

Die Reise und die Unterkunft in der Jugendherberge:

We left Channing in the afternoon in a special coach and arrived at Heathrow airport. We were given some free time to buy our dinner and explore. The flight was a smooth experience and we encountered no problems on the way. Upon arrival at the München Airport, we then took a bus to the Jugendherberge. We were very glad to arrive, as it was approaching midnight! We didn't take long to decide whose rooms were whose and who slept where and we had a good night's sleep and got prepared for the next day. Es hat viel Spaß gemacht!



Yasmin, Year 9

Der Deutschunterricht: The German language lessons were very fun, the teachers were nice and made the long lessons feel short and interactive. We sang songs and learnt some very useful phrases for our Einkaufen auf dem Weihnachtsmarkt!

Shahar, Year 9

Das Treffen im deutschen Museum & Schulbesuch: On the first day, we went to a science museum with students from St Anna Gymnasium. We walked around the museum with them while getting to know them before walking back along the River Isar to their school to eat the cakes that

they had kindly baked. They then gave us a tour around the school. It was very fun. Afterwards, we visited the beautiful St Anna Kirche where we were treated to a spontaneous organ recital.

Emma, Year 9

Deutsches Theater: On Thursday we set off to the theatre to see a German musical version of Charles Dickens' A Christmas Carol: eine Weihnachtsgeschichte. We had amazing seats in the theatre and were able to improve our German by watching and trying to understand. It had some great costumes and characters. We really enjoyed it!

Riana, Year 9

Konzert und mehr: On Saturday evening of our last full day, me and the other year 10's on the trip had the wonderful opportunity to go and see 'Der Madrigalchor', an advanced a capella group, sing live at the Hochschule für Musik und Theater München in Munich. We made our way over straight from the Moana 2 viewing and arrived at 7 o'clock, just in time for the start of the concert, which was a series of German classical pieces composed from as early as the 16th century all the way up till the late 20th century. It was certainly an extraordinary experience to hear the classical music of another culture live during our visit! We also enjoyed our outing to the fascinating NS Dokumentationszentrum, where we explored the history of the rise of the Nazis and the role of Munich specifically.

Flores, Year 10

Im Kino: On the third day, we went to see Moana 2 (known as Vaiana in Germany) in the cinema. The film was in German, but it was surprisingly easy to understand. Es war sehr toll und interessant! Moana 2 was a very fun movie to watch in German because as I watched it I learned more German vocab and my lessons helped me understand the story plot and timeline of the film. I really enjoyed the songs in German because they were very exciting to listen to and I could compare them to the English movie to understand what they were saying. Es war ziemlich cool! The cinema was extremely big and very immersive. We sat near the front. As the movie was a cartoon, it was easy to follow along. We really enjoyed this experience and the German trip as a whole.

Aenea, Sofia & Victoria, Year 9

Bavaria Filmstadt: We went to a film town which was really fun because we got to see some of the sets of scenes in the movies that were set there and we also got to see (and even try ourselves) how they used to do things before technology/greenscreens were used as much in movies and instead moving backdrops on a roller were used. As well as this, we went into the original submarine boat used in the film Das Boot and into a spaceship set. Es war fantastisch!

Charlotte, Year 9

Schloss Nymphenburg: On the last day, we got to go see the Nymphenburg Castle (which is really a palace) where the last of the Bavarian royal family lived and died. We got to go around the rooms and see the wonderful architecture around the palace. It was really beautiful.

Edlyn, Year 9

Alte Pinakothek: We went to a huge art museum in Munich called Alte Pinakothek. We had the chance to explore it by ourselves, where we saw many amazing Bilder. There were also some cool sculptures done by famous artists! It was such a nice place to see on our last day, and it gave us a chance to explore different German styles of art.

Mimi, Year 9

Auf dem Weihnachtsmarkt: The highlight of our trip was when we visited three lovely Christmas markets and explored them. We ordered our food in German and looked around at the traditional German foods, such as Lebkuchen, Brezel and Schnitzel. We went to famous ones such as [Weihnachtsmarkt am Marienplatz](#), [Weihnachtsmarkt am Wittelsbacherplatz](#) and Weihnachtsdorf im Residenzhof. It was very fun.



Bayla, Year 9

Dorm Inspection: (Student perspective) On the evening of the last day, we cleaned our rooms and packed up, ready for an inspection made by Frau P and Miss Lindsay. Some groups performed songs, gave gifts and offered candy bribes in order to tempt the teachers. Es war sehr spannend!

Rory, Year 9

Teacher perspective: Inspecting the cleanliness of hostel dorms before we leave is not usually a task I relish. However, on this trip, students exceeded our expectations. In an effort to influence their impervious judges, they serenaded us with Délibes, created raps in German, plied us with Plätzchen and performed a dance to Bodo Wartke's tongue-twister Barbaras Rhabarberbar. And their dorms were clean! Our students were an absolute pleasure to accompany to Germany and I would like to thank Ms Lindsey, Frau Loosli and Clémence, our French language assistant, all of whom went above and beyond to make the inaugural Channing trip to Munich a huge success.

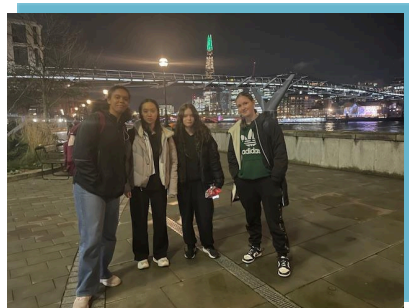
Ms Pavlopoulos

European Parliament Junior Ambassadors

Last Thursday, Year 12 European Parliament Junior Ambassadors gave lessons to Year 8 students about the history of the EU and its importance for democracy. The Year 8s learnt facts from the history of the EU from when the UK first joined in 1973 to the number of countries that are current members of the EU. It was a great experience to practise our presenting skills and the Year 8 students were very engaged. We loved answering their questions and playing a few fun kahoots at the end!

Sereny and Natasha, Year 12

STEM News

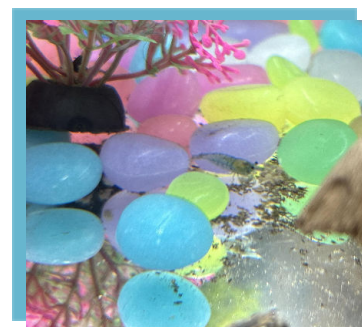


Hans Woyda Competition

On Wednesday 20 November, 4 students Milla C, Zoe Q, Yutao W and Catherine S took part in the Hans Woyda competition against City Boys. Although we didn't win in the end, the students held their own in the rounds and thoroughly enjoyed the challenge of the experience. We will find out in next week's STEM news how the students perform in the next match.

Marine Biology Club

This week in Marine Biology Club we entered C15 to see all the fish, including a shrimp, a catfish (see if you can spot them both in the photos!), betta fish, and guppies swimming around very happily. However, we were very surprised to find the tank looking green again;



this is despite deep cleaning it last week. We realised that we had been feeding the fish too much food so they weren't eating it all and were living in food waste. We have learned from our mistakes and are now only feeding the fish a small pinch of food every day, so hopefully the tank will be looking clear and shiny next week!

Written by members of Marine Biology Club in Year 10



Problem Solving Club

This week was the last week of the problem solving club with students from Highgate and Channing primary schools. It was Christmas themed with students having a go at drawing mathematical christmas trees and solving Christmas codebreakers. The students had a great time and are looking forward to returning to the problem solving club in the new year.

STEM Christmas Challenges

Many students have already started putting the finishing touches on their STEM christmas challenge entries. Remember there are 3 competitions you can enter and all the details can be found on the STEM Channing Google Classroom: code [wuavven](#).

If you have built a sleigh please bring it along on Monday or Wednesday lunchtime to BH01 at 12:45 for judging and testing. We will give students for each entry a bag of chocolate coins which will represent the presents.

If you are not available on either of those lunchtimes please let us know via the Google Classroom.

Sports News

Dance workshop with North London Dance Stars

On Monday morning, six of us Channing girls from Year 7 to 9 went to a dance workshop with Lizzie Buckingham, a performer, choreographer and dance coach. She put us into pairs, and then did individual work with each of us. She tailored her teaching to the needs of each of us and our dance experiences and styles. She gave us each warm up exercises, to see our dance techniques and gave us feedback and advice on what we did well and how we could improve. She then let us choose what kind of style of dance we liked the most, and taught us a short dance from that genre. It was a really enjoyable experience, and the individual work as well as Lizzie's advice really helped me on how to improve my dance skills.

Daisy C, Year 9



U15 Haringey Volleyball Tournament

On 4 December, some year 10s were involved in the U15s Haringey volleyball tournament which was held at St Thomas More School. Two teams were entered and this was the first time we have played competitively.

It was great fun with each team playing four games. Both teams played really well with one team winning 3 of their 4 games and finishing 2nd overall and the other team winning 2 games and finishing 5th.



The tournament allowed us to work as a team and individually and realise what we need to work on, which we plan on doing through practising more. We are all looking forward to playing more competitive games.

Daisy L, Year 10

Channing Archives

Just to get you (and your vocal chords) inspired for a weekend sing song ahead of the Senior School Carol Concert this coming Monday, we are chuffed to share this photograph of a 1969 embroidered wall hanging of Partridge(s) in a Pear Tree.



CHANNING



channing_school



@channingschool



ChanningSchool



020 8340 2328



info@channing.co.uk



The Bank, Highgate, N6 5HF